



How to change front
lower arm on **VW GOLF
PLUS (5M1, 521)** –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

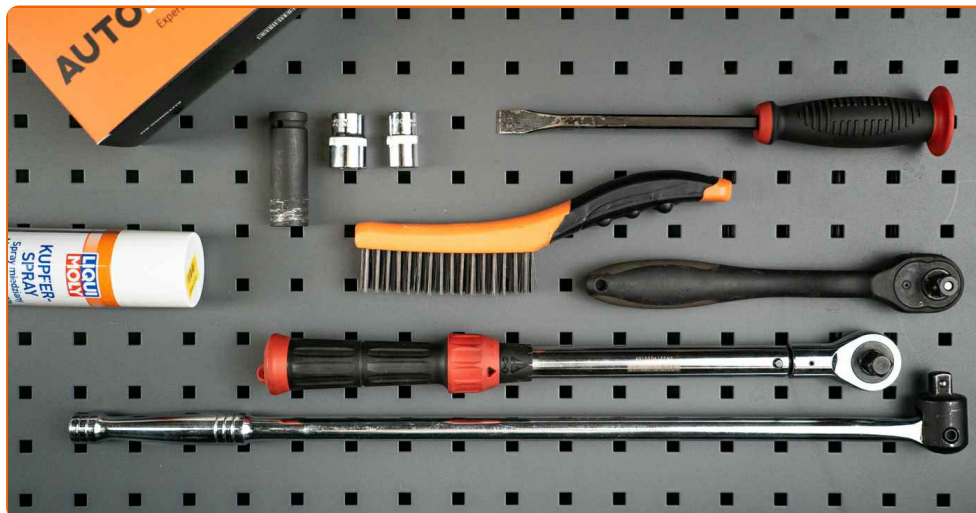
This replacement procedure can be used for:

VW GOLF PLUS (5M1, 521) 1.6 BiFuel, VW GOLF PLUS (5M1, 521) 1.6 TDI, VW GOLF PLUS (5M1, 521) 1.2 TSI, VW GOLF PLUS (5M1, 521) 1.4 16V, VW GOLF PLUS (5M1, 521) 1.6 FSI, VW GOLF PLUS (5M1, 521) 1.9 TDI, VW GOLF PLUS (5M1, 521) 2.0 TDI 16V, VW GOLF PLUS (5M1, 521) 2.0 FSI, VW GOLF PLUS (5M1, 521) 1.6, VW GOLF PLUS (5M1, 521) 2.0 TDI, VW GOLF PLUS (5M1, 521) 1.4 TSI, VW GOLF PLUS (5M1, 521) 1.4 FSI, VW GOLF PLUS (5M1, 521) 1.6 MultiFuel

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW GOLF VI (5K1) 2.0 GTi

REPLACEMENT: FRONT LOWER ARM – VW GOLF PLUS (5M1, 521). TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Combination spanner #18
- Drive socket # 15
- Drive socket # 18
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Tap wrench
- Crow bar
- Hydraulic transmission jack
- Wheel chock

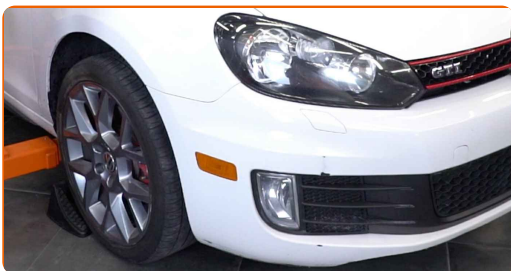
Buy tools

Replacement: front lower arm – VW GOLF PLUS (5M1, 521). AUTODOC recommends:

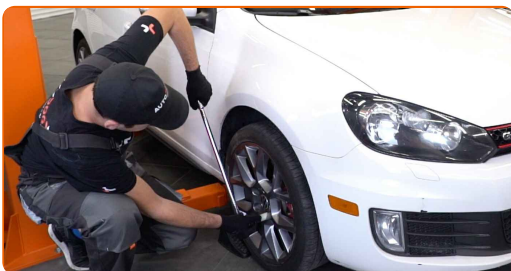
- The replacement procedure is identical for the left and right lower control arms.
- All work should be done with the engine stopped.

REPLACEMENT: FRONT LOWER ARM – VW GOLF PLUS (5M1, 521). USE THE FOLLOWING PROCEDURE:

1 Secure the wheels with chocks.



2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- Important! Hold the wheel while unscrewing the fastening bolts. VW GOLF PLUS (5M1, 521)

5 Remove the wheel.



6 Clean all joints of the arm. Use a wire brush. Treat all joints of the arm. Use WD-40 spray.

Replacement: front lower arm – VW GOLF PLUS (5M1, 521). Tip:

- After applying the spray, wait a few minutes.
- Wear protective goggles.

7

Unscrew the fasteners of the ball joint. Use a drive socket #15. Use a tap wrench.



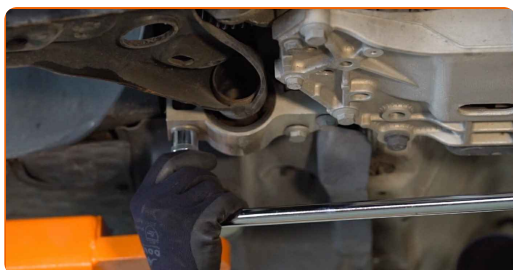
8

Unscrew the rear fastener connecting the control arm to the subframe. Use a drive socket #15. Use a tap wrench.



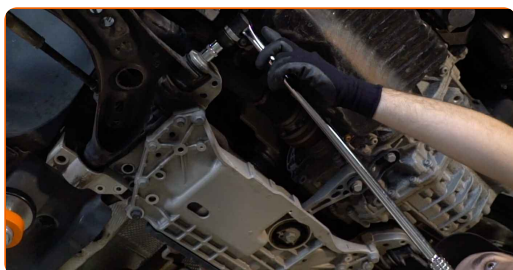
9

Unscrew the rear fastener connecting the control arm to the car body. Use a drive socket #18. Use a tap wrench.



10

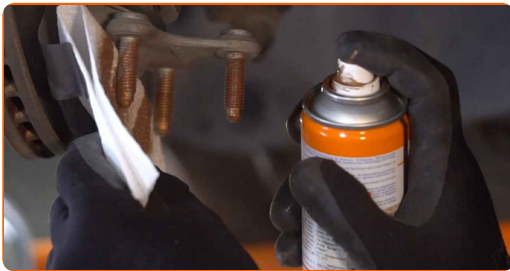
Unscrew the front arm fastener. Use a drive socket #15. Use a drive socket #18. Use a tap wrench.



11 Remove the arm. Use a crowbar.



12 Treat the fasteners of the ball joint. Use copper grease.



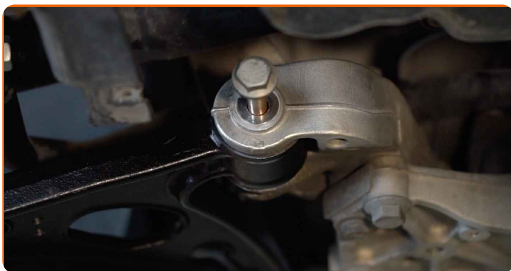
13 Install a new arm.



Replacement: front lower arm – VW GOLF PLUS (5M1, 521). Tip from AUTODOC experts:

- During the installation process, use only new bolts and nuts.
- Do not damage the ball joint cover.

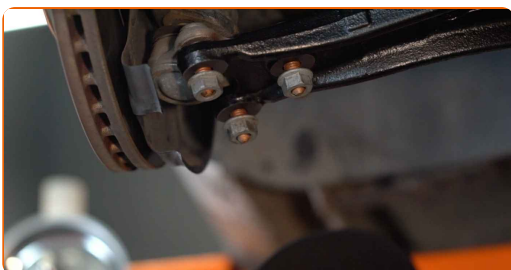
14 Install the front fastener of the arm. Do not tighten it.



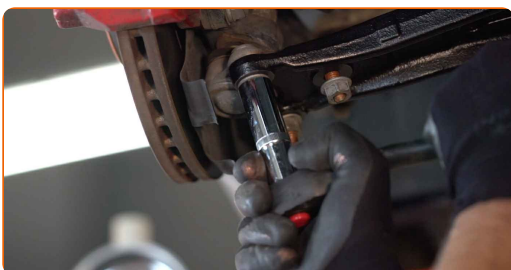
15 Attach the ball joint to the control arm.



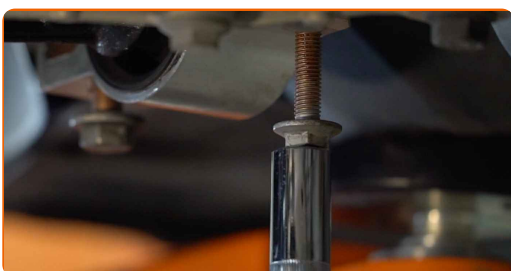
16 Install the fasteners of the ball joint.



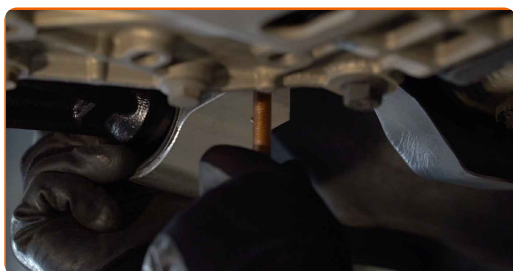
17 Screw the fasteners of the ball joint. Use a drive socket #15. Use a ratchet wrench.



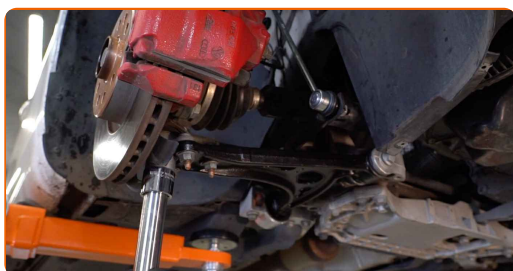
18 Screw the rear fastener connecting the control arm to the subframe. Use a drive socket #15. Use a drive socket #18. Use a ratchet wrench.



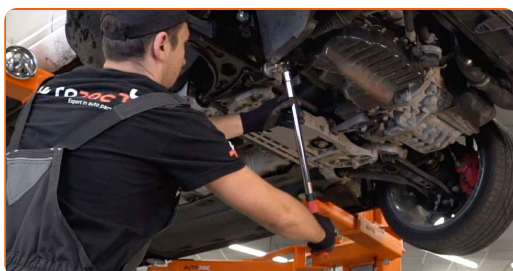
- 19** Screw the rear fastener connecting the control arm to the car body. Use a drive socket #15. Use a drive socket #18. Use a ratchet wrench.



- 20** Support the arm. Use a hydraulic transmission jack.



- 21** Screw the front arm fastener. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque. +180°



AUTODOC recommends:

- Important! Be sure to use new fasteners.

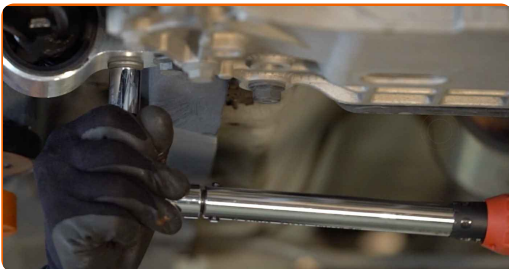
- 22** Tighten the rear fastener connecting the arm to the car body. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque. +90°



AUTODOC recommends:

- Important! Be sure to use new fasteners.

- 23** Tighten the rear fastener connecting the arm to the body subframe. Use a drive socket #15. Use a torque wrench. Tighten it to 50 Nm torque. +90°



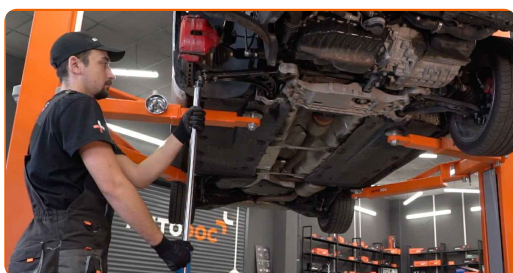
Replacement: front lower arm – VW GOLF PLUS (5M1, 521). Professionals recommend:

- Important! Be sure to use new fasteners.

24 Tighten the fasteners of the ball joint. Use a drive socket #15. Use a torque wrench. Tighten it to 60 nm torque.



25 Remove the support from under the arm.



AUTODOC recommends:

- Replacement: front lower arm – VW GOLF PLUS (5M1, 521). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

26 Clean the wheel rim mounting seat. Use a wire brush. Treat the contacting surface. Use copper grease.



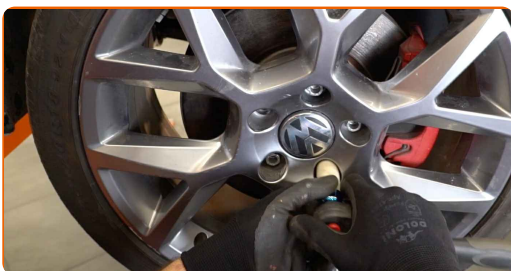
27 Install the wheel.



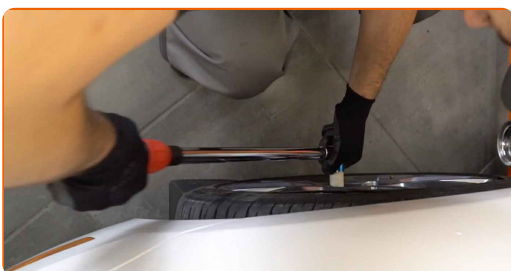
AUTODOC recommends:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

28 Screw in the wheel bolts. Use wheel impact socket #17.



29 Lower the car and working in a cross order, tighten the wheel bolts. Use a torque wrench. Tighten it to 120 nm torque.



30 Remove the jacks and chocks.

WELL DONE! 

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