



How to change front anti  
roll bar links on **Opel**  
**Astra H Caravan** –  
replacement guide

## VIDEO TUTORIAL

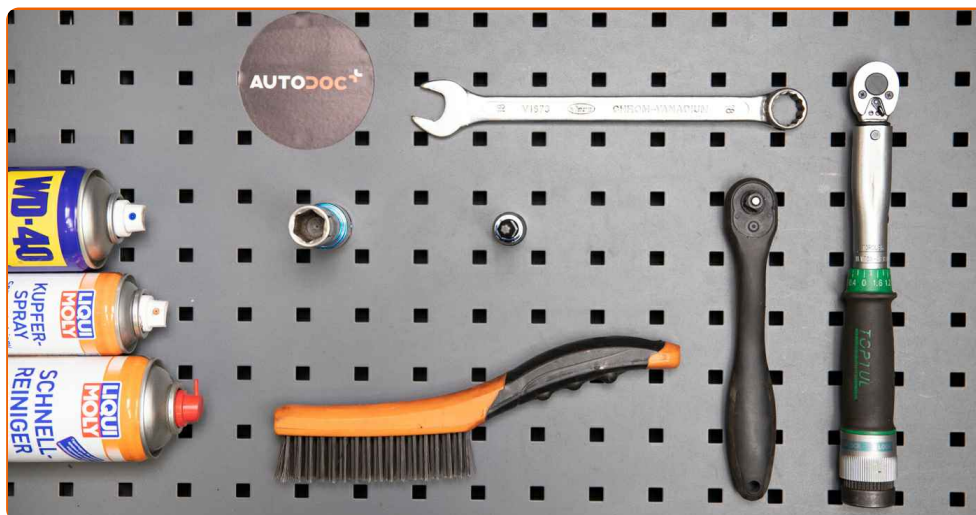
** Important!**

This replacement procedure can be used for:

OPEL Astra H Caravan (A04) 1.6 LPG (L35), OPEL Astra H Caravan (A04) 1.4 LPG (L35), OPEL Astra G CC (T98) 1.2 16V (F08, F48), OPEL Astra G CC (T98) 1.6 (F08, F48), OPEL Astra G CC (T98) 1.6 16V (F08, F48), OPEL Astra G CC (T98) 1.8 16V (F08, F48), OPEL Astra G CC (T98) 2.0 16V (F08, F48), OPEL Astra G CC (T98) 1.7 TD (F08, F48), OPEL Astra G CC (T98) 2.0 DI (F08, F48), OPEL Astra G Caravan (T98) 1.2 16V (F35), OPEL Astra G Caravan (T98) 1.6 (F35), OPEL Astra G Caravan (T98) 1.6 16V (F35), OPEL Astra G Caravan (T98) 1.8 16V (F35), OPEL Astra G Caravan (T98) 2.0 16V (F35), OPEL Astra G Caravan (T98) 1.7 TD (F35), (+ 158)

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – OPEL ASTRA  
H CARAVAN. TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #18
- Torx bit T30
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

**BUY TOOLS**

Replacement: anti roll bar links – Opel Astra H Caravan. AUTODOC recommends:

- Replace the stabiliser links on Opel Astra H Caravan in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Warning! Shut down the engine before starting any work – Opel Astra H Caravan.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

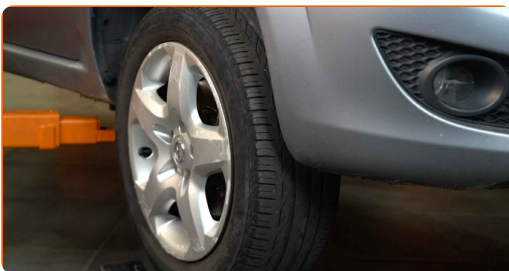
**1** Secure the wheels with chocks.



**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the front of the car and secure on supports.



**4** Unscrew the wheel bolts.



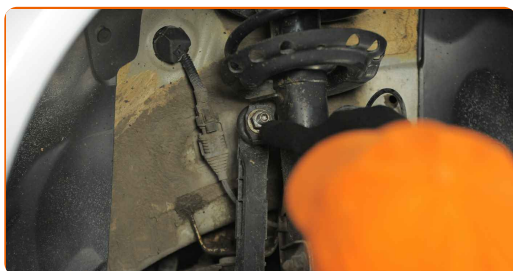
**Replacement: anti roll bar links – Opel Astra H Caravan. Tip:**

- To avoid injury, hold up the wheel when unscrewing the bolts.

**5** Remove the wheel.



**6** Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



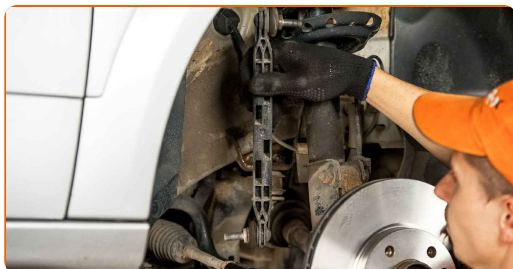
- 7 Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use Torx T30. Use a ratchet wrench.



- 8 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use Torx T30. Use a ratchet wrench.

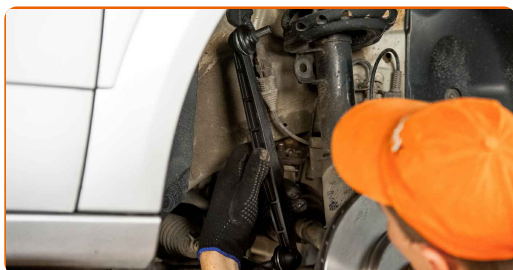


- 9 Remove the stabilizer rod.



- 10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.

- 11 Install a new rod, tighten the fasteners.



- 12** Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #18. Use Torx T30. Use a torque wrench. Tighten it to 60 Nm torque.

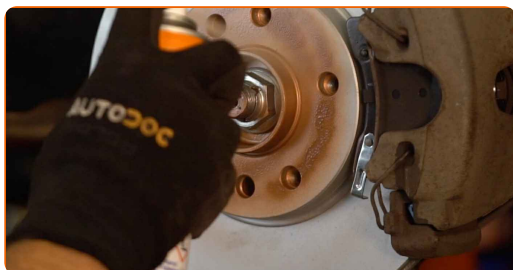


- 13** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #18. Use Torx T30. Use a torque wrench. Tighten it to 60 Nm torque.



- 14** Treat all joints of the stabiliser link. Use copper grease.

- 15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



- 16** Clean the brake disk surface. Use a brake cleaner.





Replacement: anti roll bar links – Opel Astra H Caravan. AUTODOC experts recommend:

- After applying the spray, wait a few minutes.

17

Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. Opel Astra H Caravan

18

Screw in the wheel bolts. Use wheel impact socket #17.



19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 nm torque.





20

Remove the jacks and chocks.



**WELL DONE!** 

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