



How to change front  
lower arm on **SEAT Altea  
XL (5P5, 5P8)** –  
replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

#### **i Important!**

This replacement procedure can be used for:

SEAT Altea XL (5P5, 5P8) 1.6, SEAT Altea XL (5P5, 5P8) 2.0 FSI, SEAT Altea XL (5P5, 5P8) 1.9 TDI, SEAT Altea XL (5P5, 5P8) 2.0 TDI 16V, SEAT Altea XL (5P5, 5P8) 2.0 TDI, SEAT Altea XL (5P5, 5P8) 1.8 TFSI, SEAT Altea XL (5P5, 5P8) 1.4 TSI, SEAT Altea XL (5P5, 5P8) 2.0 TFSI 4x4, SEAT Altea XL (5P5, 5P8) 2.0 TDI 4x4, SEAT Altea XL (5P5, 5P8) 1.4 16V, SEAT Altea XL (5P5, 5P8) 1.6 Multifuel, SEAT Altea XL (5P5, 5P8) 1.6 TDI, SEAT Altea XL (5P5, 5P8) 1.2 TSI, SEAT Altea XL (5P5, 5P8) 1.6 LPG, SEAT Altea XL (5P5, 5P8) 2.0 TFSI, (+ 2)

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: AUDI A3 Sportback (8PA) 1.2 TSI

**REPLACEMENT: FRONT LOWER ARM – SEAT ALTEA XL (5P5, 5P8). LIST OF THE TOOLS YOU'LL NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #16
- Combination spanner #18
- Drive socket # 16
- Drive socket # 18
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Tap wrench
- Hydraulic transmission jack
- Wheel chock

**Buy tools**

Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). AUTODOC experts recommend:

- The replacement procedure is identical for the left and right lower control arms.
- All work should be done with the engine stopped.

## REPLACEMENT: FRONT LOWER ARM – SEAT ALTEA XL (5P5, 5P8). USE THE FOLLOWING PROCEDURE:

**1** Secure the wheels with chocks.



**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). Tip:

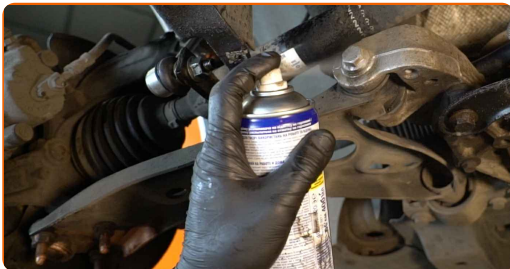
- To avoid injury, hold up the wheel when unscrewing the bolts.

5

Remove the wheel.

6

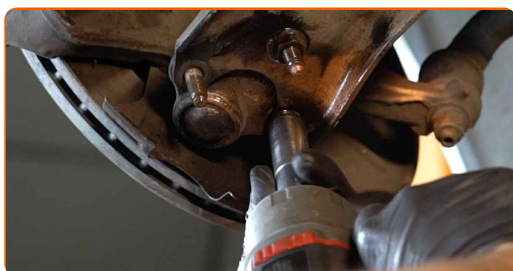
Clean all joints of the arm. Use a wire brush. Use WD-40 spray.



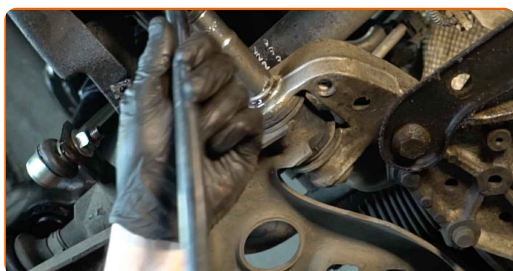
AUTODOC recommends:

- Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). After applying the spray, wait a few minutes.
- Wear protective goggles.

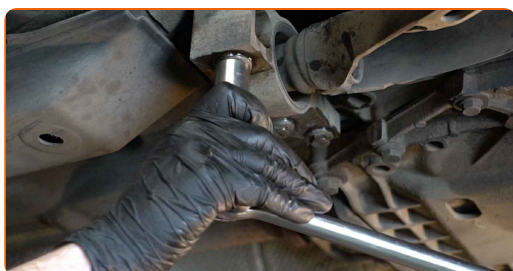
- 7 Unscrew the fastener connecting the ball joint to the suspension control arm. Use a drive socket #16. Use a tap wrench.



- 8 Unscrew the front arm fastener. Use a drive socket #18. Use a tap wrench.



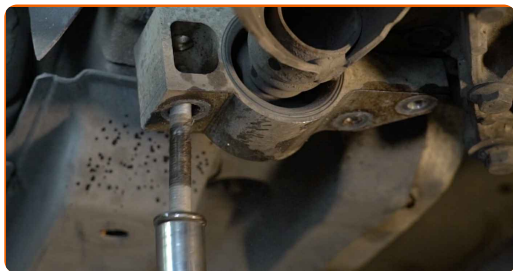
- 9 Unscrew the rear fastener connecting the control arm to the car body. Use a drive socket #18. Use a tap wrench.



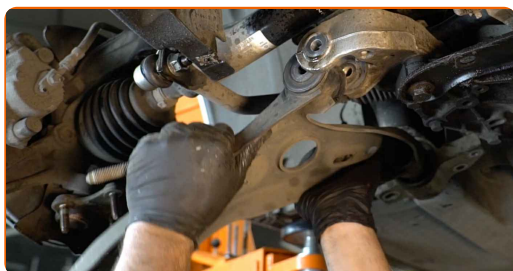
- 10 Unscrew the rear fastener connecting the control arm to the subframe. Use a drive socket #16. Use a tap wrench.



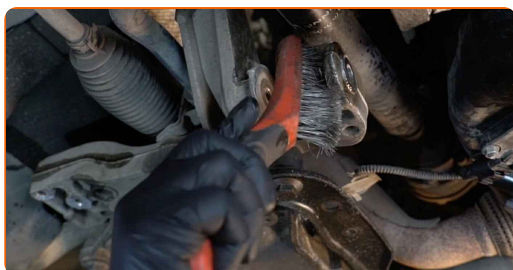
**11** Remove the fastening bolts. Use a drive socket #18. Use a drive socket #16.



**12** Remove the arm.



**13** Clean the mounting seats and the thread of the suspension arm. Use a wire brush. Use WD-40 spray.



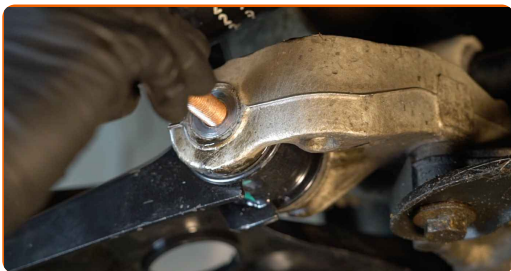
**14** Install a new arm.



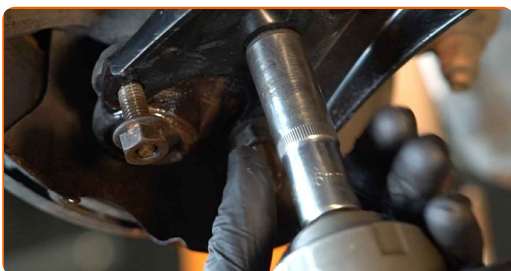
Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). AUTODOC recommends:

- During the installation process, use only new bolts and nuts.

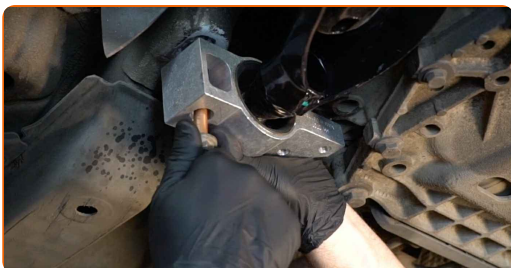
**15** Install the front fastener of the arm.



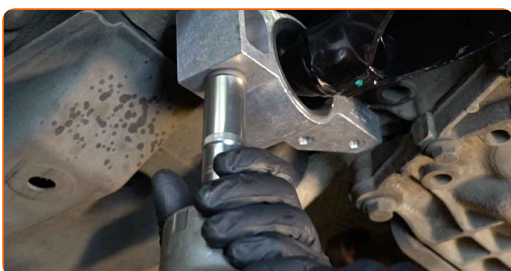
**16** Screw the fasteners of the ball joint. Use a drive socket #16. Use a ratchet wrench.



**17** Install the rear fastener of the arm.

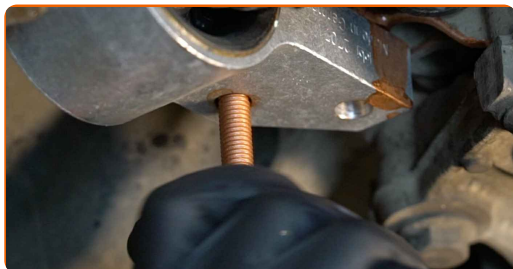


**18** Screw the rear fastener connecting the control arm to the car body. Use a combination spanner #18. Use a drive socket #18. Use a ratchet wrench.

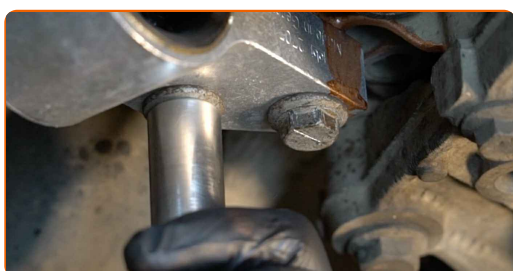




**19** Install the rear fastener of the arm.



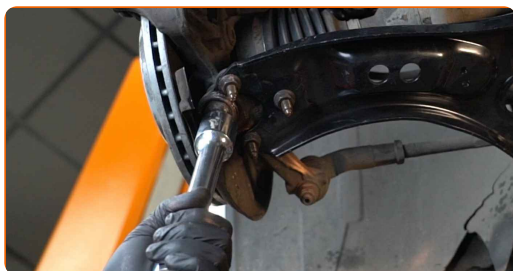
**20** Screw the rear fastener connecting the control arm to the subframe. Use a combination spanner #16. Use a drive socket #16. Use a ratchet wrench.



**21** Screw the front arm fastener. Use a drive socket #18. Use a ratchet wrench.



**22** Support the arm. Use a hydraulic transmission jack.



**23**

Tighten the front fastener connecting the control arm to the subframe. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque.+180°

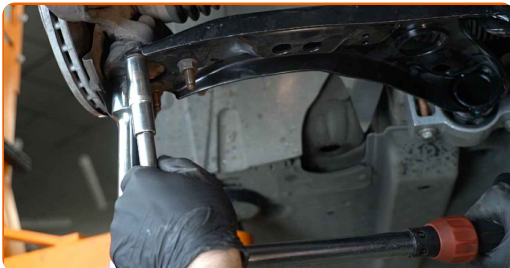


**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

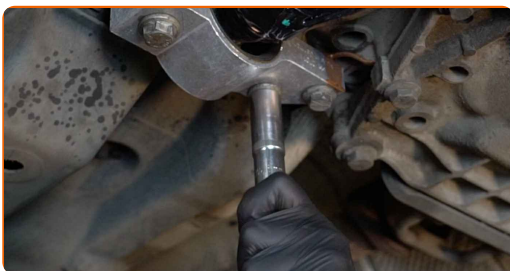
**24**

Tighten the ball joint fastener. Use a drive socket #16. Use a torque wrench. Tighten it to 60 nm torque.



**25**

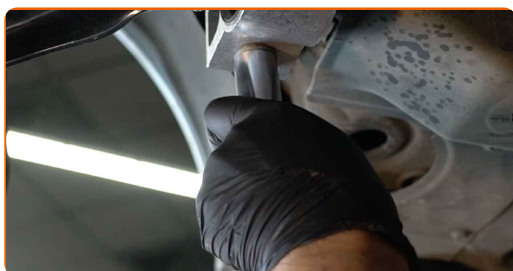
Tighten the rear fastener connecting the arm to the body subframe. Use a drive socket #16. Use a torque wrench. Tighten it to 50 Nm torque.+90°



**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

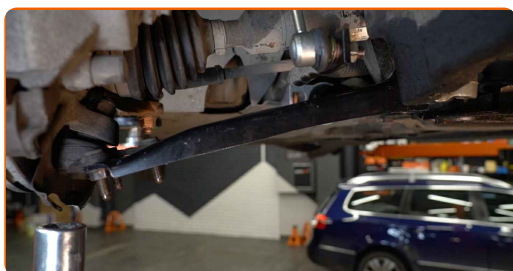
- 26** Tighten the rear fastener connecting the arm to the car body. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque. +90°



**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

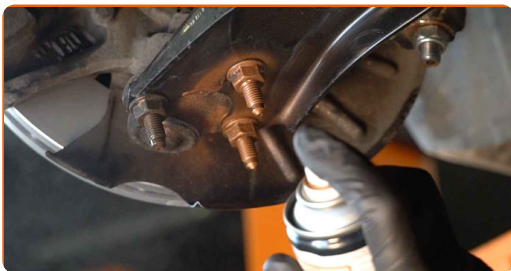
- 27** Remove the support from under the arm.



**AUTODOC recommends:**

- Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

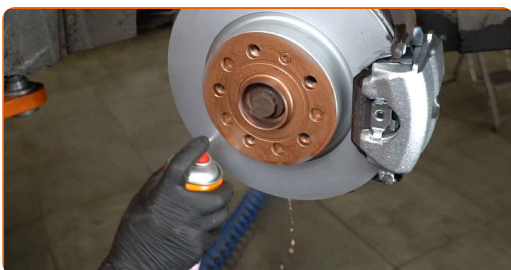
**28** Treat all joints of the arm. Use copper grease.



**29** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**30** Clean the brake disc surface. Use a brake cleaner.



Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). Professionals recommend:

- After applying the spray, wait a few minutes.

**31** Install the wheel.



Replacement: front lower arm – SEAT Altea XL (5P5, 5P8). Tip from AUTODOC:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

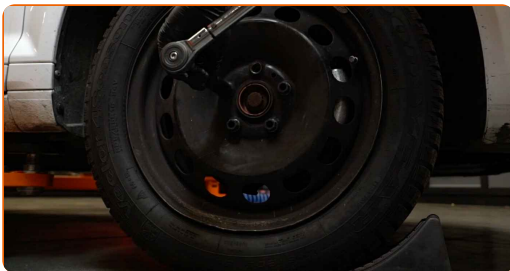
32

Screw in the wheel bolts. Use wheel impact socket #17.



33

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



34

Remove the jacks and chocks.



**WELL DONE!** 

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