



How to change the front
anti-roll bar links on the

**FORD Transit Mk5
Minibus (V184, V185) –
replacement guide**

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

FORD TRANSIT Bus (FD_-, FB_-, FS_-, FZ_-, FC_-) 2.4 DI RWD (F_B_, F_C_, F_A_),
 FORD TRANSIT Bus (FD_-, FB_-, FS_-, FZ_-, FC_-) 2.4 DI, FORD TRANSIT Bus (FD_-,
 FB_-, FS_-, FZ_-, FC_-) 2.4 DI RWD (F_B_, F_C_), FORD TRANSIT Bus (FD_-, FB_-,
 FS_-, FZ_-, FC_-) 2.3 16V RWD (F_B_, F_C_, F_A_), FORD TRANSIT Bus (FD_-, FB_-,
 FS_-, FZ_-, FC_-) 2.4 TDE, FORD TRANSIT Bus (FD_-, FB_-, FS_-, FZ_-, FC_-) 2.4
 TDCi

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part
 on: FORD TRANSIT MK-7 Box 2.2 TDCi

REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK5 MINIBUS (V184, V185). TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- All-purpose cleaning spray
- Ceramic grease
- Torque wrench
- 20 mm combination spanner
- 10 mm socket
- 17 mm socket
- 19 mm socket
- H5 Allen key
- 21 mm wheel impact socket
- Ratchet wrench or power tool for removal/installation of threaded fasteners
- Tommy bar
- Car lift or jack with jack stands, and wheel chocks

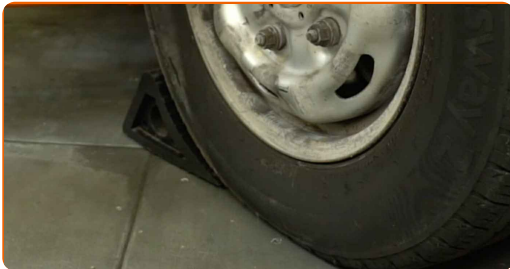
Buy tools

Replacement: anti roll bar links – FORD Transit Mk5 Minibus (V184, V185).
AUTODOC recommends:

- Replace the anti-roll bar links and bushes in pairs.
- The replacement procedure is identical for the anti-roll bar links and bushes on both sides of the same axle.
- All the work should be carried out with the ignition switched off.

REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK5 MINIBUS (V184, V185). RECOMMENDED SEQUENCE OF STEPS:

1 Secure the wheels with chocks.



2 Loosen the wheel nuts on the front wheels. Use a 21 mm wheel impact socket. Use a tommy bar.



3 Raise the vehicle.

Warning!

- If you are using a jack, make sure the car is parked on a hard, flat surface.
- Make sure to additionally secure the car with jack stands.

4

Unscrew the nuts on one of the wheels and remove it.



Replacement: anti roll bar links – FORD Transit Mk5 Minibus (V184, V185). Tip:

- To avoid injury, hold up the wheel when unscrewing the nuts.

5

Remove the other wheel in the same way.



6

Clean the fasteners of one of the anti-roll bar links. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 19 mm combination spanner. Use an H5 Allen key to secure the ball stud. Use a ratchet wrench.



8

Unscrew the fastener connecting the anti-roll bar link to the suspension strut. Use a 19 mm socket. Use a ratchet wrench.

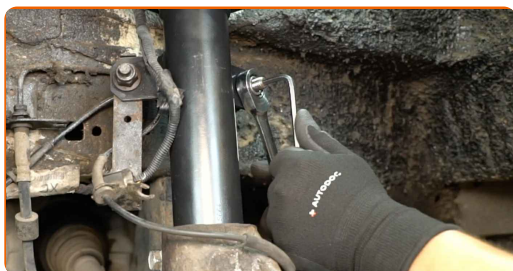


9

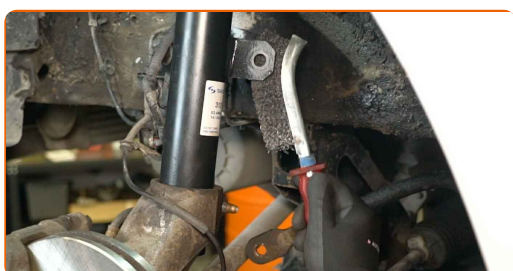
Remove the anti-roll bar link.



10 Follow the same steps to remove the other anti-roll bar link.



11 Clean the mounting seats of the anti-roll bar link on one side of the axle. Use a wire brush. Use an all-purpose cleaning spray.



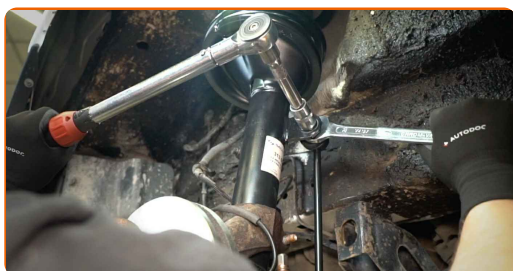
12 Install a new anti-roll bar link and its fasteners.



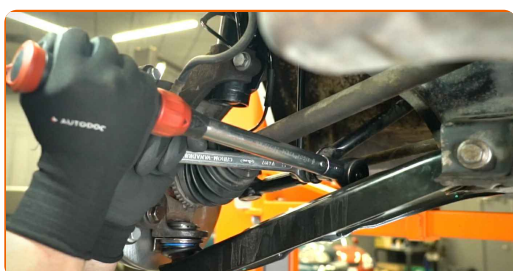
13 Tighten the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



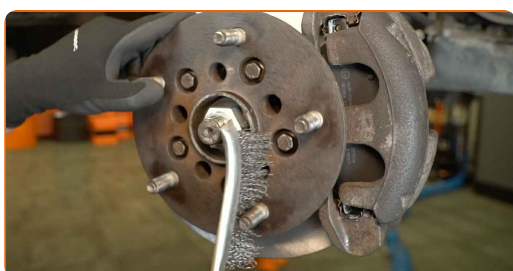
- 14** Tighten the fastener connecting the anti-roll bar link to the suspension strut. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



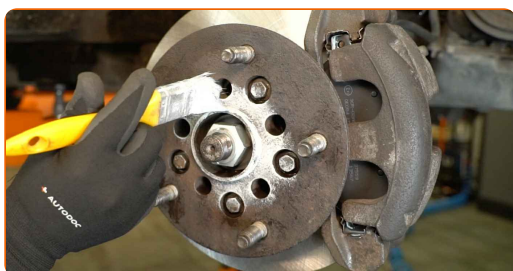
- 15** Follow the same steps to install a new anti-roll bar link on the other side.



- 16** Clean the mounting seat of one of the wheels. Use a wire brush. Use an all-purpose cleaning spray.



- 17** Treat the wheel hub surface that contacts the wheel rim. Use ceramic grease.



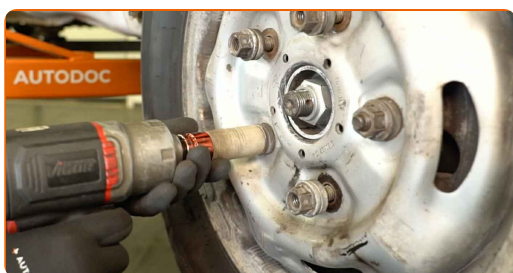
18 Install the wheel.



Replacement: anti roll bar links – FORD Transit Mk5 Minibus (V184, V185). Tip from AUTODOC:

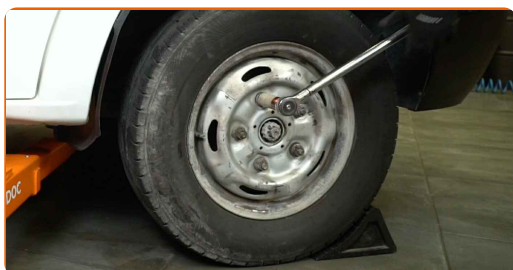
- To avoid injury, hold up the wheel when screwing on the fastening nuts.

19 Screw on the wheel nuts. Use a 21 mm wheel impact socket. Use a ratchet wrench.



20 Reinstall the other wheel in the same way.

21 Lower the car and tighten the wheel nuts in a criss-cross order. Use a 21 mm wheel impact socket. Use a torque wrench. Tightening torque: 200 N·m.



22

Remove the jack, jack stands, and wheel chocks.



WELL DONE! 

VIEW MORE TUTORIALS

AUTODOC – TOP QUALITY AND AFFORDABLE CAR PARTS ONLINE

AUTODOC MOBILE APP: GREAT DEALS AND CONVENIENT SHOPPING



+ AUTODOC

GET IT ON
Google Play

Download on the
App Store

Download

A GREAT SELECTION OF SPARE PARTS FOR YOUR CAR

ANTI ROLL BAR LINKS: A WIDE SELECTION

i DISCLAIMER:

The document contains only general recommendations that may be useful for you when you perform repair or replacement work. AUTODOC shall not be liable for any loss, injury, damage of property occurring in the repair or replacement process due to incorrect use or misinterpretation of the provided information.

AUTODOC shall not be liable for any possible mistakes and uncertainties in this guide. The information provided is for information purposes only and cannot replace advice from specialists.

AUTODOC shall not be liable for incorrect or hazardous usage of equipment, tools and car parts. AUTODOC strongly recommends to be careful and observe the safety rules when performing repair or replacement works. Remember: usage of low quality auto parts does not guarantee you the appropriate level of road safety.

© Copyright 2024 – All the contents of this website, in particular texts, photographs and graphics, are protected by copyright. All rights, including reproduction, publication, editing and translation rights, are reserved by AUTODOC SE.