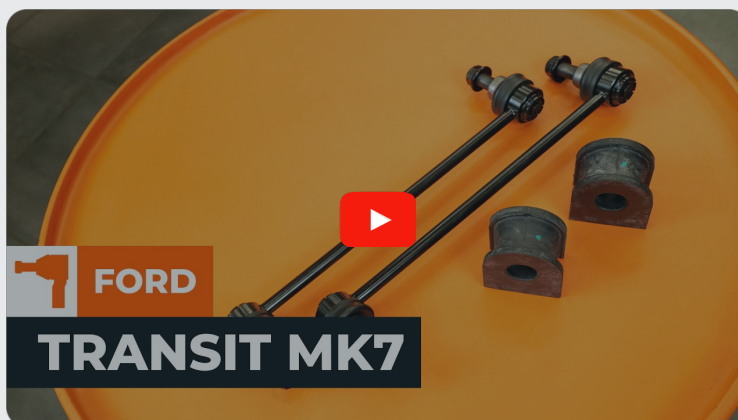




How to change the front  
anti-roll bar links on the  
**FORD Transit Mk5 Van**  
**(V184, V185) –**  
replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

#### **ⓘ Important!**

This replacement procedure can be used for:

FORD TRANSIT Box (FA\_ \_) 2.4 DI, FORD TRANSIT Box (FA\_ \_) 2.4 DI RWD (FAA\_, FAB\_, FAC\_, FAD\_), FORD TRANSIT Box (FA\_ \_) 2.0 DI, FORD TRANSIT Box (FA\_ \_) 2.3 16V RWD (FAA\_, FAB\_, FAC\_), FORD TRANSIT Box (FA\_ \_) 2.0 TDCi, FORD TRANSIT Box (FA\_ \_) 2.4 TDE, FORD TRANSIT Box (FA\_ \_) 2.4 TDCi, FORD TRANSIT Box (FA\_ \_) 2.4 TD, FORD TRANSIT Box (FA\_ \_) 2.3

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD TRANSIT MK-7 Box 2.2 TDCi

**REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK5 VAN (V184, V185). TOOLS YOU'LL NEED:**



- Wire brush
- WD-40 spray
- All-purpose cleaning spray
- Ceramic grease
- Torque wrench
- 20 mm combination spanner
- 10 mm socket
- 17 mm socket
- 19 mm socket
- H5 Allen key
- 21 mm wheel impact socket
- Ratchet wrench or power tool for removal/installation of threaded fasteners
- Tommy bar
- Car lift or jack with jack stands, and wheel chocks

**Buy tools**

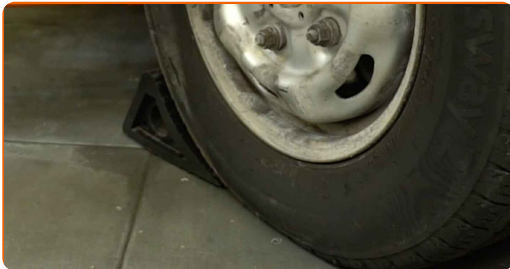
Replacement: anti roll bar links – FORD Transit Mk5 Van (V184, V185).  
AUTODOC recommends:

- Replace the anti-roll bar links and bushes in pairs.
- The replacement procedure is identical for the anti-roll bar links and bushes on both sides of the same axle.
- All the work should be carried out with the ignition switched off.

**REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK5 VAN (V184, V185). RECOMMENDED SEQUENCE OF STEPS:**

1

Secure the wheels with chocks.



2

Loosen the wheel nuts on the front wheels. Use a 21 mm wheel impact socket. Use a tommy bar.



3

Raise the vehicle.

### Warning!

- If you are using a jack, make sure the car is parked on a hard, flat surface.
- Make sure to additionally secure the car with jack stands.

4

Unscrew the nuts on one of the wheels and remove it.

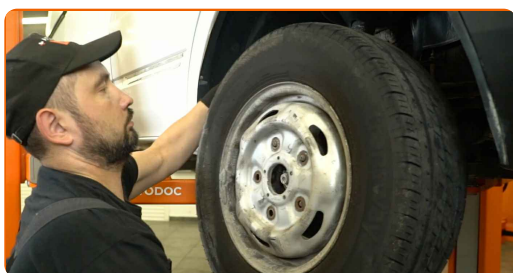


Replacement: anti roll bar links – FORD Transit Mk5 Van (V184, V185). Tip:

- To avoid injury, hold up the wheel when unscrewing the nuts.

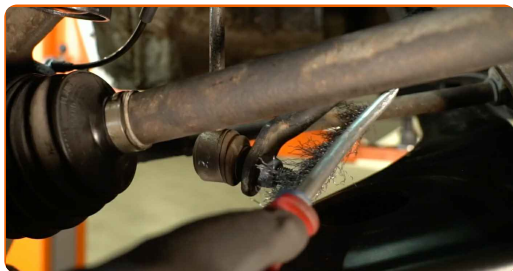
5

Remove the other wheel in the same way.



6

Clean the fasteners of one of the anti-roll bar links. Use a wire brush. Use WD-40 spray.



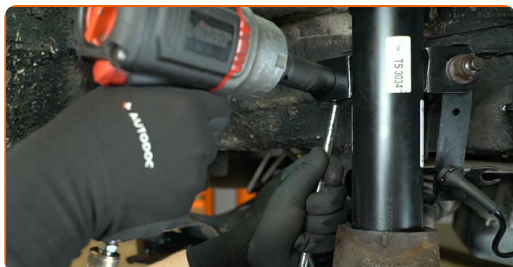
7

Unscrew the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 19 mm combination spanner. Use an H5 Allen key to secure the ball stud. Use a ratchet wrench.



8

Unscrew the fastener connecting the anti-roll bar link to the suspension strut. Use a 19 mm socket. Use a ratchet wrench.

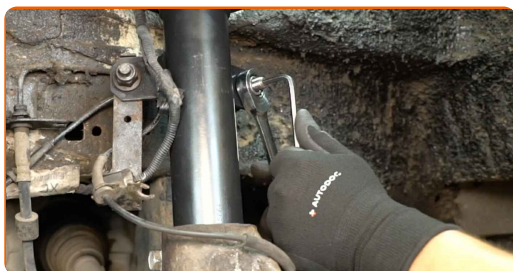


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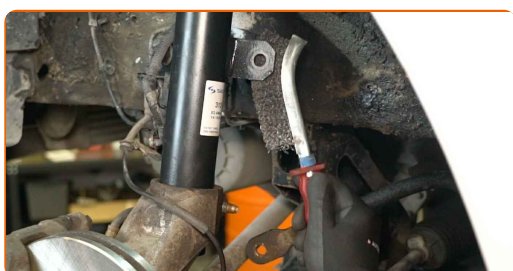
Remove the anti-roll bar link.



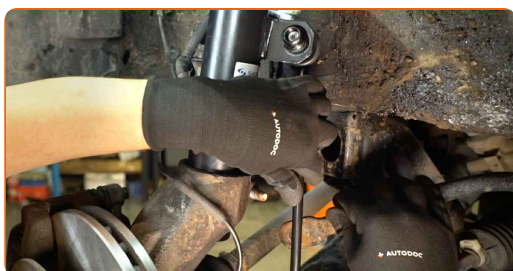
**10** Follow the same steps to remove the other anti-roll bar link.



**11** Clean the mounting seats of the anti-roll bar link on one side of the axle. Use a wire brush. Use an all-purpose cleaning spray.



**12** Install a new anti-roll bar link and its fasteners.

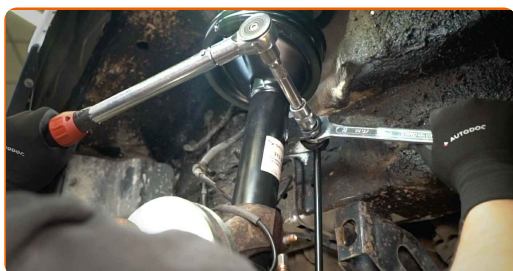


**13** Tighten the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.

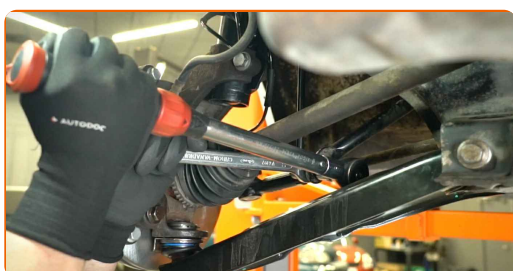




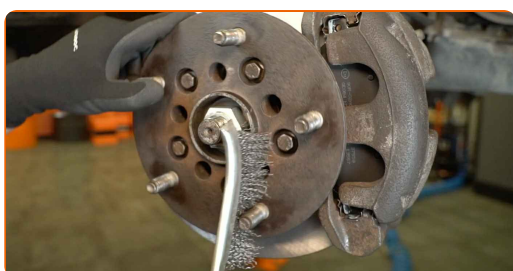
- 14 Tighten the fastener connecting the anti-roll bar link to the suspension strut. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



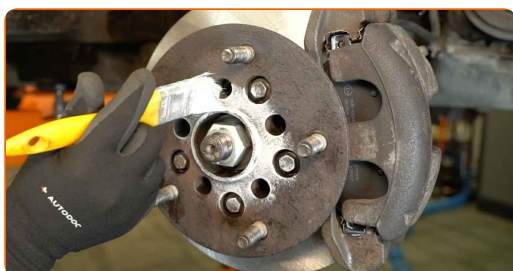
- 15 Follow the same steps to install a new anti-roll bar link on the other side.



- 16 Clean the mounting seat of one of the wheels. Use a wire brush. Use an all-purpose cleaning spray.



- 17 Treat the wheel hub surface that contacts the wheel rim. Use ceramic grease.





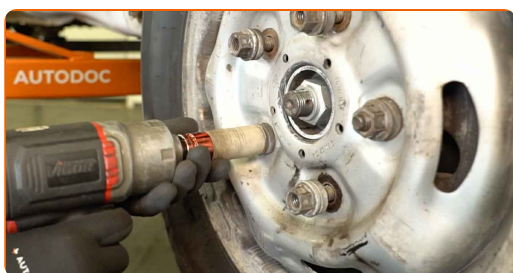
**18** Install the wheel.



Replacement: anti roll bar links – FORD Transit Mk5 Van (V184, V185). Tip from AUTODOC:

- To avoid injury, hold up the wheel when screwing on the fastening nuts.

**19** Screw on the wheel nuts. Use a 21 mm wheel impact socket. Use a ratchet wrench.



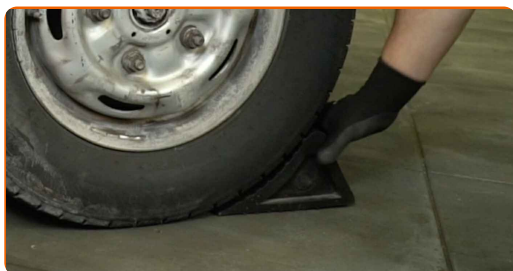
**20** Reinstall the other wheel in the same way.

**21** Lower the car and tighten the wheel nuts in a criss-cross order. Use a 21 mm wheel impact socket. Use a torque wrench. Tightening torque: 200 N·m.



22

Remove the jack, jack stands, and wheel chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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