



How to change front anti  
roll bar links on **SEAT**  
**Ibiza IV Sportcoupe (6J,**  
**6P)** – replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

#### **Important!**

This replacement procedure can be used for:

SEAT Ibiza IV Sportcoupe (6J, 6P) 1.2 TDI, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.6 LPG, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.2, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.4, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.4 TDI, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.9 TDI, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.6, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.4 TSI, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.4 TSI Cupra, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.6 TDI, SEAT Ibiza IV Sportcoupe (6J, 6P) 2.0 TDI, SEAT Ibiza IV Sportcoupe (6J, 6P) 1.2 TSI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: SEAT Ibiza III Hatchback (6L) 1.4 16V

**REPLACEMENT: ANTI ROLL BAR LINKS – SEAT IBIZA IV SPORTCOUPE (6J, 6P). TOOLS YOU'LL NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #17
- XZN socket bit # 6
- Drive socket # 17
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

**Buy tools**

## Replacement: anti roll bar links – SEAT Ibiza IV Sportcoupe (6J, 6P). Tip from AUTODOC:

- Replace the stabiliser links on SEAT Ibiza IV Sportcoupe (6J, 6P) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Warning! Shut down the engine before starting any work – SEAT Ibiza IV Sportcoupe (6J, 6P)

## CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

**4** Unscrew the wheel bolts.



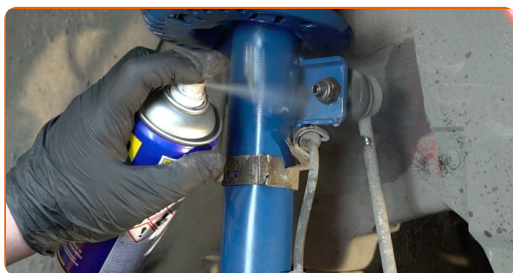
Replacement: anti roll bar links – SEAT Ibiza IV Sportcoupe (6J, 6P). Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

**5** Remove the wheel.



**6** Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a ratchet wrench.



- 8** Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #17. Use XZN #6. Use a ratchet wrench.



- 9** Remove the stabilizer rod.



Replacement: anti roll bar links – SEAT Ibiza IV Sportcoupe (6J, 6P). Tip from AUTODOC:

- Examine stabiliser bushes. Replace them if needed.

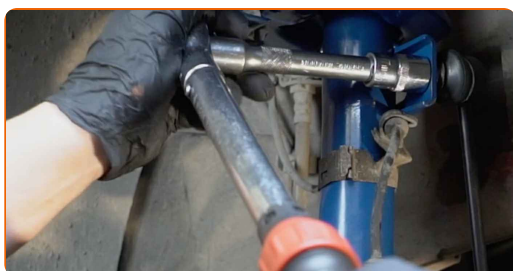
**10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



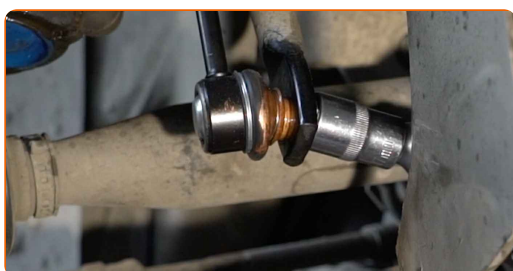
**11** Install the transverse stabilizer link.



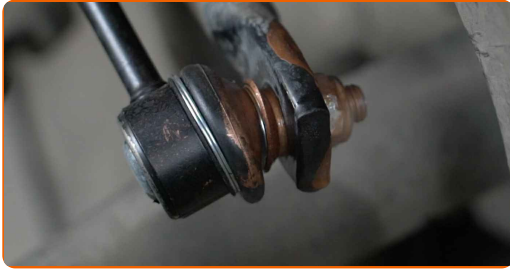
**12** Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.



**13** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.



**14** Treat all joints of the stabiliser link. Use copper grease.



**15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**16** Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – SEAT Ibiza IV Sportcoupe (6J, 6P). After applying the spray, wait a few minutes.

**17** Install the wheel.





Replacement: anti roll bar links – SEAT Ibiza IV Sportcoupe (6J, 6P).  
Professionals recommend:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

18

Screw in the wheel bolts. Use wheel impact socket #17.



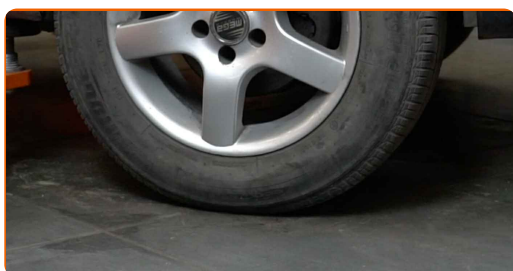
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



20

Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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