



How to change front anti roll bar links on **VW Golf VII Variant (BA5, BV5)** – replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

VW Golf VII Variant (BA5, BV5) 2.0 TDI 4motion, VW Golf VII Variant (BA5, BV5) 1.4 TSI, VW Golf VII Variant (BA5, BV5) 1.6 TDI 4motion, VW Golf VII Variant (BA5, BV5) 1.6 TDI, VW Golf VII Variant (BA5, BV5) 2.0 TDI, VW Golf VII Variant (BA5, BV5) 1.4 TGI CNG, VW Golf VII Variant (BA5, BV5) 1.2 TSI, VW Golf VII Variant (BA5, BV5) 1.4 TSI MultiFuel, VW Golf VII Variant (BA5, BV5) 1.8 TSI, VW Golf VII Variant (BA5, BV5) 1.6, VW Golf VII Variant (BA5, BV5) 2.0 GTD, VW Golf VII Variant (BA5, BV5) 2.0 R 4motion, VW Golf VII Variant (BA5, BV5) 1.0 TSI, VW Golf VII Variant (BA5, BV5) 2.0 R 360S 4motion, VW Golf VII Variant (BA5, BV5) 1.5 TSI, (+ 2)

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Passat B7 Saloon (362) 2.0 TDI

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF VII
VARIANT (BA5, BV5). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #18
- Drive socket # 18
- XZN socket bit # 6
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

[Buy tools](#)

AUTODOC recommends:

- Replace the stabiliser links on VW Golf VII Variant (BA5, BV5) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – VW Golf VII Variant (BA5, BV5) – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

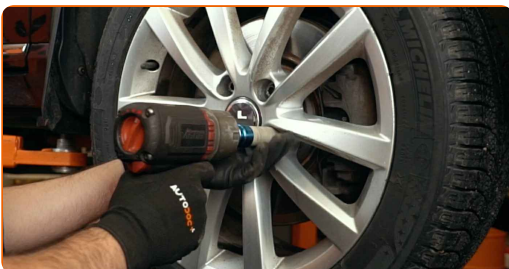
1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf VII Variant (BA5, BV5)

5

Remove the wheel.



6

Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #18. Use a ratchet wrench.



- 8 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use XZN #6. Use a ratchet wrench.



- 9 Remove the stabilizer rod.



- 10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11 Install the transverse stabilizer link.



12

Tighten the stabiliser link fastener. Use a combination spanner #18. Use XZN #6. Use a ratchet wrench.



13

Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use a drive socket #18. Use XZN #6. Use a torque wrench. Tighten it to 55 Nm torque.



14

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use a drive socket #18. Use XZN #6. Use a torque wrench. Tighten it to 55 Nm torque.



15

Treat all joints of the stabiliser link. Use copper grease.



16 Clean the wheel rim mounting seat. Use a wire brush.

17 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



18 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf VII Variant (BA5, BV5). After applying the spray, wait a few minutes.

19 Install the wheel.

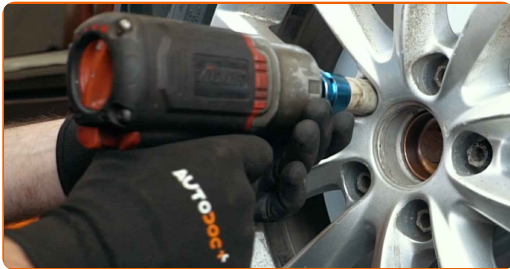


AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. VW Golf VII Variant (BA5, BV5)

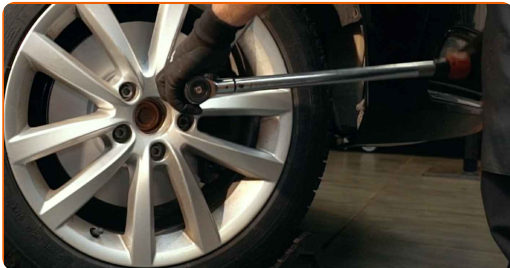
20

Screw in the wheel bolts. Use wheel impact socket #17.



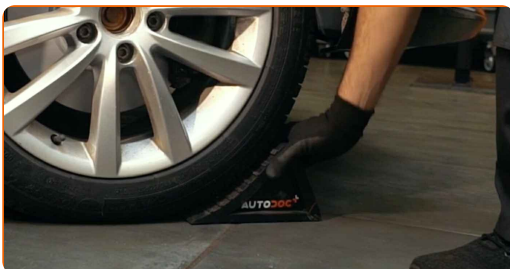
21

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



22

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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