



How to change front anti  
roll bar links on **VW T-  
Roc (A11)** – replacement  
guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### **Important!**

This replacement procedure can be used for:

VW T-Roc (A11) 2.0 TSI 4motion, VW T-Roc (A11) 1.0 TSI, VW T-Roc (A11) 2.0 TDI 4motion, VW T-Roc (A11) 1.5 TSI, VW T-Roc (A11) 2.0 TDI, VW T-Roc (A11) 1.6 TDI, VW T-Roc (A11) 1.5 TSI 4motion, VW T-Roc (A11) 2.0 R 4motion, VW T-Roc (A11) 1.4 TSI, VW T-Roc (A11) 2.0 TDI SCR

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Passat B7 Saloon (362) 2.0 TDI

REPLACEMENT: ANTI ROLL BAR LINKS – VW T-ROC  
(A11). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #18
- Drive socket # 18
- XZN socket bit # 6
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

**Buy tools**

**AUTODOC recommends:**

- Replace the stabiliser links on VW T-Roc (A11) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – VW T-Roc (A11) – should be done with the engine switched off.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

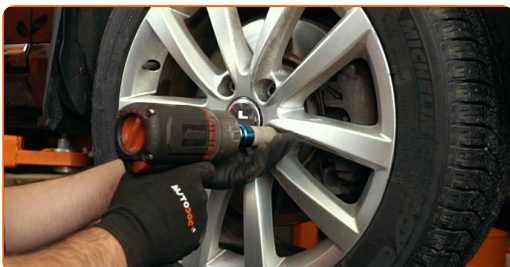
**1** Secure the wheels with chocks.

**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the front of the car and secure on supports.

**4** Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW T-Roc (A11)

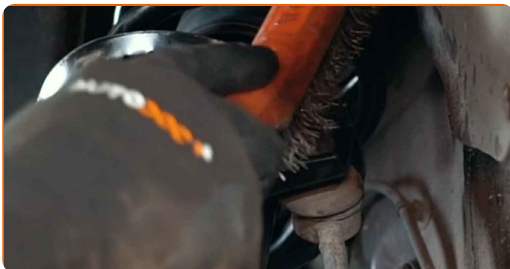
5

Remove the wheel.



6

Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #18. Use a ratchet wrench.



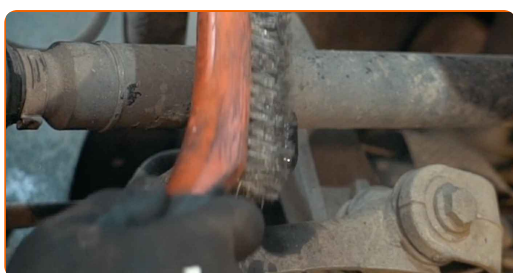
- 8 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use XZN #6. Use a ratchet wrench.



- 9 Remove the stabilizer rod.



- 10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11 Install the transverse stabilizer link.



12

Tighten the stabiliser link fastener. Use a combination spanner #18. Use XZN #6. Use a ratchet wrench.



13

Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use a drive socket #18. Use XZN #6. Use a torque wrench. Tighten it to 55 Nm torque.



14

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use a drive socket #18. Use XZN #6. Use a torque wrench. Tighten it to 55 Nm torque.



15

Treat all joints of the stabiliser link. Use copper grease.



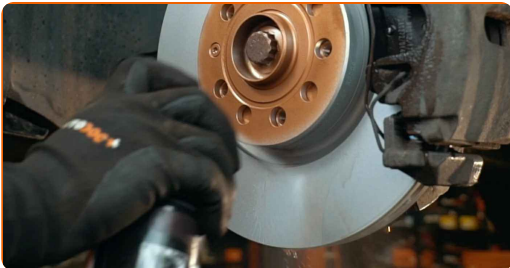


16 Clean the wheel rim mounting seat. Use a wire brush.

17 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



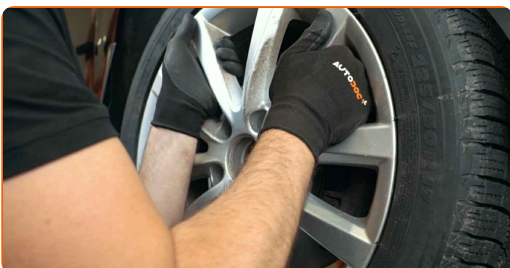
18 Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – VW T-Roc (A11). After applying the spray, wait a few minutes.

19 Install the wheel.





AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. VW T-Roc (A11)

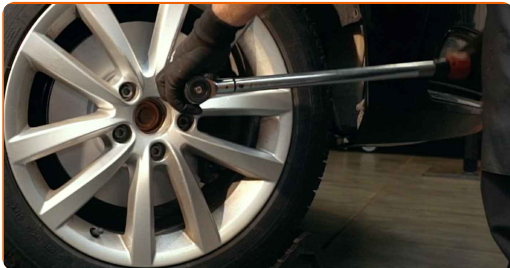
20

Screw in the wheel bolts. Use wheel impact socket #17.



21

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



22

Remove the jacks and chocks.



**WELL DONE!** 

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