



How to change front anti
roll bar links on **VW Golf**
IV Van (1J1) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

i Important!

This replacement procedure can be used for:
VW Golf IV Van (1J1) 1.9 TDI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Golf IV Hatchback (1J1) 1.6

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF IV VAN (1J1). TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #16
- Drive socket # 16
- HEX bit No.H10
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

[Buy tools](#)

AUTODOC recommends:

- Replace the stabiliser links on VW Golf IV Van (1J1) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF IV VAN (1J1). TAKE THE FOLLOWING STEPS:

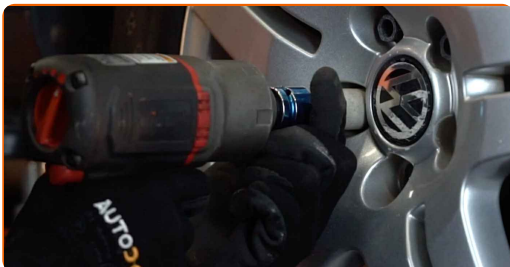
1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.

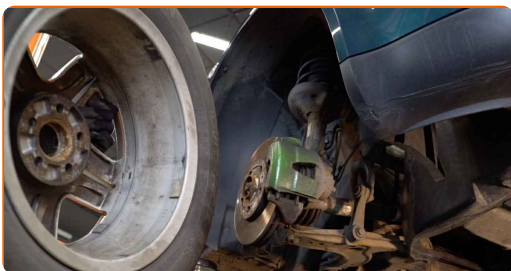


AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf IV Van (1J1)

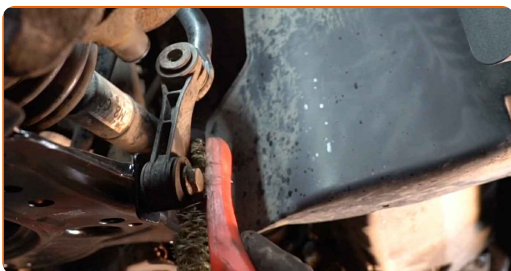
5

Remove the wheel.



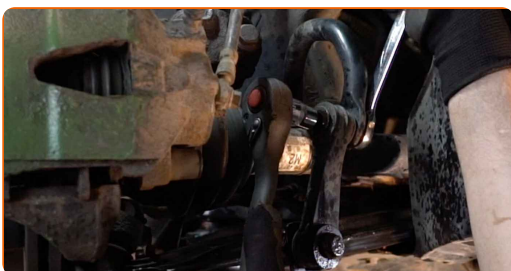
6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

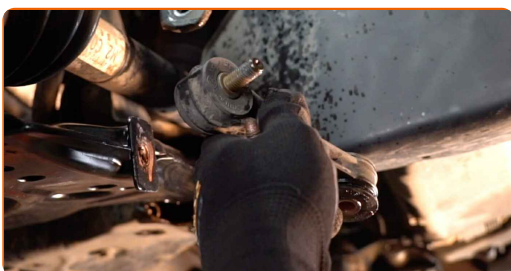
Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use HEX No.H10. Use a ratchet wrench.



- 8 Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a ratchet wrench.



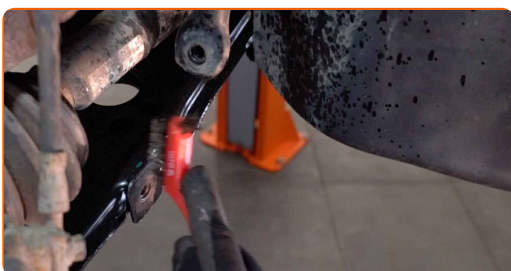
- 9 Remove the stabilizer rod.



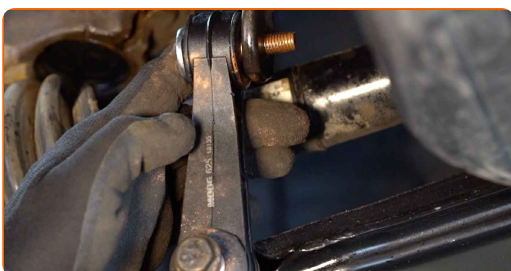
AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

- 10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11 Install a new rod, tighten the fasteners.



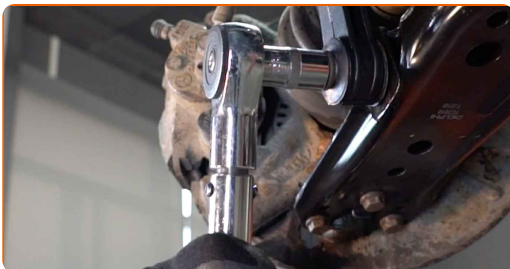
- 12 Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use a drive socket #16. Use HEX No.H10. Use a ratchet wrench. Use a torque wrench. Tighten it to 15 Nm torque.+90°



Replacement: anti roll bar links – VW Golf IV Van (1J1). AUTODOC recommends:

- Important! Be sure to use new fasteners.

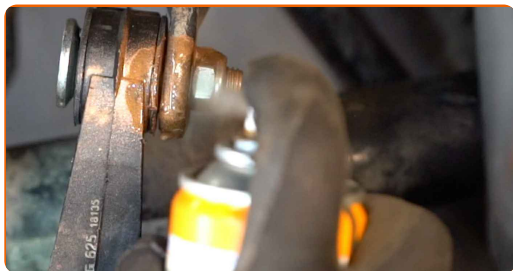
- 13 Tighten the fastener connecting the stabilizer bar with the control arm. Use a drive socket #16. Use a torque wrench. Tighten it to 15 Nm torque.+90°



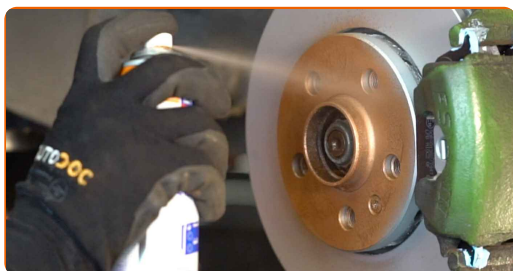
AUTODOC recommends:

- Important! Be sure to use new fasteners.

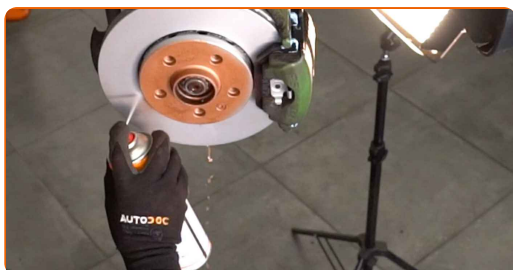
- 14 Treat all joints of the stabiliser link. Use copper grease.



- 15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



- 16 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – VW Golf IV Van (1J1). After applying the spray, wait a few minutes.

- 17 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. VW Golf IV Van (1J1)

18

Screw in the wheel bolts. Use wheel impact socket #17.



19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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