



How to change rear anti
roll bar links on **VW Golf**
V Variant (1K5) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

VW Golf V Variant (1K5) 1.6, VW Golf V Variant (1K5) 1.4 TSI, VW Golf V Variant (1K5) 1.9 TDI, VW Golf V Variant (1K5) 2.0 TDI 16V, VW Golf V Variant (1K5) 2.0 TDI, VW Golf V Variant (1K5) 1.4, VW Golf V Variant (1K5) 2.0, VW Golf V Variant (1K5) 1.9 TDI 4motion, VW Golf V Variant (1K5) 1.6 MultiFuel

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Passat Saloon (362) 2.0 TDI

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF V
VARIANT (1K5). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #16
- Drive socket # 16
- XZN socket bit # 6
- Wheel impact socket #17
- Ratchet wrench
- Hydraulic transmission jack
- Wheel chock

Buy tools

AUTODOC recommends:

- Replace the stabiliser links on VW Golf V Variant (1K5) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – VW Golf V Variant (1K5) – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the rear of the car and secure on supports.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf V Variant (1K5)

5

Remove the wheel.



6

Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a ratchet wrench.



8 Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



9 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use XZN #6. Use a ratchet wrench.



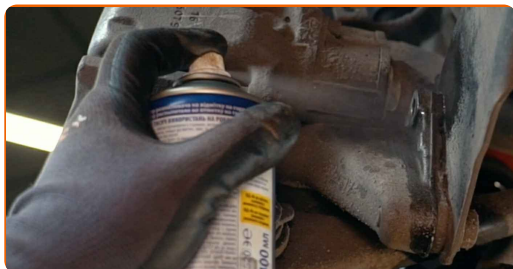
10 Support the arm. Use a hydraulic transmission jack.



11 Remove the stabilizer rod.



12 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



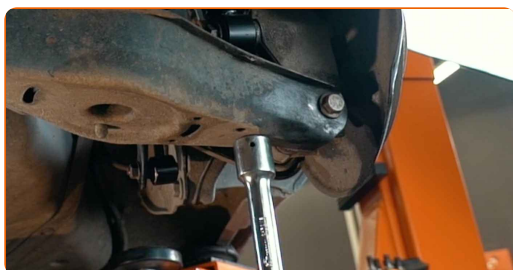
13 Install the transverse stabilizer link.



14 Tighten the stabiliser link fastener. Use a combination spanner #16. Use XZN #6. Use a ratchet wrench.



15 Raise the hydraulic transmission jack by 10-15 cm.



- 16** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use XZN #6. Use a drive socket #16. Use a torque wrench. Tighten it to 45 Nm torque.



- 17** Tighten the fastener connecting the stabilizer bar with the control arm. Use a combination spanner #16. Use XZN #6. Use a drive socket #16. Use a torque wrench. Tighten it to 45 Nm torque.



- 18** Treat all joints of the stabiliser link. Use copper grease.



- 19** Remove the support from under the arm.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf V Variant (1K5). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

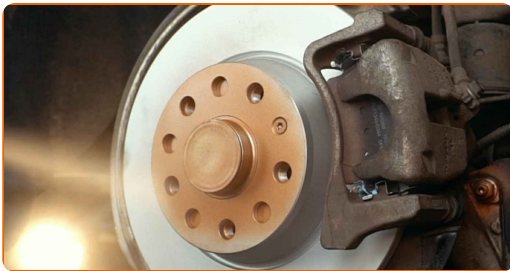
20

Clean the wheel rim mounting seat. Use a wire brush.



21

Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



22

Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf V Variant (1K5). After applying the spray, wait a few minutes.

23 Install the wheel.



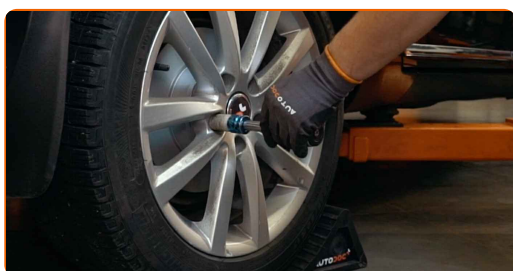
AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. VW Golf V Variant (1K5)

24 Screw in the wheel bolts. Use wheel impact socket #17.



25 Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



26

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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