



How to change front anti
roll bar links on **OPEL**
Zafira B Van (A05) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

OPEL Zafira B Van (A05) 1.7 CDTI (M75), OPEL Zafira B Van (A05) 1.6 CNG Turbo (M75), OPEL Zafira B Van (A05) 1.8 (M75), OPEL Zafira B Van (A05) 1.9 CDTI (M75), OPEL Zafira B Van (A05) 2.2 DGi (M75), OPEL Zafira B Van (A05) 2.0 (M75), OPEL Zafira B Van (A05) 1.6 CNG (M75)

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: OPEL Astra G CC (T98) 1.2 16V (F08, F48)

REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ZAFIRA B VAN (A05). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Drive socket # 18
- Combination spanner #19
- Wheel impact socket #17
- Torque wrench
- Wheel chock

[Buy tools](#)

AUTODOC recommends:

- Replace the stabiliser links on OPEL Zafira B Van (A05) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

**REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ZAFIRA B VAN (A05).
RECOMMENDED SEQUENCE OF STEPS:**

1 Secure the wheels with chocks.



2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



AUTODOC recommends:

- Important! Hold the wheel while unscrewing the fastening bolts. OPEL Zafira B Van (A05)

5

Remove the wheel.



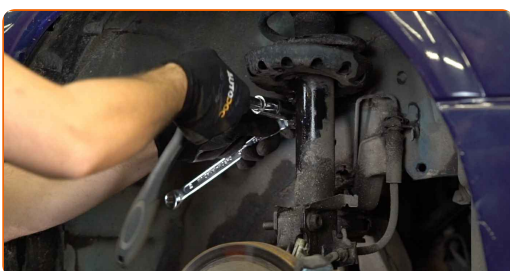
6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



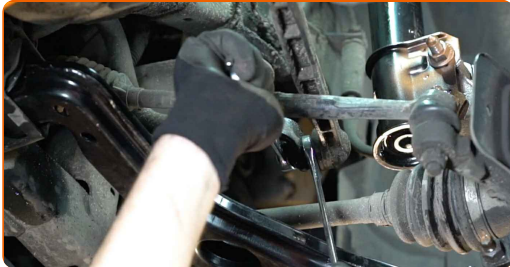
7

Unscrew the nut and remove the stabilizer rod from the shock strut. Use a combination spanner #19. Use a drive socket #18.

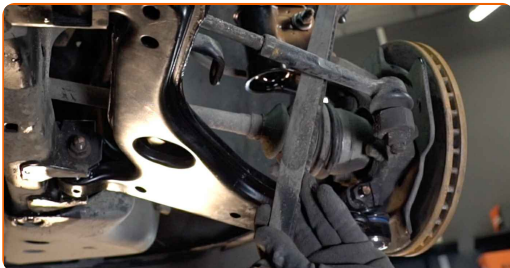


8 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

9 Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #19. Use a drive socket #18.



10 Remove the stabilizer rod.



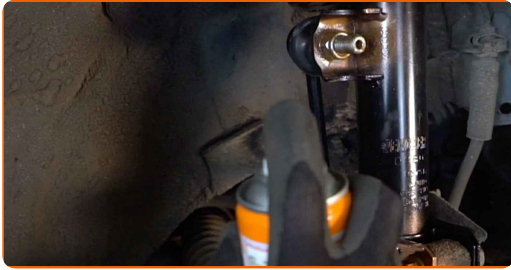
11.1 Install a new rod, tighten the fasteners.



11.2 Use a combination spanner #19. Use a drive socket #18. Use a torque wrench. Tighten it to 65 Nm torque.



12 Treat all joints of the stabiliser link. Use copper grease.



13 Clean the wheel rim mounting seat. Use a wire brush. Treat the contacting surface. Use copper grease.



14 Install the wheel.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. OPEL Zafira B Van (A05)

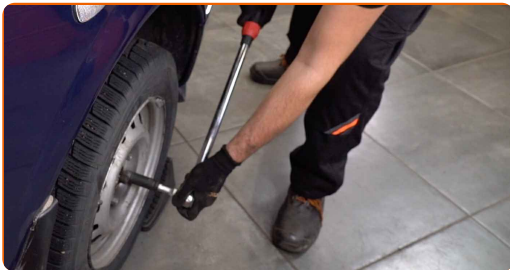
15

Screw in the wheel bolts. Use wheel impact socket #17.



16

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 Nm torque.



17

Remove the jacks and chocks.



WELL DONE! 👍

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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