



How to change front anti
roll bar links on **VW**
**Transporter IV Van (70A,
70H, 7DA, 7DH) –**
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.0, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.5, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 1.9 D, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 1.9 TD, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.4 D, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.5 Syncro, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.4 D Syncro, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.5 TDI, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.5 TDI Syncro, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.8 VR6, VW Transporter IV Van (70A, 70H, 7DA, 7DH) 1.8

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Transporter IV Van (70A, 70H, 7DA, 7DH) 2.5 TDI

REPLACEMENT: ANTI ROLL BAR LINKS – VW
TRANSPORTER IV VAN (70A, 70H, 7DA, 7DH). TOOLS
YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #21
- Drive socket # 21
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Pin punch
- Hammer
- Crow bar
- Hydraulic transmission jack
- Wheel chock

Buy tools

Replacement: anti roll bar links – VW Transporter IV Van (70A, 70H, 7DA, 7DH).
Professionals recommend:

- Replace the stabiliser links on VW Transporter IV Van (70A, 70H, 7DA, 7DH) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – VW TRANSPORTER IV VAN (70A, 70H, 7DA, 7DH). RECOMMENDED SEQUENCE OF STEPS:

1

Secure the wheels with chocks.



2

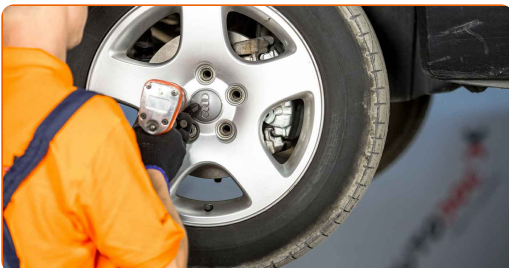
Loosen the wheel mounting bolts. Use wheel impact socket #17.

3

Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



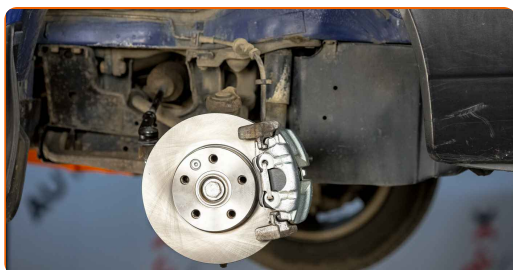
Replacement: anti roll bar links – VW Transporter IV Van (70A, 70H, 7DA, 7DH).

Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

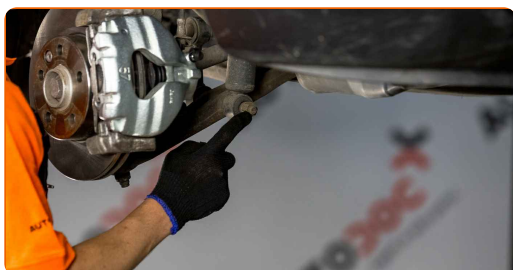
5

Remove the wheel.



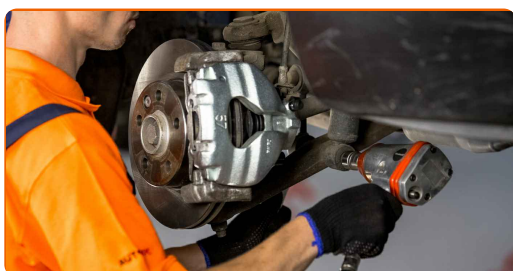
6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the shock strut to the suspension control arm. Use a combination spanner #21. Use a drive socket #21. Use a ratchet wrench.



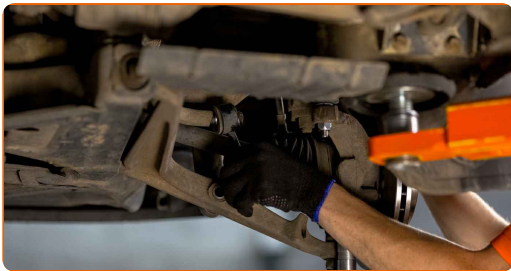
8 Support the arm. Use a hydraulic transmission jack.



9 Remove the fastening bolt. Use a pin punch. Use a hammer.



10 Remove the stabilizer rod.

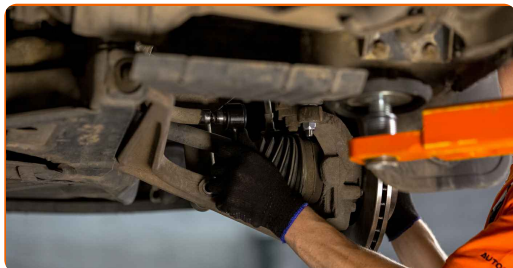


Replacement: anti roll bar links – VW Transporter IV Van (70A, 70H, 7DA, 7DH).
Tip from AUTODOC experts:

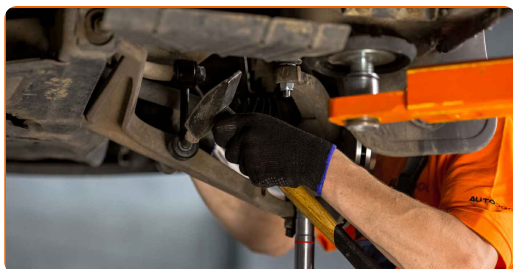
- Examine stabiliser bushes. Replace them if needed.

11 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.

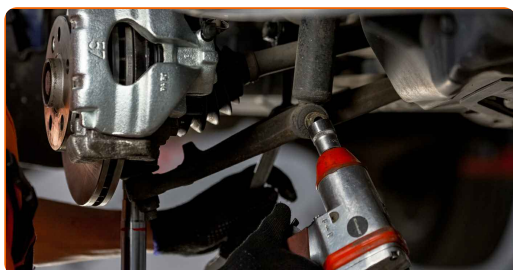
12 Install the transverse stabilizer link. Use a crowbar.



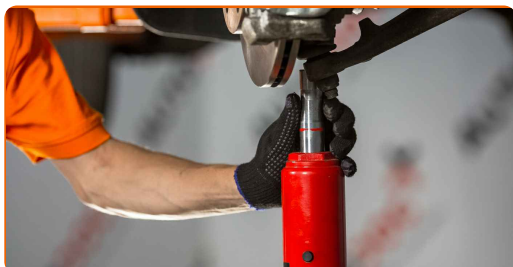
13 Install the fastening bolt. Use a hammer.



14 Tighten the fastener connecting the shock strut to the suspension control arm. Use a drive socket #21. Use a torque wrench. Tighten it to 160 nm torque.



15 Remove the support from under the arm.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Transporter IV Van (70A, 70H, 7DA, 7DH). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

16 Treat all joints of the stabiliser link. Use copper grease.

17 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



18 Clean the brake disk surface. Use a brake cleaner.

**Replacement: anti roll bar links – VW Transporter IV Van (70A, 70H, 7DA, 7DH).
Tip from AUTODOC:**

- After applying the spray, wait a few minutes.

19 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. VW Transporter IV Van (70A, 70H, 7DA, 7DH)

20

Screw in the wheel bolts. Use wheel impact socket #17.



21

Lower the car and working in a cross order, tighten the wheel bolts. Use a torque wrench. Tighten it to 160 nm torque.

22

Remove the jacks and chocks.

WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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