



How to change front anti  
roll bar links on **OPEL**  
**Astra H TwinTop (A04)** –  
replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

#### **ⓘ Important!**

This replacement procedure can be used for:

OPEL Astra H TwinTop (A04) 1.6 (L67), OPEL Astra H TwinTop (A04) 1.8 (L67), OPEL Astra H TwinTop (A04) 2.0 Turbo (L67), OPEL Astra H TwinTop (A04) 1.9 CDTi (L67), OPEL Astra H TwinTop (A04) 1.6 Turbo (L67), OPEL Astra H TwinTop (A04) 1.4

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: OPEL ZAFIRA B (A05) 1.8 (M75)

REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA  
H TWINTOP (A04). TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Combination spanner #19
- Drive socket # 19
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

**Buy tools**

**AUTODOC recommends:**

- Replace the stabiliser links on OPEL Astra H TwinTop (A04) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

**REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA H TWINTOP (A04). USE THE FOLLOWING PROCEDURE:**

**1** Secure the wheels with chocks.



**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.

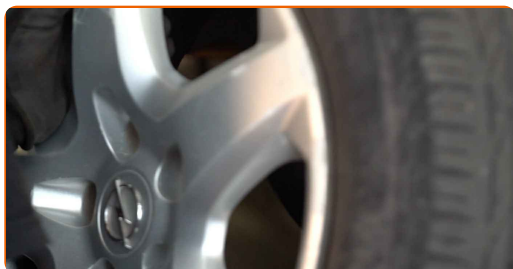


**AUTODOC recommends:**

- Important! Hold the wheel while unscrewing the fastening bolts. OPEL Astra H TwinTop (A04)

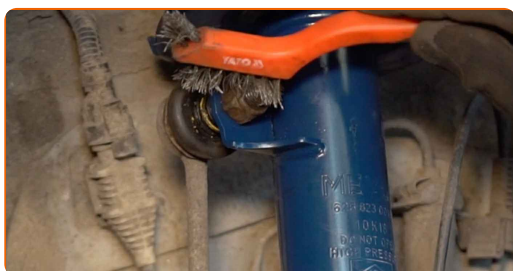
5

Remove the wheel.

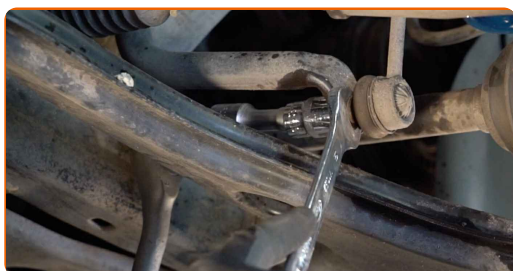


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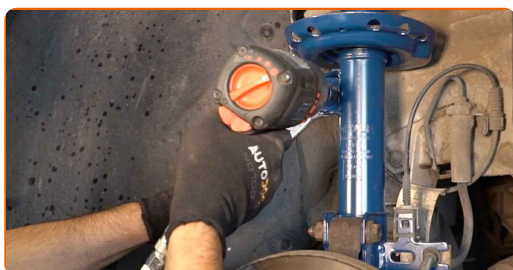
Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



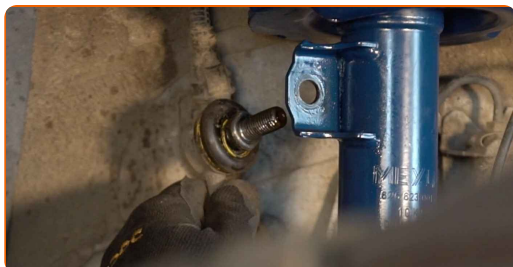
- 7** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #19. Use a drive socket #19. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #19. Use a drive socket #19. Use a ratchet wrench.



- 9** Remove the stabilizer rod.



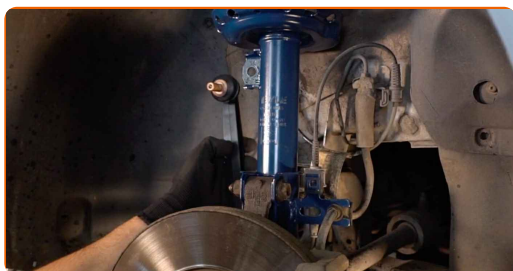
Replacement: anti roll bar links – OPEL Astra H TwinTop (A04). Tip:

- Examine stabiliser bushes. Replace them if needed.

**10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



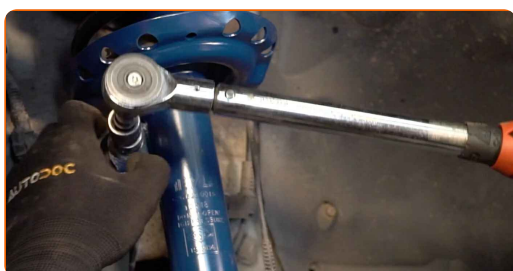
**11** Install a new rod, tighten the fasteners.



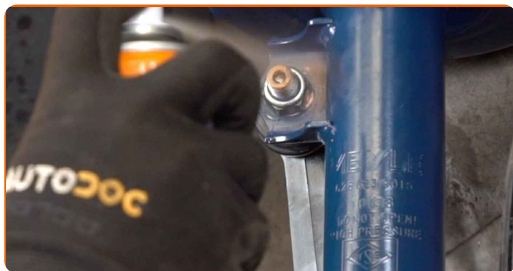
**12** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #19. Use a torque wrench. Tighten it to 55 Nm torque.



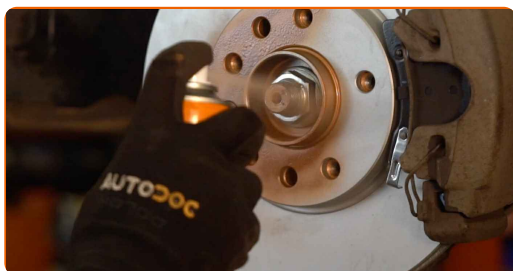
**13** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #19. Use a torque wrench. Tighten it to 55 Nm torque.



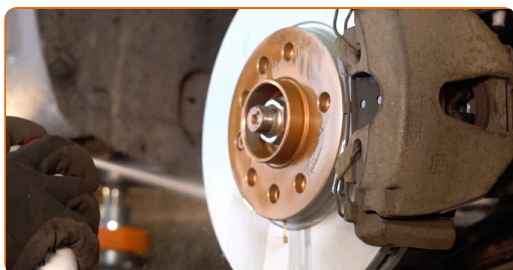
**14** Treat all joints of the stabiliser link. Use copper grease.



**15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



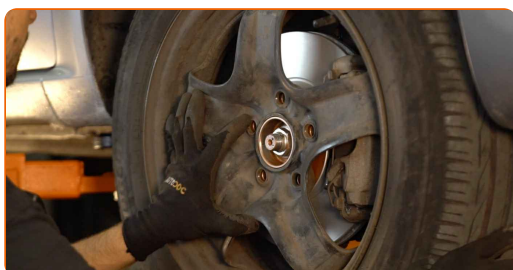
**16** Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – OPEL Astra H TwinTop (A04). After applying the spray, wait a few minutes.

**17** Install the wheel.



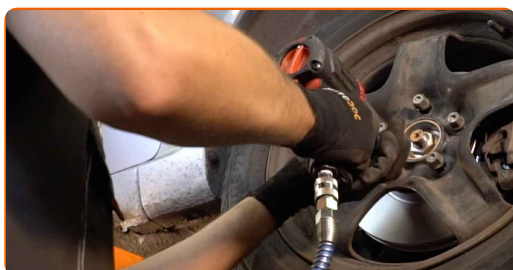


AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. OPEL Astra H TwinTop (A04)

18

Screw in the wheel bolts. Use wheel impact socket #17.



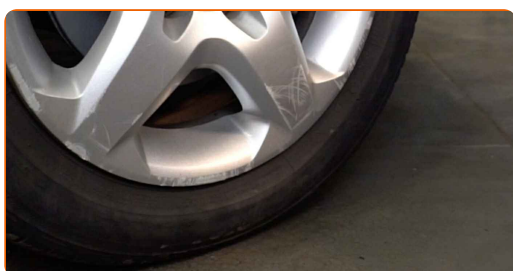
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 nm torque.



20

Remove the jacks and chocks.



**WELL DONE!** 

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