



How to change front anti  
roll bar links on **SEAT**  
**IBIZA SPORTCOUPE Box**  
**Body / Hatchback (6J1)** –  
replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1) 1.6 TDI, SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1) 1.2, SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1) 1.2 TDI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW Polo Saloon (602, 604, 612, 614) 1.6

REPLACEMENT: ANTI ROLL BAR LINKS – SEAT IBIZA SPORTCOUPE BOX BODY / HATCHBACK (6J1). TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #17
- Drive socket # 16
- Drive socket # 17
- HEX bit No.H5.
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

**Buy tools**

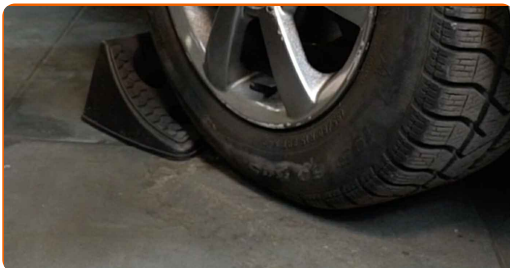
Replacement: anti roll bar links – SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1). AUTODOC experts recommend:

- Replace the stabiliser links on SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

## REPLACEMENT: ANTI ROLL BAR LINKS – SEAT IBIZA SPORTCOUPE BOX BODY / HATCHBACK (6J1). RECOMMENDED SEQUENCE OF STEPS:

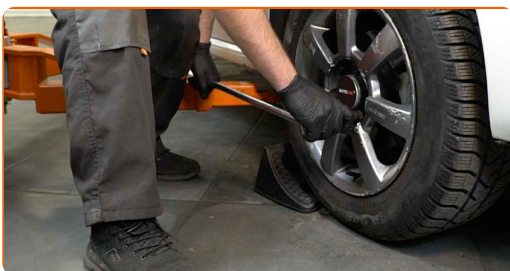
1

Secure the wheels with chocks.



2

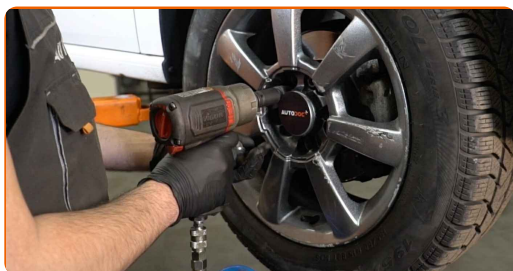
Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the rear of the car and secure on supports.

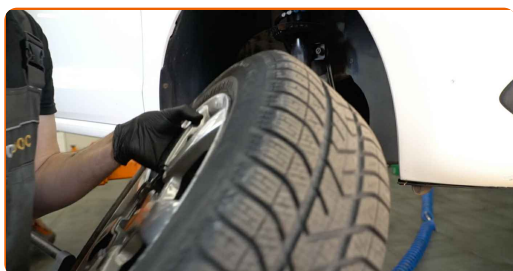
**4** Unscrew the wheel bolts.



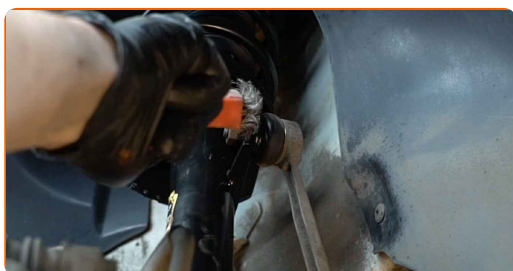
**AUTODOC recommends:**

- Important! Hold the wheel while unscrewing the fastening bolts. SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1)

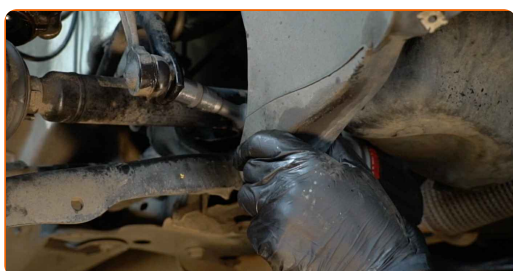
**5** Remove the wheel.



**6** Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



**7** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #16. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #16. Use a ratchet wrench.



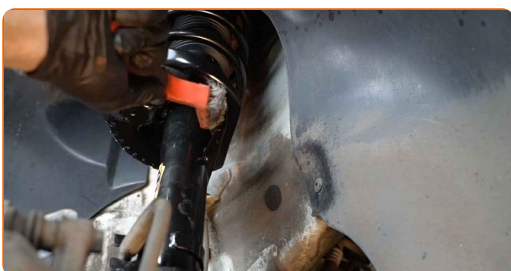
- 9** Remove the stabilizer rod.



Replacement: anti roll bar links – SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1). Tip from AUTODOC experts:

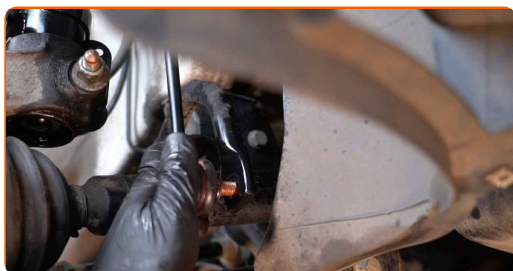
- Examine stabiliser bushes. Replace them if needed.

- 10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



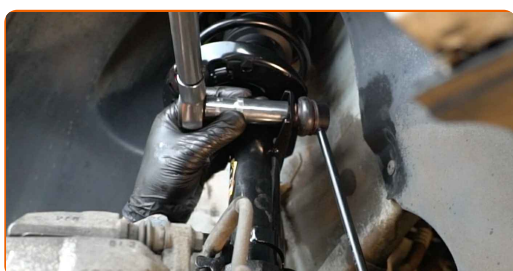
11

Install a new rod, tighten the fasteners. Use a combination spanner #17. Use HEX No.H5.



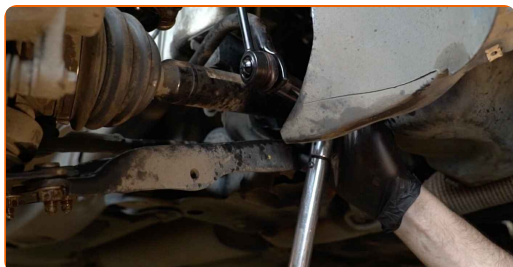
12

Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.



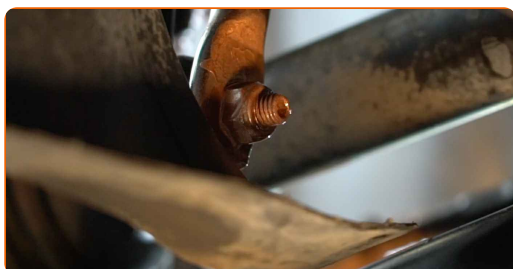
13

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.



14

Treat all joints of the stabiliser link. Use copper grease.



**15**

Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**16**

Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1). After applying the spray, wait a few minutes.

**17**

Install the wheel.

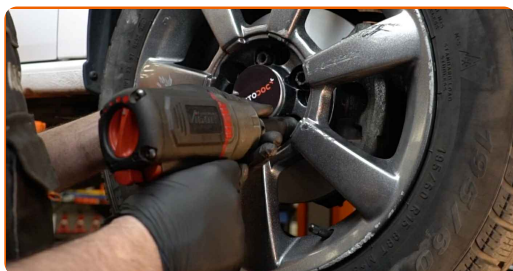


**Replacement: anti roll bar links – SEAT IBIZA SPORTCOUPE Box Body / Hatchback (6J1). AUTODOC experts recommend:**

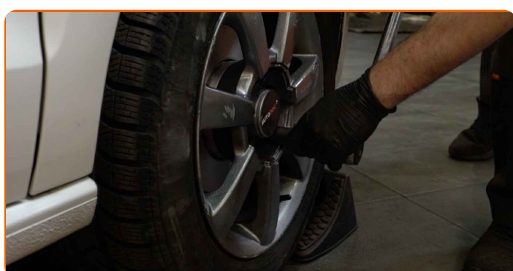
- To avoid injury, hold up the wheel when screwing in the fastening bolts.



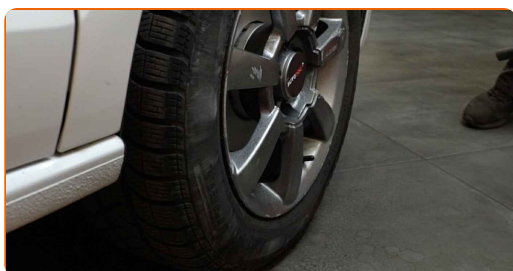
**18** Screw in the wheel bolts. Use wheel impact socket #17.



**19** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



**20** Remove the jacks and chocks.



**WELL DONE!** 

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