



How to change front anti  
roll bar links on **SEAT**  
**Leon Hatchback (1M1)** –  
replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

SEAT Leon Hatchback (1M1) 1.6, SEAT Leon Hatchback (1M1) 1.8 20V, SEAT Leon Hatchback (1M1) 1.9 TDI, SEAT Leon Hatchback (1M1) 1.4 16V, SEAT Leon Hatchback (1M1) 1.8 20V T, SEAT Leon Hatchback (1M1) 1.9 SDI, SEAT Leon Hatchback (1M1) 1.8 20V T 4, SEAT Leon Hatchback (1M1) 1.6 16 V, SEAT Leon Hatchback (1M1) 2.8 Cupra 4, SEAT Leon Hatchback (1M1) 1.8 T Cupra R, SEAT Leon Hatchback (1M1) 1.9 TDI Syncro

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: AUDI A3 Hatchback (8L1) 1.8

REPLACEMENT: ANTI ROLL BAR LINKS – SEAT LEON HATCHBACK (1M1). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Combination spanner #16
- Drive socket # 16
- Torque wrench

**Buy tools**

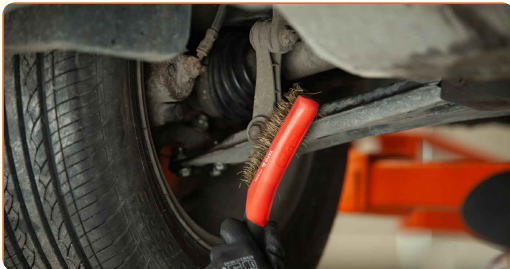
**AUTODOC recommends:**

- Replace the stabiliser links on SEAT Leon Hatchback (1M1) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

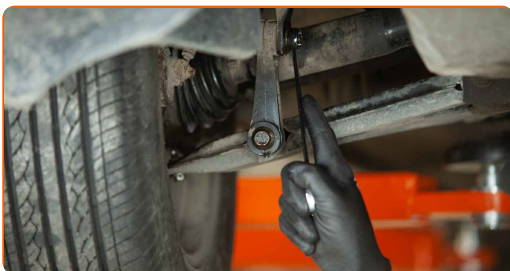
**REPLACEMENT: ANTI ROLL BAR LINKS – SEAT LEON HATCHBACK (1M1). USE THE FOLLOWING PROCEDURE:**

**1** Raise the front of the car and secure on supports.

**2** Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



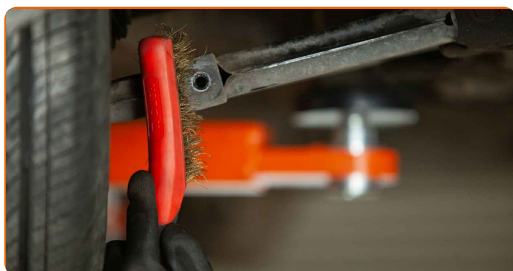
**3** Unscrew the fasteners connecting the stabiliser link to the stabiliser bar and to the suspension control arm. Use a combination spanner #16. Use a torque wrench.



**4** Remove the stabilizer rod.



**5** Clean all joints of the stabiliser link. Use a wire brush. Treat all joints of the stabiliser link. Use WD-40 spray.



Replacement: anti roll bar links – SEAT Leon Hatchback (1M1). AUTODOC recommends:

- Wear protective goggles.

**6** Install a new rod, tighten the fasteners. Important! Be sure to use new fasteners. Use a combination spanner #16. Use a drive socket #16. Use a torque wrench. Tighten it to 15 Nm torque.+90°



7

Lower the car.

**WELL DONE!** 

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