



How to change front
lower arm on **SEAT Altea**
(5P1) – replacement
guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

SEAT Altea (5P1) 1.6, SEAT Altea (5P1) 2.0 FSI, SEAT Altea (5P1) 1.9 TDI, SEAT Altea (5P1) 2.0 TDI 16V, SEAT Altea (5P1) 2.0 TDI, SEAT Altea (5P1) 2.0 TFSI, SEAT Altea (5P1) 1.8 TFSI, SEAT Altea (5P1) 1.4 TSI, SEAT Altea (5P1) 1.4 16V, SEAT Altea (5P1) 1.6 TDI, SEAT Altea (5P1) 1.2 TSI, SEAT Altea (5P1) 1.6 LPG, SEAT Altea (5P1) 2.0 TDI 16V 4WD

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: AUDI A3 Sportback (8PA) 1.2 TSI

REPLACEMENT: FRONT LOWER ARM – SEAT ALTEA (5P1). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #16
- Combination spanner #18
- Drive socket # 16
- Drive socket # 18
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Tap wrench
- Hydraulic transmission jack
- Wheel chock

Buy tools

Replacement: front lower arm – SEAT Altea (5P1). AUTODOC experts recommend:

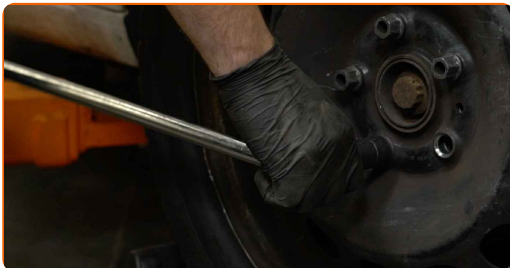
- The replacement procedure is identical for the left and right lower control arms.
- All work should be done with the engine stopped.

REPLACEMENT: FRONT LOWER ARM – SEAT ALTEA (5P1). USE THE FOLLOWING PROCEDURE:

1 Secure the wheels with chocks.



2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



Replacement: front lower arm – SEAT Altea (5P1). Tip:

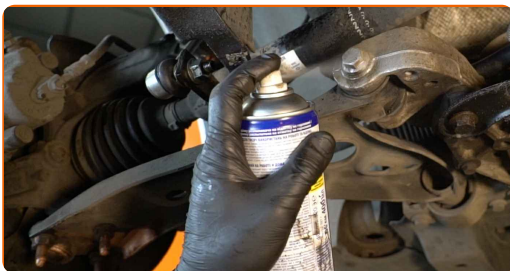
- To avoid injury, hold up the wheel when unscrewing the bolts.

5

Remove the wheel.

6

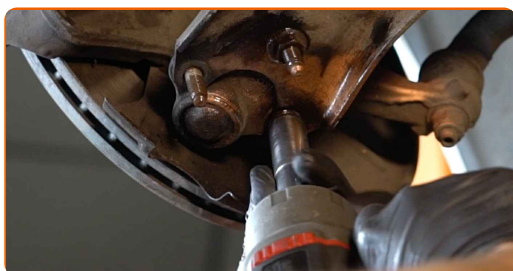
Clean all joints of the arm. Use a wire brush. Use WD-40 spray.



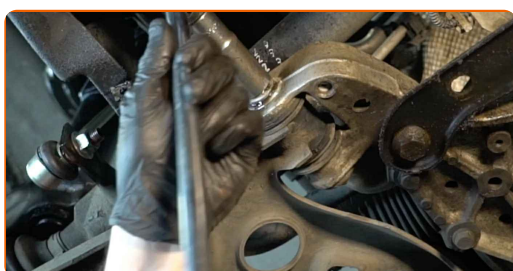
AUTODOC recommends:

- Replacement: front lower arm – SEAT Altea (5P1). After applying the spray, wait a few minutes.
- Wear protective goggles.

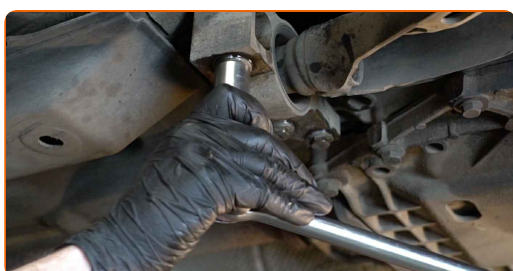
- 7 Unscrew the fastener connecting the ball joint to the suspension control arm. Use a drive socket #16. Use a tap wrench.



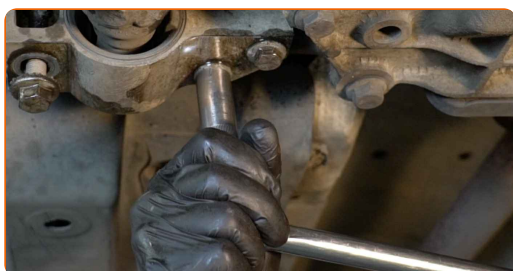
- 8 Unscrew the front arm fastener. Use a drive socket #18. Use a tap wrench.



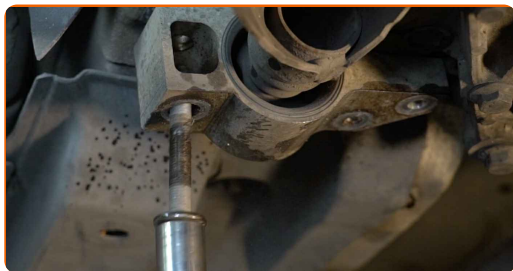
- 9 Unscrew the rear fastener connecting the control arm to the car body. Use a drive socket #18. Use a tap wrench.



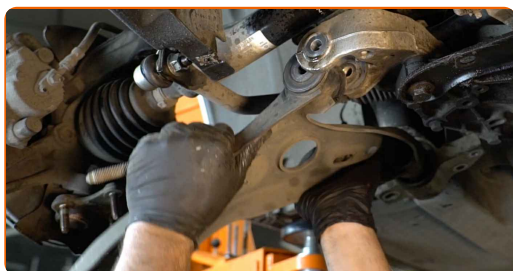
- 10 Unscrew the rear fastener connecting the control arm to the subframe. Use a drive socket #16. Use a tap wrench.



11 Remove the fastening bolts. Use a drive socket #18. Use a drive socket #16.



12 Remove the arm.



13 Clean the mounting seats and the thread of the suspension arm. Use a wire brush. Use WD-40 spray.



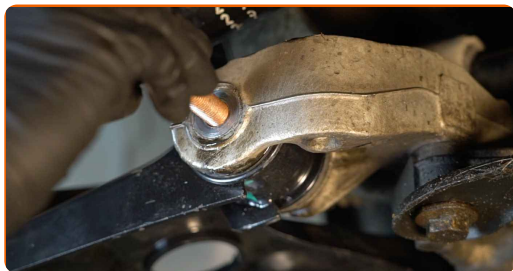
14 Install a new arm.



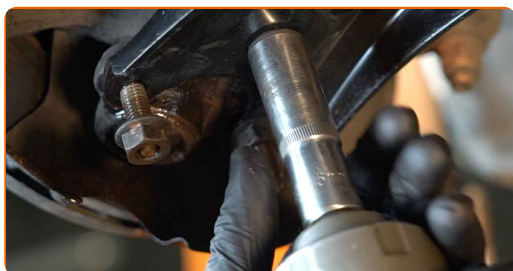
Replacement: front lower arm – SEAT Altea (5P1). AUTODOC recommends:

- During the installation process, use only new bolts and nuts.

15 Install the front fastener of the arm.



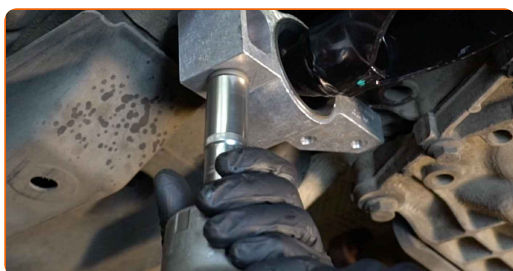
16 Screw the fasteners of the ball joint. Use a drive socket #16. Use a ratchet wrench.



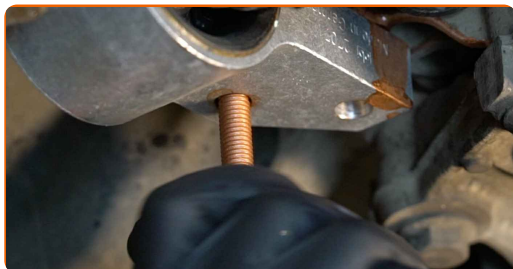
17 Install the rear fastener of the arm.



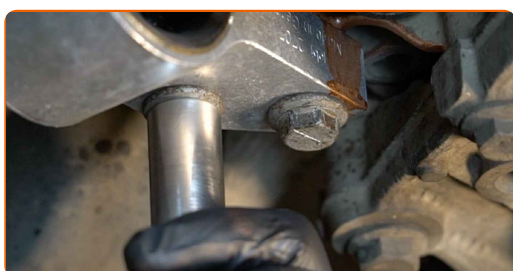
18 Screw the rear fastener connecting the control arm to the car body. Use a combination spanner #18. Use a drive socket #18. Use a ratchet wrench.



19 Install the rear fastener of the arm.



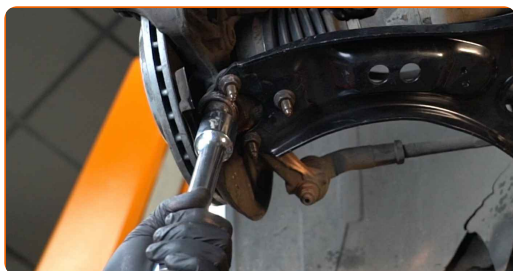
20 Screw the rear fastener connecting the control arm to the subframe. Use a combination spanner #16. Use a drive socket #16. Use a ratchet wrench.



21 Screw the front arm fastener. Use a drive socket #18. Use a ratchet wrench.

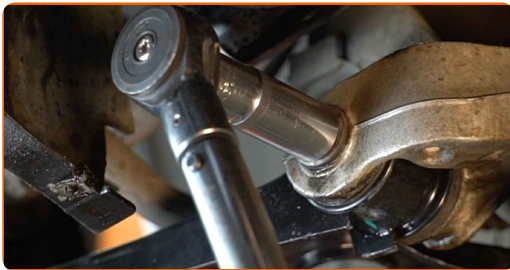


22 Support the arm. Use a hydraulic transmission jack.



23

Tighten the front fastener connecting the control arm to the subframe. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque.+180°

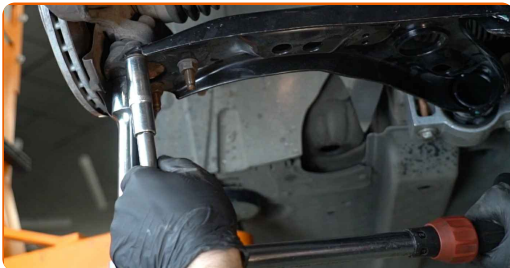


AUTODOC recommends:

- Important! Be sure to use new fasteners.

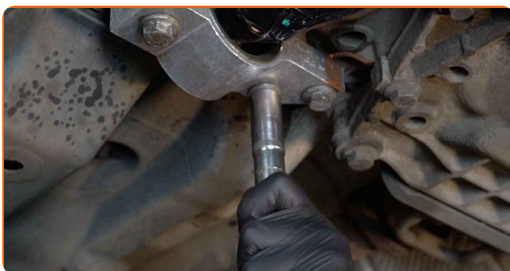
24

Tighten the ball joint fastener. Use a drive socket #16. Use a torque wrench. Tighten it to 60 nm torque.



25

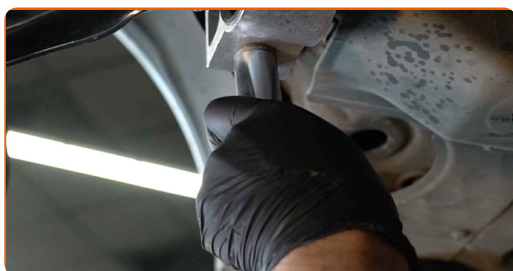
Tighten the rear fastener connecting the arm to the body subframe. Use a drive socket #16. Use a torque wrench. Tighten it to 50 Nm torque.+90°



AUTODOC recommends:

- Important! Be sure to use new fasteners.

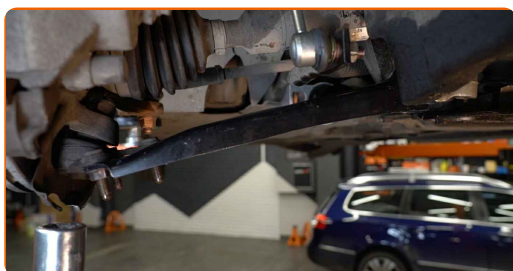
- 26** Tighten the rear fastener connecting the arm to the car body. Use a drive socket #18. Use a torque wrench. Tighten it to 70 Nm torque. +90°



AUTODOC recommends:

- Important! Be sure to use new fasteners.

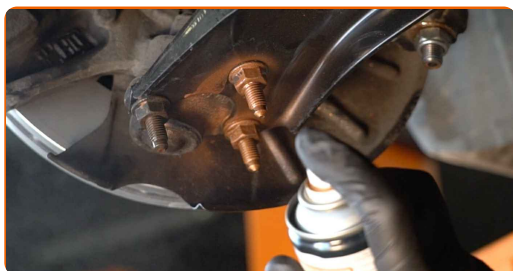
- 27** Remove the support from under the arm.



AUTODOC recommends:

- Replacement: front lower arm – SEAT Altea (5P1). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

28 Treat all joints of the arm. Use copper grease.



29 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



30 Clean the brake disk surface. Use a brake cleaner.



Replacement: front lower arm – SEAT Altea (5P1). Professionals recommend:

- After applying the spray, wait a few minutes.

31 Install the wheel.



Replacement: front lower arm – SEAT Altea (5P1). Tip from AUTODOC:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

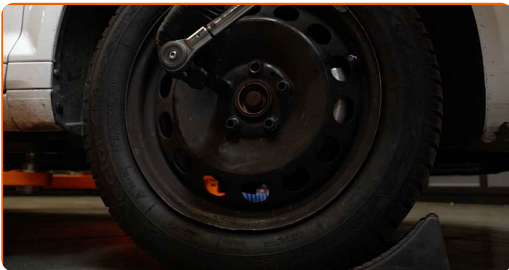
32

Screw in the wheel bolts. Use wheel impact socket #17.



33

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



34

Remove the jacks and chocks.



WELL DONE! 

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