



How to change front anti roll bar links on **VW Lupo 6X1** – replacement guide

## VIDEO TUTORIAL



### Important!

This replacement procedure can be used for:

VW Polo Hatchback (6N1) 1.3, VW Polo Hatchback (6N1) 1.6, VW Polo Hatchback (6N1) 1.0, VW Polo Hatchback (6N1) 1.9 D, VW Polo Hatchback (6N1) 1.4, VW Polo Hatchback (6N1) 1.4 16V, VW Polo Hatchback (6N1) 1.7 SDI, VW Lupo (6X1, 6E1) 1.0, VW Lupo (6X1, 6E1) 1.4 16V, VW Lupo (6X1, 6E1) 1.7 SDI, VW Polo Hatchback (6N1) 1.6 16V GTI, VW Lupo (6X1, 6E1) 1.2 TDI 3L, VW POLO (6N2) 1.4 16V, VW POLO (6N2) 1.6 16V GTI, VW POLO (6N2) 1.4 TDI, (+ 9)

---

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – VW LUPO 6X1.  
TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Drive socket # 13
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Crow bar
- Wheel chock

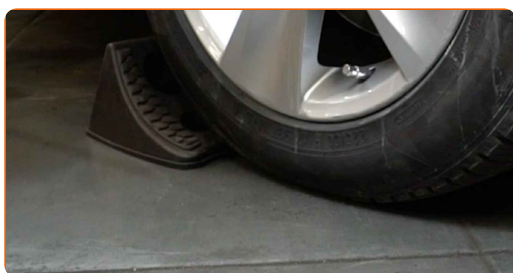
**BUY TOOLS**

Replacement: anti roll bar links – VW Lupo 6X1. Tip from AUTODOC experts:

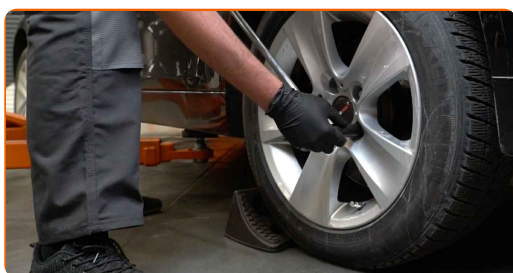
- Replace the stabiliser links on VW Lupo 6X1 in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

**1** Secure the wheels with chocks.



**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the front of the car and secure on supports.



4

Unscrew the wheel bolts.



Replacement: anti roll bar links – VW Lupo 6X1. Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

5

Remove the wheel.

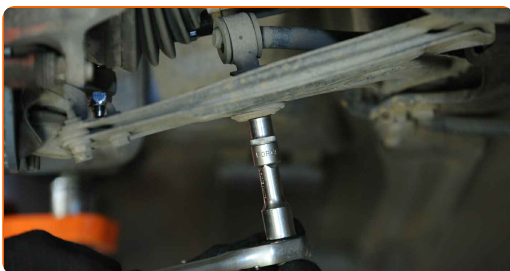


6

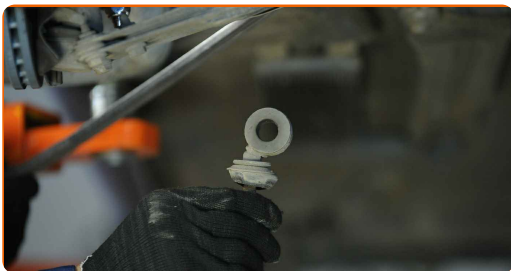
Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

7

Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #13. Use a ratchet wrench.

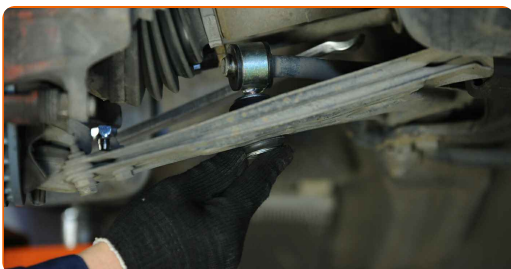


**8** Remove the stabilizer rod. Use a crowbar.



**9** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.

**10** Install a new rod, tighten the fasteners. Use a crowbar.

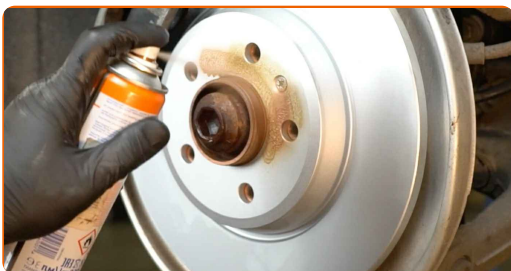


**11** Tighten the fastener connecting the stabilizer bar with the control arm. Use a drive socket #13. Use a torque wrench. Tighten it to 25 Nm torque.



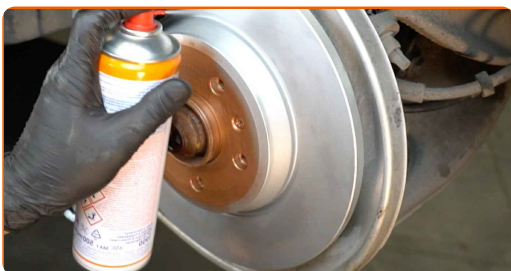
**12** Treat all joints of the stabiliser link. Use copper grease.

**13** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



14

Clean the brake disk surface. Use a brake cleaner.



Replacement: anti roll bar links – VW Lupo 6X1. AUTODOC experts recommend:

- After applying the spray, wait a few minutes.

15

Install the wheel.



AUTODOC recommends:

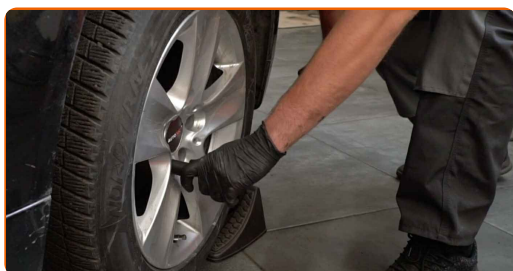
- Important! Hold the wheel while screwing in the fastening bolts. VW Lupo 6X1

16

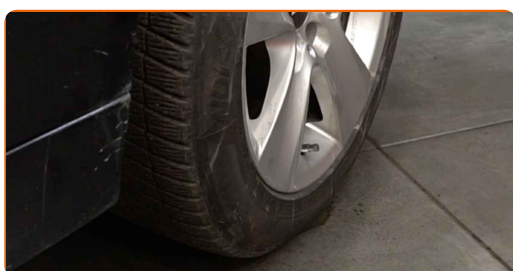
Screw in the wheel bolts. Use wheel impact socket #17.



- 17** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 nm torque.



- 18** Remove the jacks and chocks.



**WELL DONE!** 

**VIEW MORE TUTORIALS**



# AUTODOC – TOP QUALITY AND AFFORDABLE CAR PARTS ONLINE

**AUTODOC MOBILE APP: GREAT DEALS AND CONVENIENT SHOPPING**



**+ AUTODOC**

GET IT ON  **Google Play**

 **Download on the App Store**

**Download**

**A GREAT SELECTION OF SPARE PARTS FOR YOUR CAR**

**BUY SPARE PARTS FOR VW**

**ANTI ROLL BAR LINKS: A WIDE SELECTION**

**CHOOSE CAR PARTS FOR VW LUPO 6X1**

**ANTI ROLL BAR LINKS FOR VW: BUY NOW**

**ANTI ROLL BAR LINKS FOR VW LUPO 6X1: THE BEST DEALS  
& OFFERS**

### **DISCLAIMER:**

The document contains only general recommendations that may be useful for you when you perform repair or replacement work. AutoDoc shall not be liable for any loss, injury, damage of property occurring in the repair or replacement process due to incorrect use or misinterpretation of the provided information.

AutoDoc shall not be liable for any possible mistakes and uncertainties in this guide. The information provided is for information purposes only and cannot replace advice from specialists.

AutoDoc shall not be liable for incorrect or hazardous usage of equipment, tools and car parts. AutoDoc strongly recommends to be careful and observe the safety rules when performing repair or replacement works. Remember: usage of low quality auto parts does not guarantee you the appropriate level of road safety.

© Copyright 2022 – All the contents of this website, in particular texts, photographs and graphics, are protected by copyright. All rights, including reproduction, publication, editing and translation rights, are reserved by Autodoc GmbH.