



How to change front anti
roll bar links on **OPEL**
Astra G Van (F70) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

i Important!

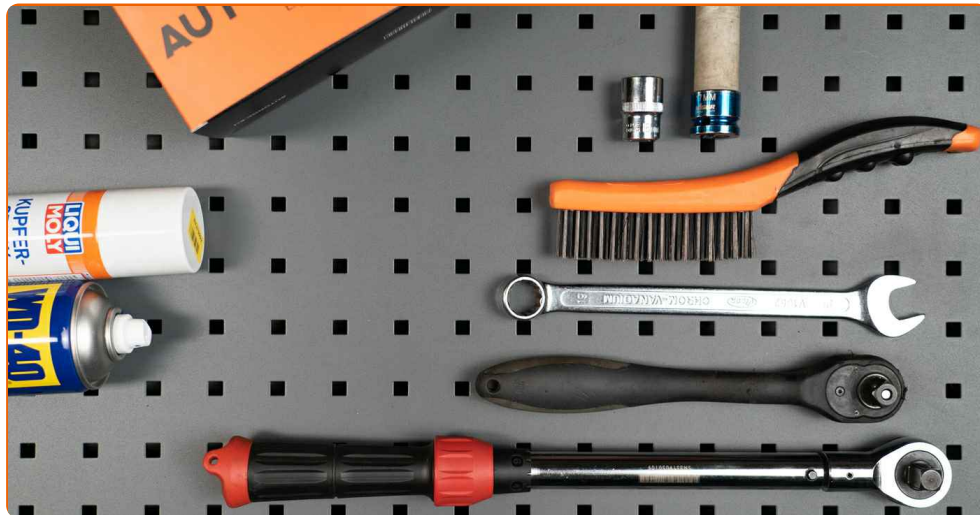
This replacement procedure can be used for:

OPEL Astra G Van (F70) 1.6 (F70), OPEL Astra G Van (F70) 1.7 TD (F70), OPEL Astra G Van (F70) 2.0 DI (F70), OPEL Astra G Van (F70) 1.7 DTI 16V (F70), OPEL Astra G Van (F70) 1.7 CDTi (F70), OPEL Astra G Van (F70) 1.4 (F70), OPEL Astra G Van (F70) 2.0 DTI (F70), OPEL Astra G Van (F70) 1.2 (F70)

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: OPEL Astra G CC (T98) 1.2 16V (F08, F48)

REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA
G VAN (F70). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Drive socket # 18
- Combination spanner #19
- Wheel impact socket #17
- Torque wrench
- Wheel chock

Buy tools

AUTODOC recommends:

- Replace the stabiliser links on OPEL Astra G Van (F70) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

**REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA G VAN (F70).
RECOMMENDED SEQUENCE OF STEPS:**

1 Secure the wheels with chocks.



2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.

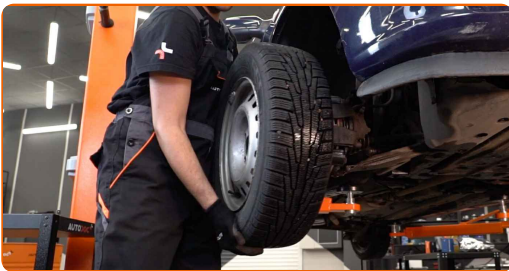


AUTODOC recommends:

- Important! Hold the wheel while unscrewing the fastening bolts. OPEL Astra G Van (F70)

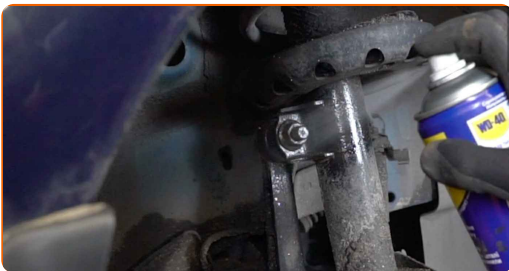
5

Remove the wheel.



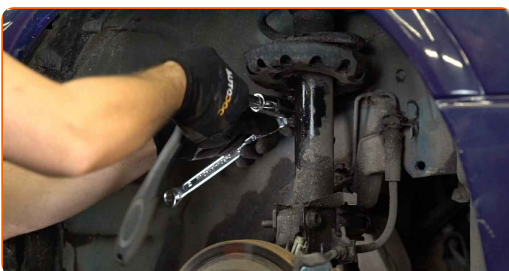
6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

Unscrew the nut and remove the stabilizer rod from the shock strut. Use a combination spanner #19. Use a drive socket #18.



8 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

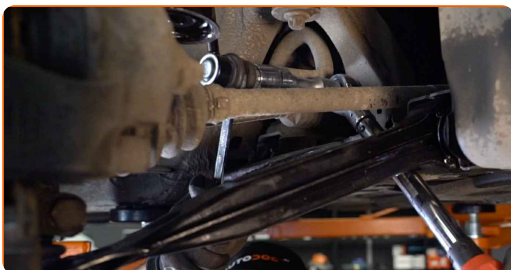
9 Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #19. Use a drive socket #18.



10 Remove the stabilizer rod.



11.1 Install a new rod, tighten the fasteners.



11.2 Use a combination spanner #19. Use a drive socket #18. Use a torque wrench. Tighten it to 65 Nm torque.



12 Treat all joints of the stabiliser link. Use copper grease.



13 Clean the wheel rim mounting seat. Use a wire brush. Treat the contacting surface. Use copper grease.



14 Install the wheel.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. OPEL Astra G Van (F70)

15

Screw in the wheel bolts. Use wheel impact socket #17.



16

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 Nm torque.



17

Remove the jacks and chocks.



WELL DONE! 👍

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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