



How to change rear anti  
roll bar links on **VW**  
**TIGUAN (5N\_)** –  
replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

#### **Important!**

This replacement procedure can be used for:

VW TIGUAN (5N\_) 2.0 TDI 4motion, VW TIGUAN (5N\_) 2.0 TFSI, VW TIGUAN (5N\_) 1.4 TSI, VW TIGUAN (5N\_) 1.4 TSI 4motion, VW TIGUAN (5N\_) 2.0 TSI 4motion, VW TIGUAN (5N\_) 2.0 TFSI 4motion, VW TIGUAN (5N\_) 2.0 TDI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Passat Saloon (362) 2.0 TDI

REPLACEMENT: ANTI ROLL BAR LINKS – VW TIGUAN  
(5N\_). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #16
- Drive socket # 16
- XZN socket bit # 6
- Wheel impact socket #17
- Ratchet wrench
- Hydraulic transmission jack
- Wheel chock

**Buy tools**

**AUTODOC recommends:**

- Replace the stabiliser links on VW TIGUAN (5N\_) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – VW TIGUAN (5N\_) – should be done with the engine switched off.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

**1** Secure the wheels with chocks.

**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the rear of the car and secure on supports.

**4** Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW TIGUAN (5N\_)

5

Remove the wheel.



6

Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.

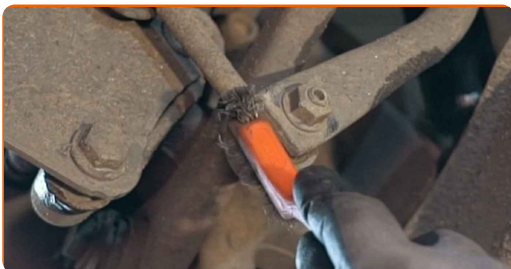


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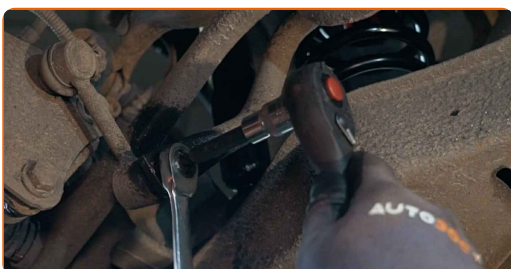
Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a ratchet wrench.



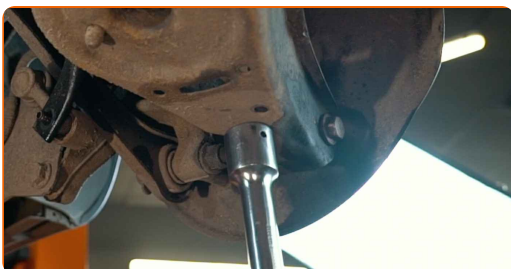
**8** Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



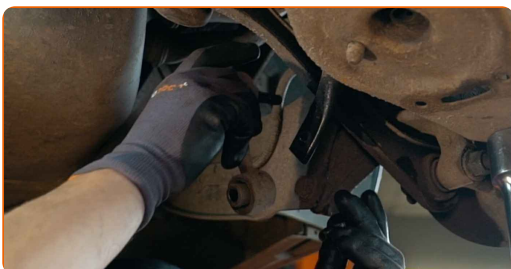
**9** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use XZN #6. Use a ratchet wrench.



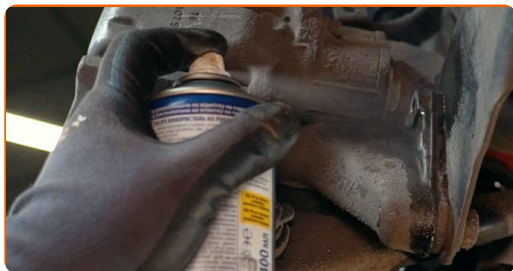
**10** Support the arm. Use a hydraulic transmission jack.



**11** Remove the stabilizer rod.



**12** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



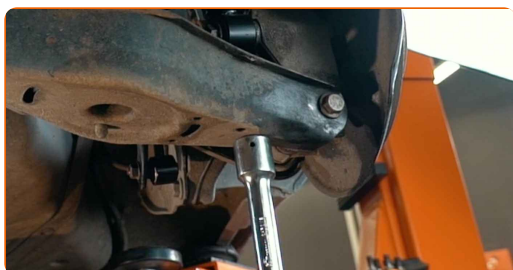
**13** Install the transverse stabilizer link.



**14** Tighten the stabiliser link fastener. Use a combination spanner #16. Use XZN #6. Use a ratchet wrench.



**15** Raise the hydraulic transmission jack by 10-15 cm.



- 16** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use XZN #6. Use a drive socket #16. Use a torque wrench. Tighten it to 45 Nm torque.



- 17** Tighten the fastener connecting the stabilizer bar with the control arm. Use a combination spanner #16. Use XZN #6. Use a drive socket #16. Use a torque wrench. Tighten it to 45 Nm torque.



- 18** Treat all joints of the stabiliser link. Use copper grease.



- 19** Remove the support from under the arm.





**AUTODOC recommends:**

- Replacement: anti roll bar links – VW TIGUAN (5N\_). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

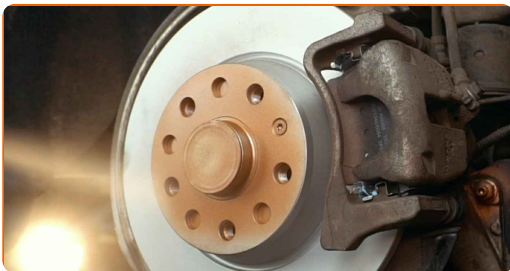
**20**

Clean the wheel rim mounting seat. Use a wire brush.



**21**

Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**22**

Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – VW TIGUAN (5N\_). After applying the spray, wait a few minutes.

**23** Install the wheel.



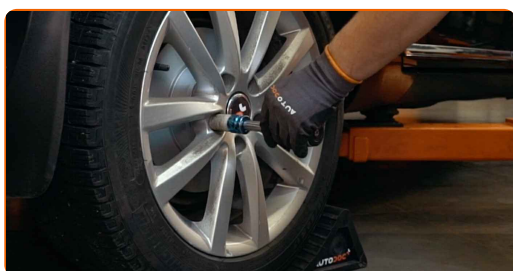
**AUTODOC recommends:**

- Important! Hold the wheel while screwing in the fastening bolts. VW TIGUAN (5N\_)

**24** Screw in the wheel bolts. Use wheel impact socket #17.



**25** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



26

Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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