



How to change front anti
roll bar links on **VW Golf**
V Variant (1K5) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

VW Golf V Variant (1K5) 1.6, VW Golf V Variant (1K5) 1.4 TSI, VW Golf V Variant (1K5) 1.9 TDI, VW Golf V Variant (1K5) 2.0 TDI 16V, VW Golf V Variant (1K5) 2.0 TDI, VW Golf V Variant (1K5) 1.4, VW Golf V Variant (1K5) 2.0, VW Golf V Variant (1K5) 1.9 TDI 4motion, VW Golf V Variant (1K5) 1.6 MultiFuel

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: SEAT Leon Hatchback (1P1) 2.0 FSI

**REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF V
VARIANT (1K5). LIST OF THE TOOLS YOU'LL NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Ceramic grease
- Copper grease
- Torque wrench
- Combination spanner #18
- Combination spanner #19
- Drive socket # 18
- Drive socket # 19
- XZN socket bit #6
- HEX bit No.H5
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

Buy tools

AUTODOC recommends:

- Replace the stabiliser links on VW Golf V Variant (1K5) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – VW Golf V Variant (1K5) – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the car.

Replacement: anti roll bar links – VW Golf V Variant (1K5). Professionals recommend:

- If you are using a jack, make sure it rests on a flat surface without any unevenness.
- Be sure to additionally secure the car with jack stands.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf V Variant (1K5)

5 Remove the wheel.



6 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #18. Use XZN #6. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use XZN #6. Use a ratchet wrench.



- 9** Remove the stabiliser link.



Replacement: anti roll bar links – VW Golf V Variant (1K5). Tip from AUTODOC experts:

- Examine stabiliser bushes. Replace them if needed.

10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



11 Install a new stabiliser link and tighten the fasteners. Use a combination spanner #19. Use HEX No.H5. Use a ratchet wrench.



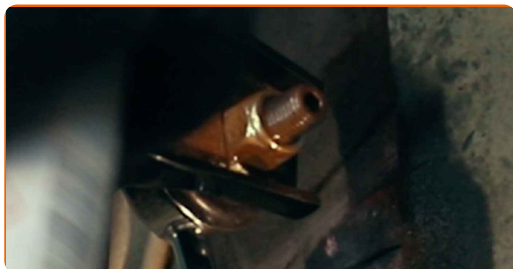
12 Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #19. Use a torque wrench. Tighten it to 65 Nm torque.



13 Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #19. Use a torque wrench. Tighten it to 65 Nm torque.



14 Treat all joints of the stabiliser link. Use copper grease.



15 Clean the wheel rim mounting seat. Use a wire brush.



16 Treat the surface where the brake disc contacts the wheel rim. Use ceramic grease.



17 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf V Variant (1K5). After applying the spray, wait a few minutes.

18 Install the wheel.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. VW Golf V Variant (1K5)

19 Screw in the wheel bolts. Use wheel impact socket #17.



20 Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



21

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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