



How to change front anti
roll bar bushes on **VW**
POLO (9N_) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

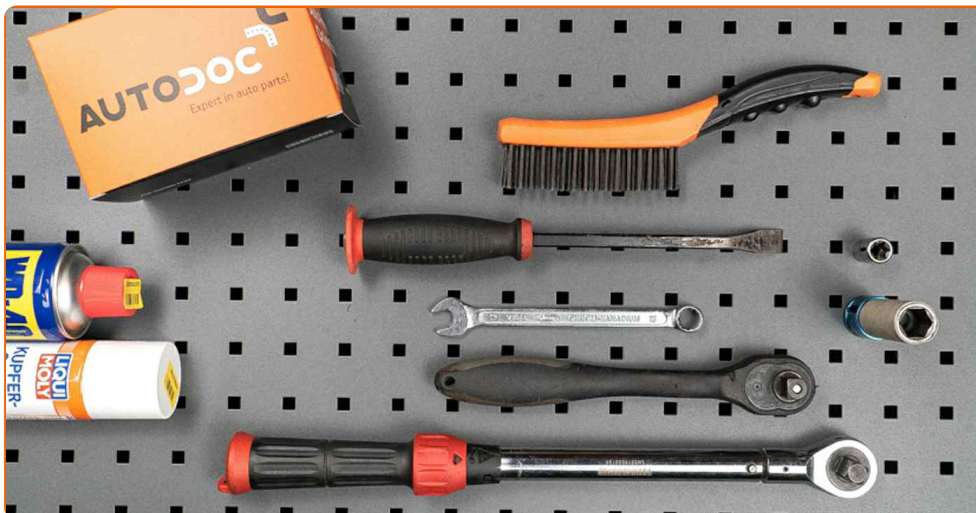
This replacement procedure can be used for:

VW POLO (9N_) 1.9 TDI, VW POLO (9N_) 1.4 TDI, VW POLO (9N_) 1.4 16V, VW POLO (9N_) 1.2 12V, VW POLO (9N_) 1.9 SDI, VW POLO (9N_) 1.2, VW POLO (9N_) 1.4 FSI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: SKODA Fabia I Combi (6Y5) 1.2

REPLACEMENT: ANTI ROLL BAR BUSHES – VW POLO (9N_). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Drive socket # 13
- Combination spanner #13
- Wheel impact socket #17
- Torque wrench
- Crow bar
- Hydraulic transmission jack
- Wheel chock

Buy tools

Replacement: anti roll bar bushes – VW POLO (9N_). AUTODOC experts recommend:

- Both stabilizer bushes should be replaced simultaneously.
- The replacement procedure is identical for the right and left stabilizer bushes.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR BUSHES – VW POLO (9N_). USE THE FOLLOWING PROCEDURE:

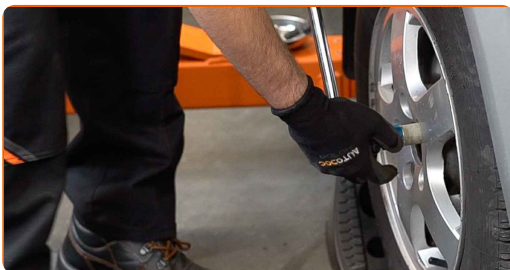
1

Secure the wheels with chocks.



2

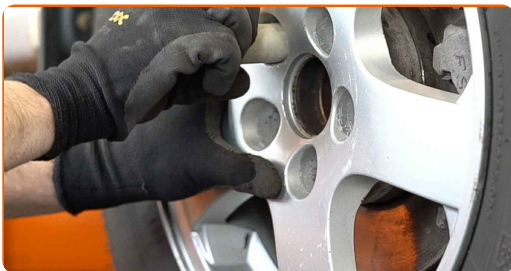
Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.



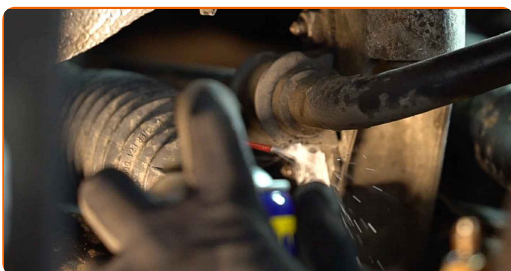
AUTODOC recommends:

- To avoid injury, hold up the wheel when unscrewing the bolts.

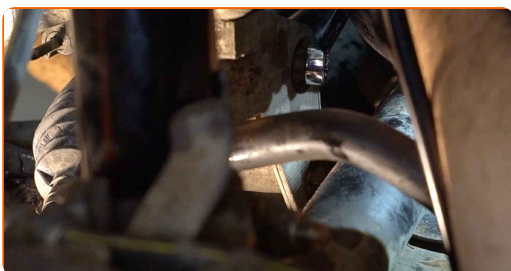
5 Remove the wheel.



6 Clean the fasteners of the stabilizer bush brackets. Use a wire brush. Use WD-40 spray.



7 Unscrew the fasteners of the stabilizer bush brackets. Use a combination spanner #13.



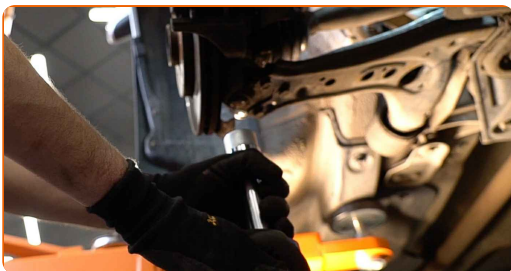
8 Support the arm. Use a hydraulic transmission jack.



9 Remove the fastening bolts (2 pieces).



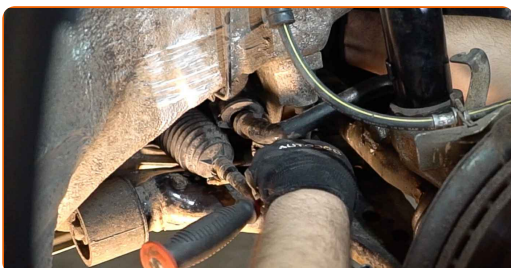
10 Lower the hydraulic transmission jack by 10-15 cm.



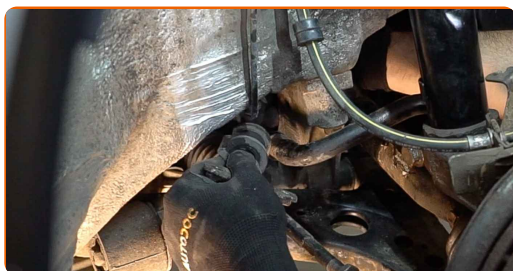
AUTODOC recommends:

- Replacement: anti roll bar bushes – VW POLO (9N_). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

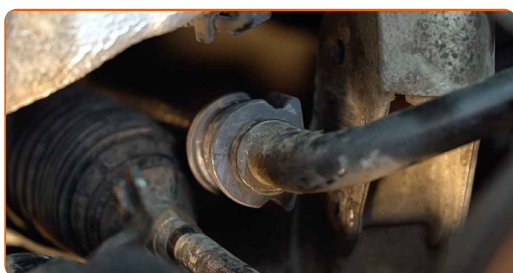
11 Remove the stabilizer bush brackets. Use a crowbar.



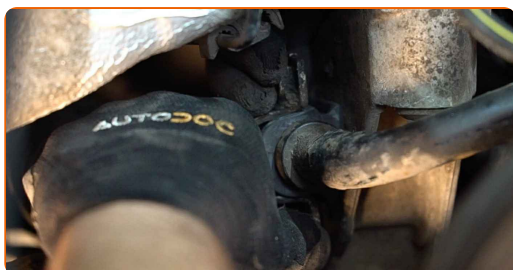
12 Remove the stabilizer bushes.



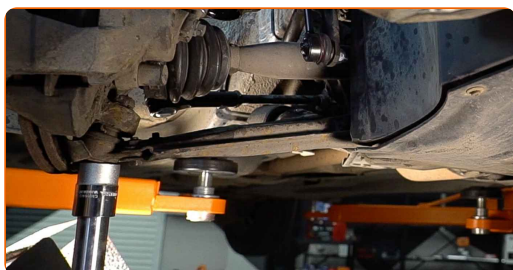
13 Install the new stabilizer bushes.



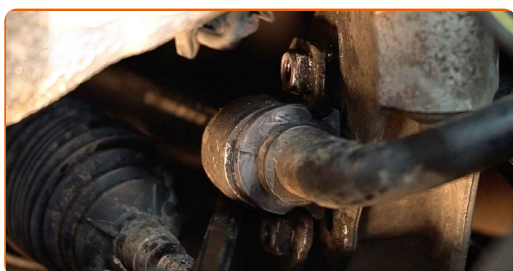
14 Install the stabilizer bush brackets.



15 Support the arm. Use a hydraulic transmission jack.



16 Install the fastening bolts (2 pieces). Use a crowbar.



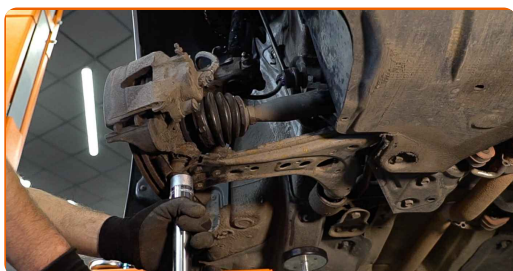
- 17** Screw the fasteners of the stabilizer bush brackets. Use a drive socket #13. Use a torque wrench. Tighten it to 20 Nm torque.+90°



Replacement: anti roll bar bushes – VW POLO (9N_). AUTODOC recommends:

- Important! Be sure to use new fasteners.

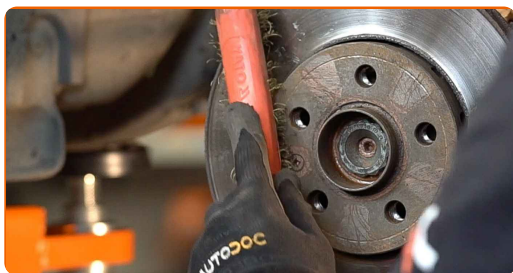
- 18** Remove the support from under the arm.



AUTODOC recommends:

- VW POLO (9N_) – Do not lower the transmission jack sharply to avoid damaging components and mechanisms of the car.

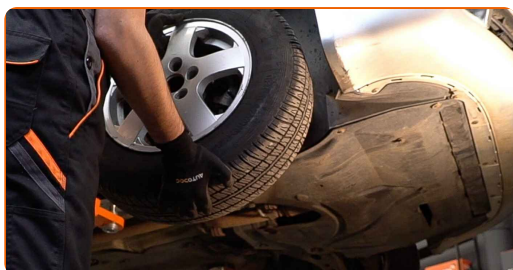
19 Clean the wheel rim mounting seat. Use a wire brush.



20 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



21 Install the wheel.



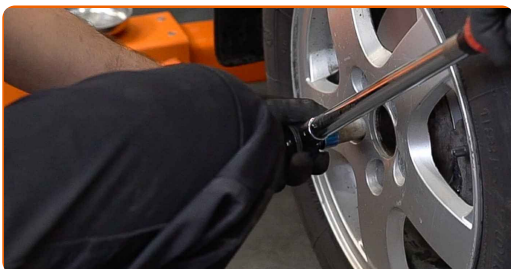
Replacement: anti roll bar bushes – VW POLO (9N_). Tip from AUTODOC experts:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

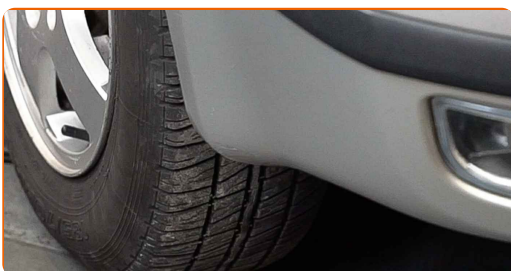
22 Screw in the wheel bolts. Use wheel impact socket #17.



- 23** Lower the car and working in a cross order, tighten the wheel bolts. Use a torque wrench. Tighten it to 120 Nm torque.



- 24** Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR BUSHES: A WIDE SELECTION

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