



How to change front anti
roll bar links on **Fiat**
Panda 169 – replacement
guide

VIDEO TUTORIAL



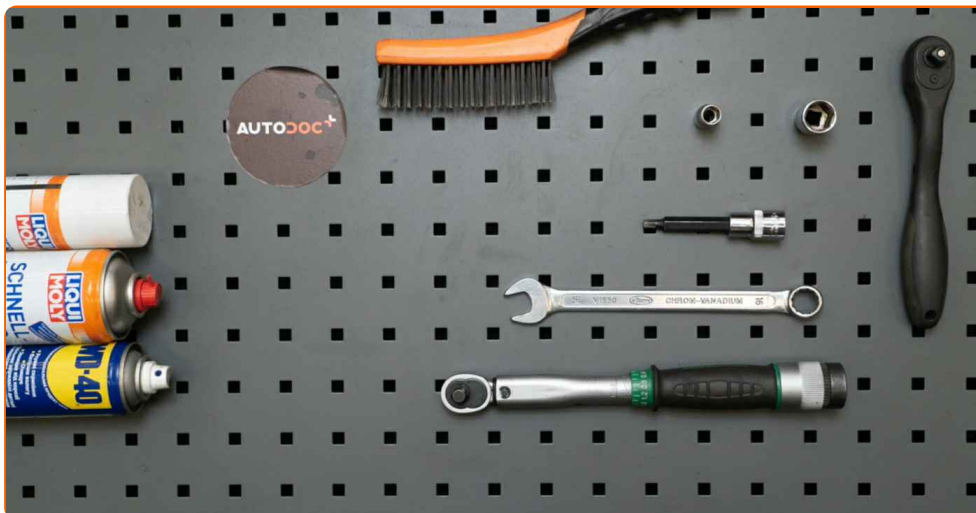
Important!

This replacement procedure can be used for:

FIAT PANDA (169) 1.2, FIAT PANDA (169) 1.4 Natural Power, FIAT PANDA (169) 1.3 D Multijet 4x4, FIAT PANDA (169) 1.2 4x4, FIAT PANDA (169) 1.2 LPG, FIAT PANDA Van (169) 1.4 Natural Power, FIAT PANDA Van (169) 1.2, FIAT PANDA Van (169) 1.2 4x4, FIAT PANDA Van (169) 1.3 D Multijet 4x4, FIAT PANDA Van (169) 1.2 LPG, FIAT PANDA (169) 1.1, FIAT PANDA (169) 1.3 D Multijet, FIAT PANDA (169) 1.4, FIAT PANDA (169) 1.2 Natural Power, FIAT PANDA Van (169) 1.3 D Multijet, (+ 2)

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – FIAT PANDA
169. TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #16
- Drive socket # 16
- Drive socket # 17
- HEX bit No.H6.
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

BUY TOOLS

Replacement: anti roll bar links – Fiat Panda 169. AUTODOC recommends:

- Replace the stabiliser links on Fiat Panda 169 in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – Fiat Panda 169 – should be done with the engine switched off.

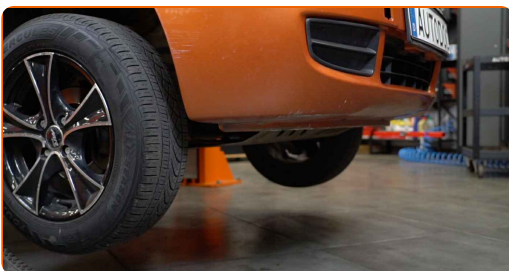
CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #17.



3 Raise the front of the car and secure on supports.



4

Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
Fiat Panda 169

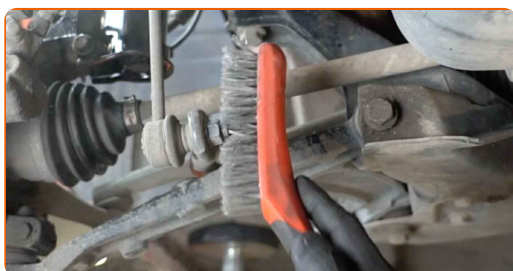
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Remove the wheel.

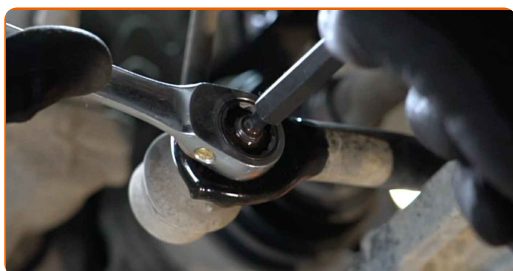


6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use HEX No.H6. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #16. Use a ratchet wrench.



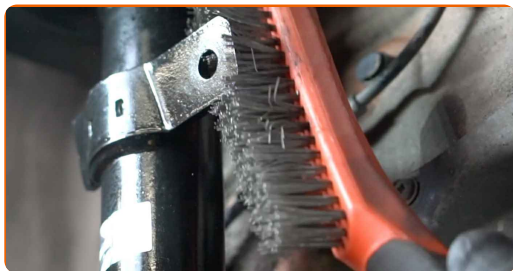
- 9** Remove the stabilizer rod.



Replacement: anti roll bar links – Fiat Panda 169. Tip:

- Examine stabiliser bushes. Replace them if needed.

10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



11 Install a new rod, tighten the fasteners.



12 Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 23 Nm torque.



13 Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 23 Nm torque.



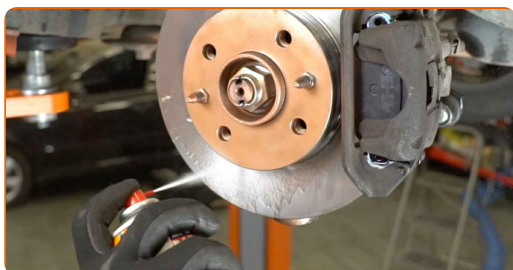
14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



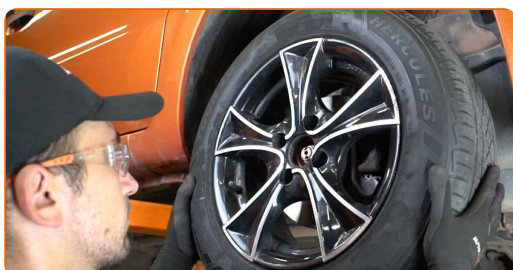
16 Clean the brake disc surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – Fiat Panda 169. After applying the spray, wait a few minutes.

17 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. Fiat Panda 169

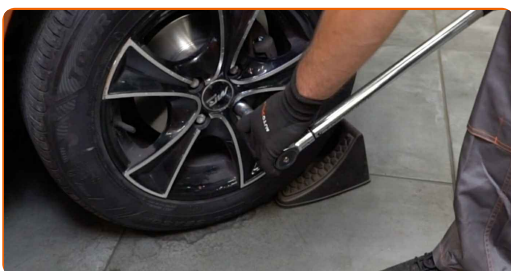
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Screw in the wheel bolts. Use wheel impact socket #17.



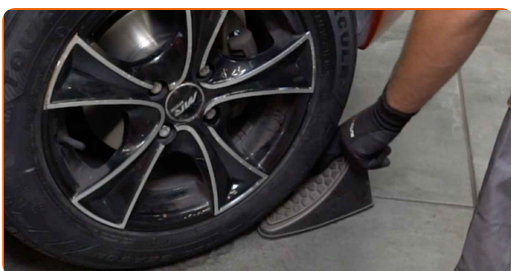
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 98 nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

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