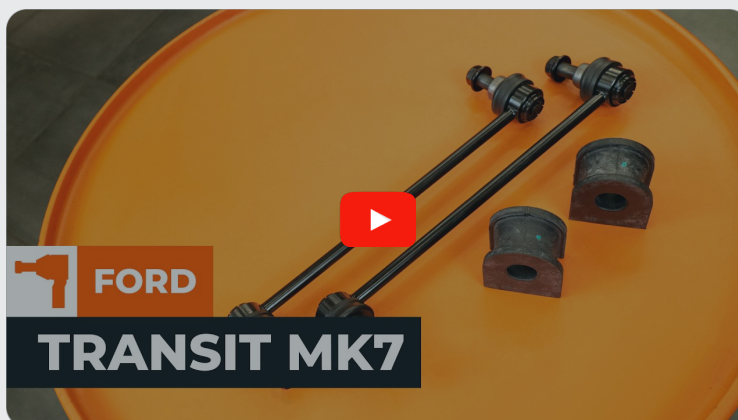




How to change front anti  
roll bar bushes on **FORD**  
**Transit Mk5 Platform /**  
**Chassis (V184, V185) –**  
replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### **Important!**

This replacement procedure can be used for:

FORD TRANSIT Platform/Chassis (FM\_ \_, FN\_ \_) 2.4 DI, FORD TRANSIT Platform/Chassis (FM\_ \_, FN\_ \_) 2.0 DI, FORD TRANSIT Platform/Chassis (FM\_ \_, FN\_ \_) 2.0 TDCi, FORD TRANSIT Platform/Chassis (FM\_ \_, FN\_ \_) 2.4 TDE

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD Transit Mk6 Box (V347, V348, FA) 2.2 TDCi

## REPLACEMENT: ANTI ROLL BAR BUSHES – FORD TRANSIT MK5 PLATFORM / CHASSIS (V184, V185).

### TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- All-purpose cleaning spray
- Ceramic grease
- Torque wrench
- 20 mm combination spanner
- 10 mm socket
- 17 mm socket
- 19 mm socket
- H5 Allen key
- 21 mm wheel impact socket
- Ratchet wrench or power tool for removal/installation of threaded fasteners
- Tommy bar
- Car lift or jack with jack stands, and wheel chocks

[Buy tools](#)

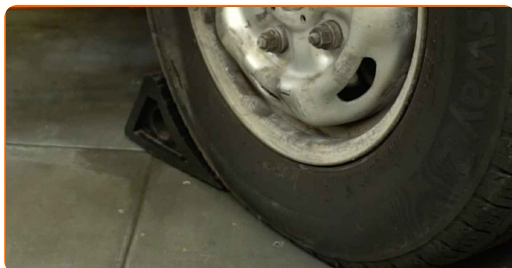
Replacement: anti roll bar bushes – FORD Transit Mk5 Platform / Chassis (V184, V185). AUTODOC experts recommend:

- Replace the anti-roll bar links and bushes in pairs.
- The replacement procedure is identical for the anti-roll bar links and bushes on both sides of the same axle.
- Please note: all work on the car – FORD Transit Mk5 Platform / Chassis (V184, V185) – should be done with the engine switched off.

## CARRY OUT THE REPLACEMENT STEPS AS FOLLOWS:

1

Secure the wheels with chocks.



2

Loosen the wheel nuts on the front wheels. Use a 21 mm wheel impact socket. Use a tommy bar.



3

Raise the vehicle.

Replacement: anti roll bar bushes – FORD Transit Mk5 Platform / Chassis (V184, V185). AUTODOC recommends:

- If you are using a jack, make sure the car is parked on a hard, flat surface.
- Make sure to additionally secure the car with jack stands.

4

Unscrew the nuts on one of the wheels and remove it.



Caution!

- To avoid injury, hold up the wheel when unscrewing the nuts.

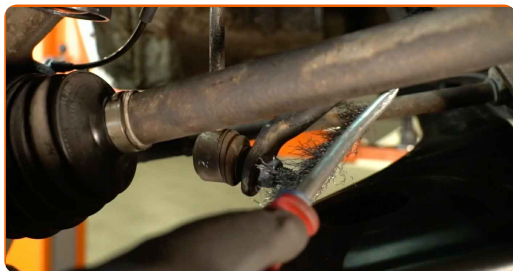
5

Remove the other wheel in the same way.



6

Clean the fasteners of one of the anti-roll bar links. Use a wire brush. Use WD-40 spray.



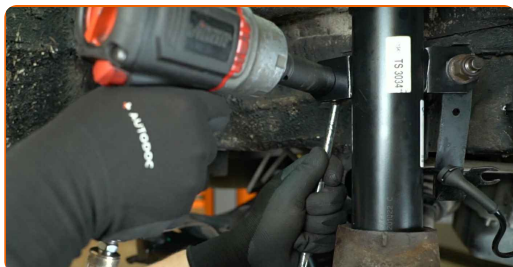
7

Unscrew the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 19 mm combination spanner. Use an H5 Allen key to secure the ball stud. Use a ratchet wrench.



8

Unscrew the fastener connecting the anti-roll bar link to the suspension strut. Use a 19 mm socket. Use a ratchet wrench.

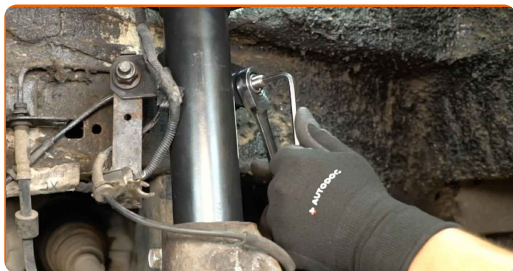


9

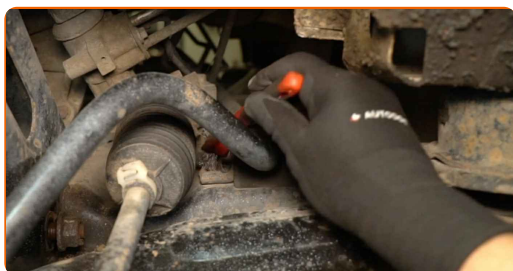
Remove the anti-roll bar link.



- 10 Follow the same steps to remove the other anti-roll bar link.



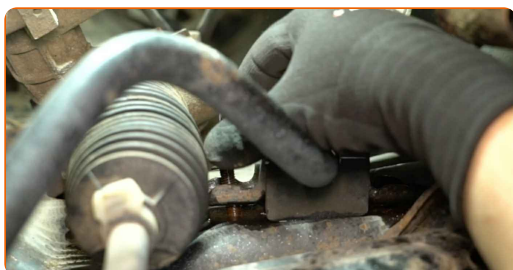
- 11 Clean the bracket fasteners of one of the anti-roll bar bushes. Use a wire brush. Use WD-40 spray.



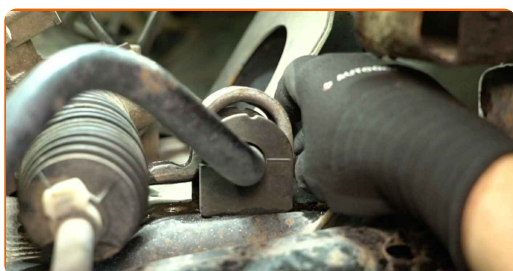
- 12 Unscrew the fasteners of the anti-roll bar bush bracket. Use a 10 mm socket. Use a ratchet wrench.



- 13 Remove the fastening bolts.

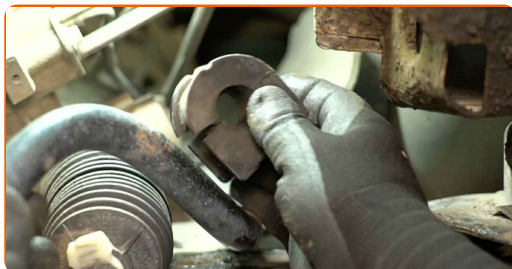


- 14 Remove the anti-roll bar bush bracket.

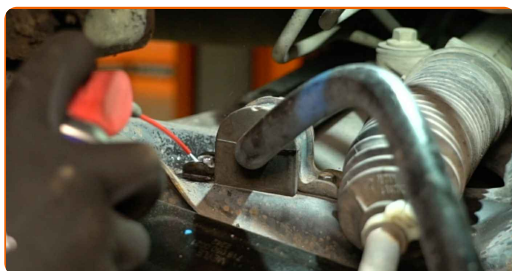




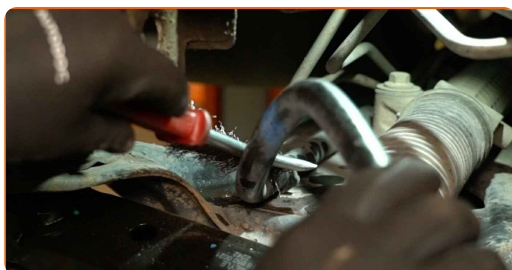
- 15** Remove the anti-roll bar bush.



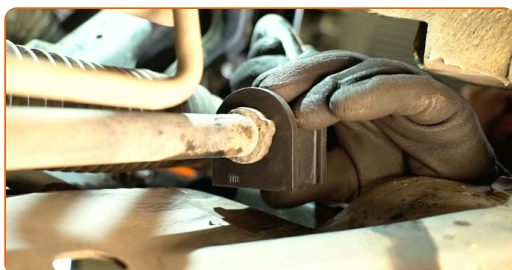
- 16** Follow the same steps to remove the other anti-roll bar bush bracket and the bush.



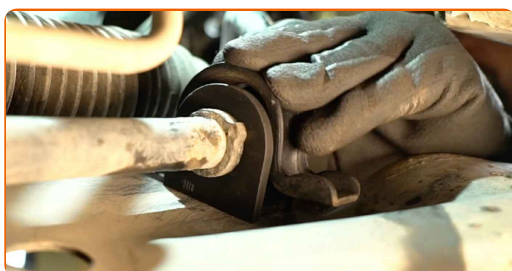
- 17** Clean the mounting seats of the anti-roll bar bushes. Use a wire brush. Use an all-purpose cleaning spray.



- 18** Install a new anti-roll bar bush on one side of the axle.



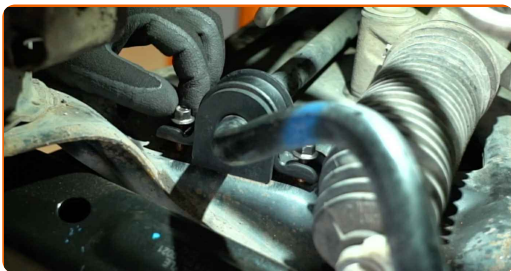
- 19** Install the anti-roll bar bush bracket.





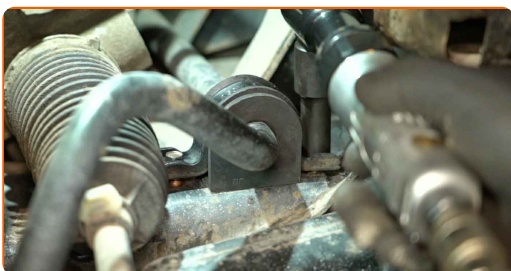
20

Install and screw in the fastening bolts.



21

Follow the same steps to install a new anti-roll bar bush and the bracket on the other side.



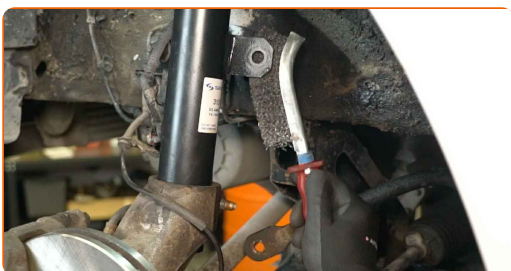
22

Tighten the fasteners on both anti-roll bar bush brackets. Use a 10 mm socket. Use a torque wrench. Tightening torque: 25 N·m.



23

Clean the mounting seats of the anti-roll bar link on one side of the axle. Use a wire brush. Use an all-purpose cleaning spray.



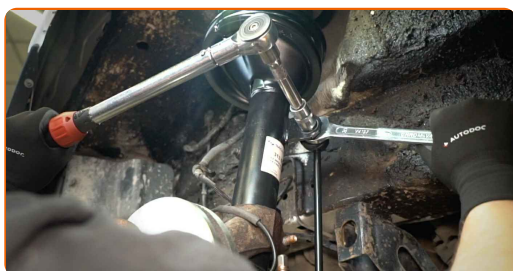
24

Install a new anti-roll bar link and its fasteners.



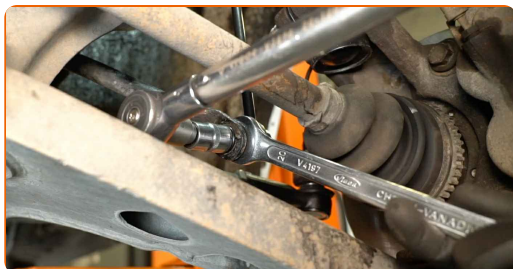
25

Tighten the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



26

Tighten the fastener connecting the anti-roll bar link to the suspension strut. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



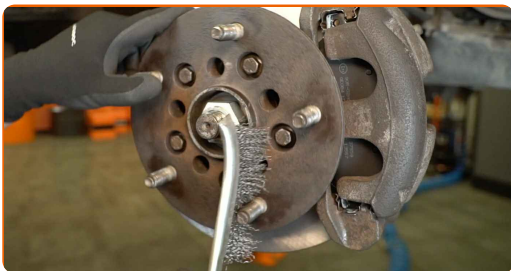
27

Follow the same steps to install a new anti-roll bar link on the other side.



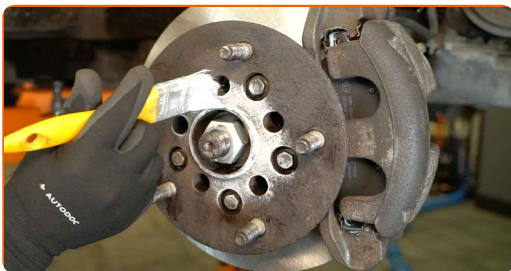
28

Clean the mounting seat of one of the wheels. Use a wire brush. Use an all-purpose cleaning spray.



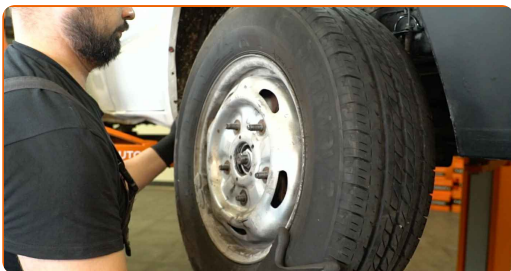
29

Treat the wheel hub surface that contacts the wheel rim. Use ceramic grease.



30

Install the wheel.



Replacement: anti roll bar bushes – FORD Transit Mk5 Platform / Chassis (V184, V185). Professionals recommend:

- To avoid injury, hold up the wheel when screwing on the fastening nuts.

31

Screw on the wheel nuts. Use a 21 mm wheel impact socket. Use a ratchet wrench.



32

Reinstall the other wheel in the same way.

33

Lower the car and tighten the wheel nuts in a criss-cross order. Use a 21 mm wheel impact socket. Use a torque wrench. Tightening torque: 200 N·m.



34

Remove the jack, jack stands, and wheel chocks.



**WELL DONE!** 

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**ANTI ROLL BAR BUSHES: A WIDE SELECTION**

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