



How to change front anti
roll bar links on **VW Golf**
IV Variant (1J5) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

VW Golf IV Variant (1J5) 1.4 16V, VW Golf IV Variant (1J5) 1.6, VW Golf IV Variant (1J5) 2.0, VW Golf IV Variant (1J5) 1.9 SDI, VW Golf IV Variant (1J5) 1.9 TDI, VW Golf IV Variant (1J5) 2.3 V5, VW Golf IV Variant (1J5) 1.6 16V, VW Golf IV Variant (1J5) 2.0 Bi-Fuel, VW Golf IV Variant (1J5) 1.6 FSI, VW Golf IV Variant (1J5) 1.8 T

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Golf IV Hatchback (1J1) 1.6

**REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF IV
VARIANT (1J5). TOOLS YOU NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #16
- Drive socket # 16
- HEX bit No.H10
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

Buy tools

AUTODOC recommends:

- Replace the stabiliser links on VW Golf IV Variant (1J5) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF IV VARIANT (1J5). TAKE THE FOLLOWING STEPS:

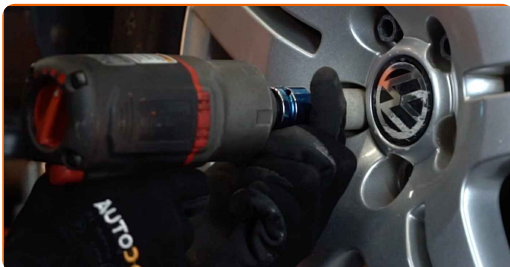
1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- **Warning!** To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf IV Variant (1J5)

5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use HEX No.H10. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a ratchet wrench.



- 9** Remove the stabilizer rod.



AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

- 10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11** Install a new rod, tighten the fasteners.



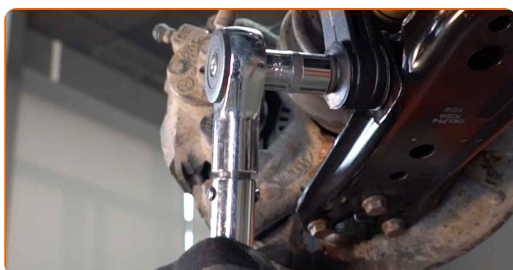
- 12** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use a drive socket #16. Use HEX No.H10. Use a ratchet wrench. Use a torque wrench. Tighten it to 15 Nm torque.+90°



Replacement: anti roll bar links – VW Golf IV Variant (1J5). AUTODOC recommends:

- Important! Be sure to use new fasteners.

- 13** Tighten the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a torque wrench. Tighten it to 15 Nm torque.+90°



AUTODOC recommends:

- Important! Be sure to use new fasteners.

14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



16 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf IV Variant (1J5). After applying the spray, wait a few minutes.

17 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. VW Golf IV Variant (1J5)

18

Screw in the wheel bolts. Use wheel impact socket #17.



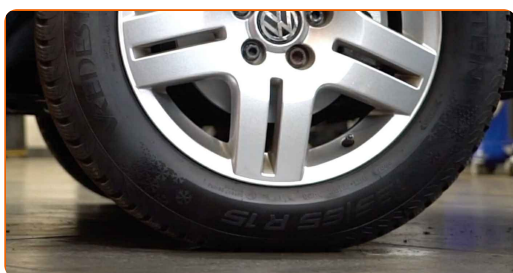
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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