



How to change track rod  
end on **SEAT Arosa (6H)**  
– replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:  
SEAT Arosa (6H) 1.4, SEAT Arosa (6H) 1.7 SDI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: SEAT Ibiza III Hatchback (6L) 1.4 16V

**REPLACEMENT: TRACK ROD END – SEAT AROSA (6H).  
LIST OF THE TOOLS YOU'LL NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #22
- Drive socket # 19
- Wheel impact socket #17
- Ratchet wrench
- Tap wrench
- Vernier caliper
- Ball joint puller
- Wheel chock

**Buy tools**

Replacement: track rod end – SEAT Arosa (6H). AUTODOC recommends:

- Replace tie rod ends in pairs.
- The replacement procedure is identical for the right and left tie rod ends.
- All work should be done with the engine stopped.

## REPLACEMENT: TRACK ROD END – SEAT AROSA (6H). RECOMMENDED SEQUENCE OF STEPS:

1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.  
SEAT Arosa (6H)

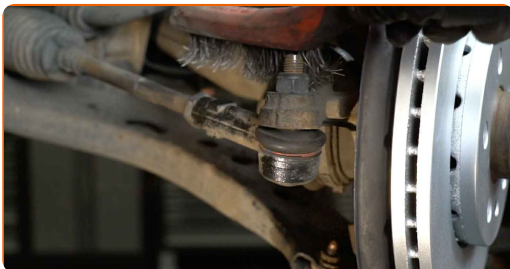
5

Remove the wheel.



6

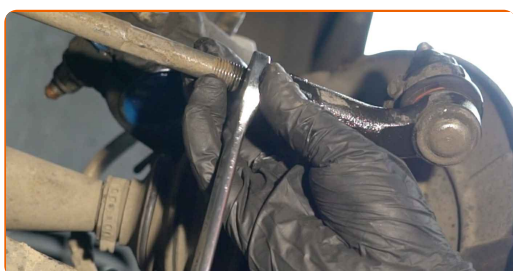
Clean the fastener connecting the tie rod end to the steering knuckle. Use a wire brush. Use WD-40 spray.



- 7 When deinstalling, mark or measure the precise position of the ball joint on the track rod, or count the number of turns in order to prevent misalignment afterward. Use a vernier caliper.



- 8 Loosen the lock nut securing the tie rod end to the tie rod. Use a combination spanner #22.



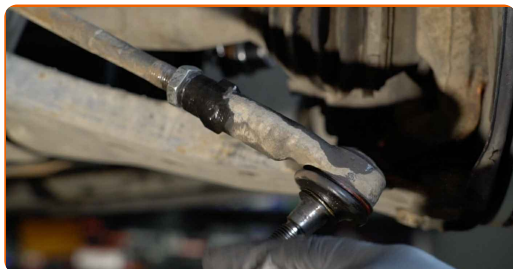
- 9 Unscrew the end fastening nut to the steering knuckle. Use a drive socket #19. Use a tap wrench.



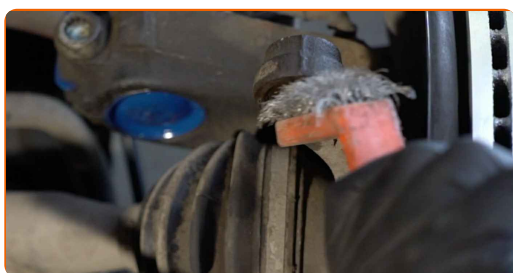
- 10 Disconnect the tie rod end from the steering knuckle. Use a ball joint puller.



**11** Screw the end out of the tie rod.



**12** Clean the mounting seats of the tie rod end. Use a wire brush. Use WD-40 spray.

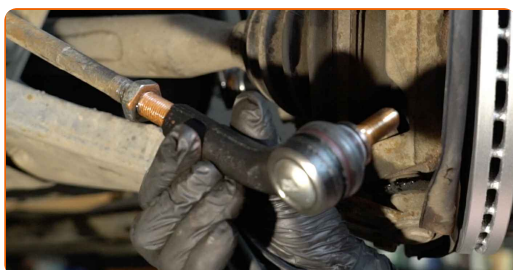


**13** Screw on a new tie rod end.

Replacement: track rod end – SEAT Arosa (6H). Tip from AUTODOC experts:

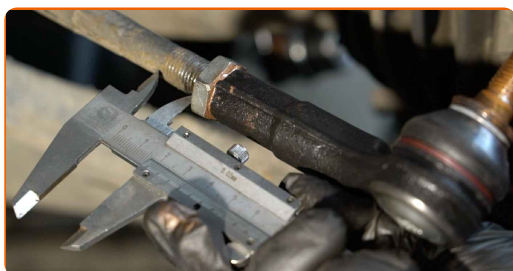
- While installing the steering rod end remember to make the same number of turns or to leave the same length of thread showing as per your measurements

**14** Connect the tie rod end to the steering knuckle.





- 15** When deinstalling, mark or measure the precise position of the ball joint on the track rod, or count the number of turns in order to prevent misalignment afterward. Use a vernier caliper.



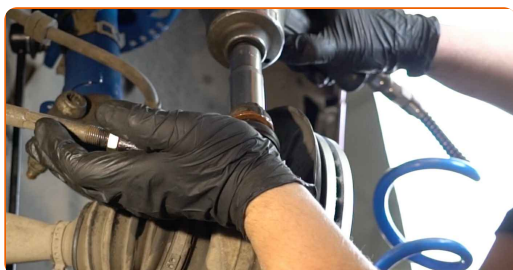
- 16** Screw on the fastening nut that connects the tie rod end to the steering knuckle. Use a drive socket #19. Use a ratchet wrench.



- 17** Tighten the tie rod end locknut. Use a combination spanner #19. Use a combination spanner #22. Use a torque wrench. Tighten it to 50 nm torque.



- 18** Tighten the fastening nut connecting the tie rod end to the steering knuckle. Use a drive socket #19. Use a torque wrench. Tighten it to 20 Nm torque. +90°



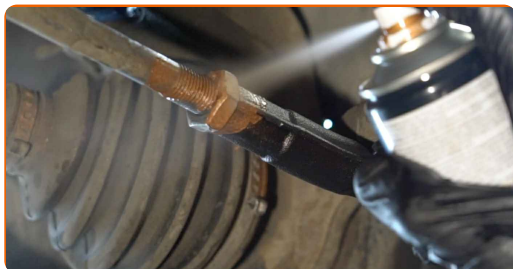


AUTODOC recommends:

- Important! Be sure to use new fasteners.

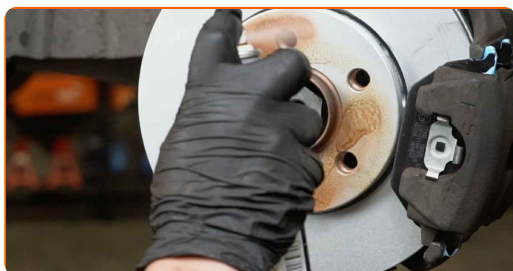
19

Treat the fastener connecting the tie rod end to the steering knuckle. Use copper grease.



20

Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



21

Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: track rod end – SEAT Arosa (6H). After applying the spray, wait a few minutes.

**22**

Install the wheel.

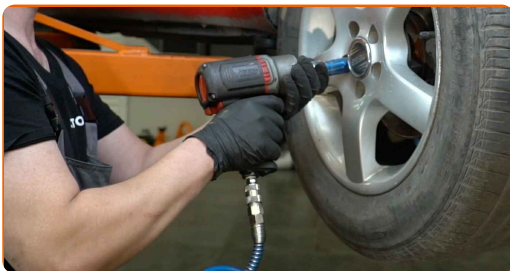


**AUTODOC recommends:**

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

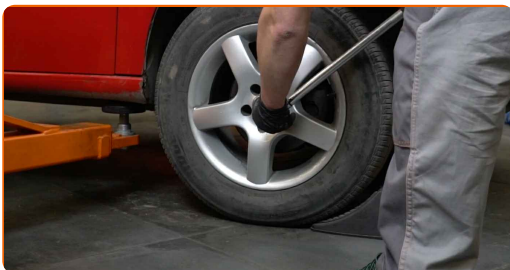
**23**

Screw in the wheel bolts. Use wheel impact socket #17.



**24**

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



**Replacement: track rod end – SEAT Arosa (6H). Professionals recommend:**

- Check and adjust wheel alignment if necessary.

25

Remove the jacks and chocks.



**WELL DONE!** 

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