



How to change rear anti roll bar bushes on **SEAT Alhambra (7V8, 7V9)** – replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

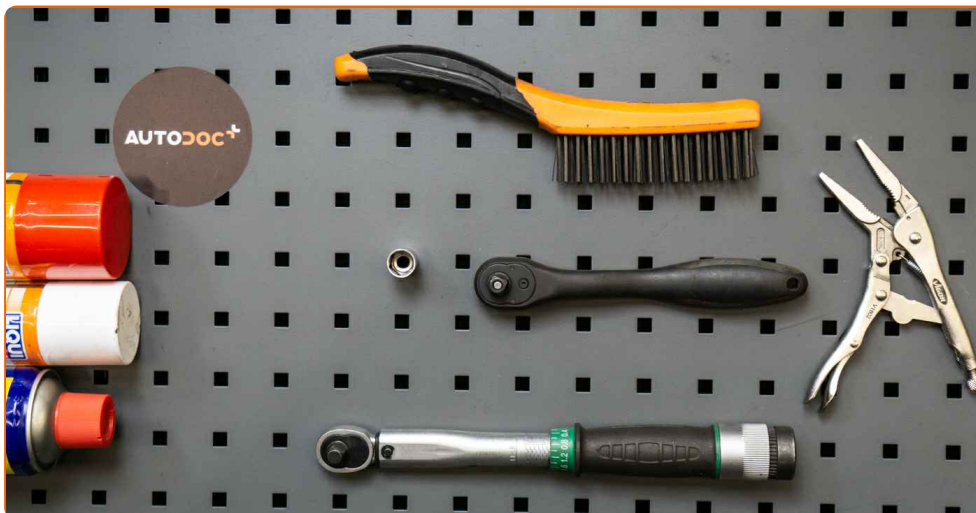
This replacement procedure can be used for:

SEAT Alhambra (7V8, 7V9) 2.0 i, SEAT Alhambra (7V8, 7V9) 1.9 TDI, SEAT Alhambra (7V8, 7V9) 1.8 T 20V, SEAT Alhambra (7V8, 7V9) 2.8 V6, SEAT Alhambra (7V8, 7V9) 2.8 V6 4motion, SEAT Alhambra (7V8, 7V9) 1.9 TDI 4motion, SEAT Alhambra (7V8, 7V9) 2.0 TDI

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: VW SHARAN (7M8, 7M9, 7M6) 1.9 TDI

REPLACEMENT: ANTI ROLL BAR BUSHES – SEAT ALHAMBRA (7V8, 7V9). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Drive socket # 13
- Ratchet wrench
- Torque wrench
- Flat Screwdriver
- Water pump pliers
- Hydraulic transmission jack

**Buy tools**

Replacement: anti roll bar bushes – SEAT Alhambra (7V8, 7V9). Tip from AUTODOC:

- Both stabilizer bushes should be replaced simultaneously.
- The replacement procedure is identical for the right and left stabilizer bushes.
- All work should be done with the engine stopped.

## REPLACEMENT: ANTI ROLL BAR BUSHES – SEAT ALHAMBRA (7V8, 7V9). RECOMMENDED SEQUENCE OF STEPS:

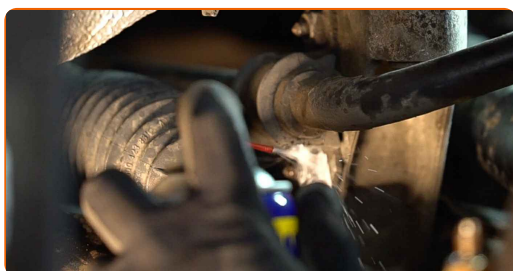
1

Lift the car using a jack or place it over an inspection pit.

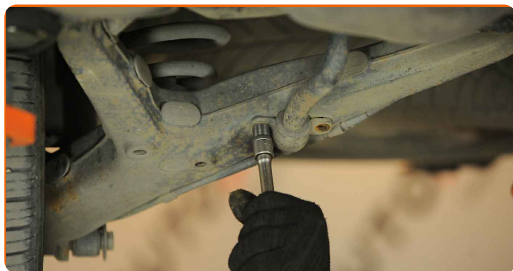


2

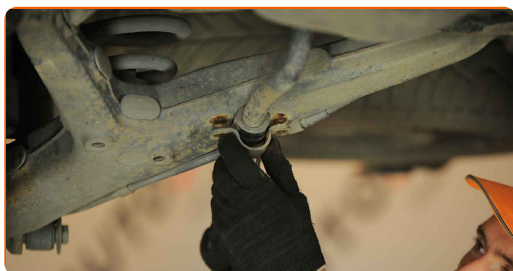
Clean the fasteners of the stabilizer bush brackets. Use a wire brush. Use WD-40 spray.



**3** Unscrew the fasteners of the stabilizer bush brackets. Use a drive socket #13. Use a ratchet wrench.



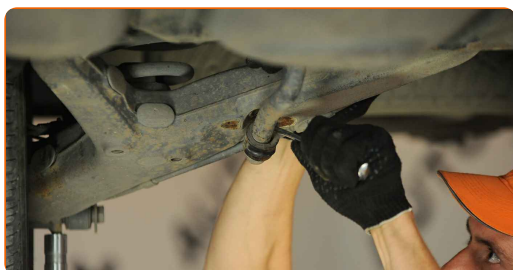
**4** Remove the stabilizer bush brackets. Use a flat screwdriver.



**5** Secure the rear axle beam. Use a hydraulic transmission jack.



**6** Remove the stabilizer bushes. Use a flat screwdriver. Use water pump pliers.



**7** Clean the mounting seats of the stabilizer bushes. Use a wire brush. Use WD-40 spray.

**8** Install the new stabilizer bushes. Use a flat screwdriver.

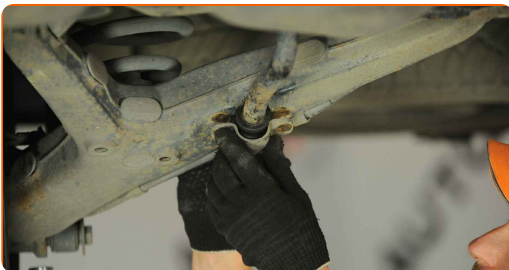


**9** Remove the mounting from under the rear axle beam.

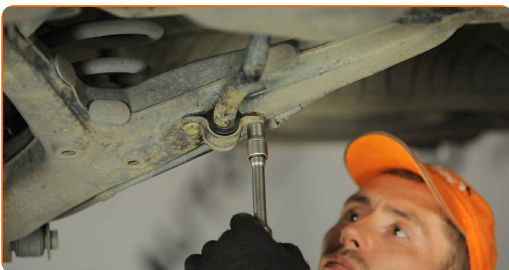
**AUTODOC recommends:**

- Replacement: anti roll bar bushes – SEAT Alhambra (7V8, 7V9). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

**10** Install the stabilizer bush brackets.



**11** Screw the fasteners of the stabilizer bush brackets. Use a drive socket #13. Use a torque wrench. Tighten it to 35 nm torque.



**12** Treat the fasteners of the stabilizer bush brackets. Use copper grease.

13

Lower the car.



**WELL DONE!** 

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**ANTI ROLL BAR BUSHES: A WIDE SELECTION**

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