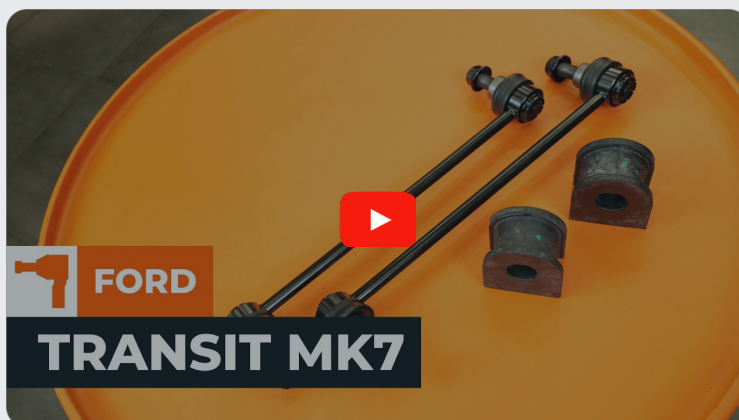




How to change the front  
anti-roll bar bushes on  
the **FORD Transit Mk5  
Minibus (V184, V185)** –  
replacement guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

FORD TRANSIT Bus (FD\_-, FB\_-, FS\_-, FZ\_-, FC\_-) 2.0 DI, FORD TRANSIT Bus (FD\_-, FB\_-, FS\_-, FZ\_-, FC\_-) 2.0 TDCi, FORD TRANSIT Bus (FD\_-, FB\_-, FS\_-, FZ\_-, FC\_-) 2.4 TDE

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD TRANSIT MK-7 Box 2.2 TDCi

**REPLACEMENT: ANTI ROLL BAR BUSHES – FORD TRANSIT MK5 MINIBUS (V184, V185). TOOLS YOU NEED:**



- Wire brush
- WD-40 spray
- All-purpose cleaning spray
- Ceramic grease
- Torque wrench
- 20 mm combination spanner
- 10 mm socket
- 17 mm socket
- 19 mm socket
- H5 Allen key
- 21 mm wheel impact socket
- Ratchet wrench or power tool for removal/installation of threaded fasteners
- Tommy bar
- Car lift or jack with jack stands, and wheel chocks

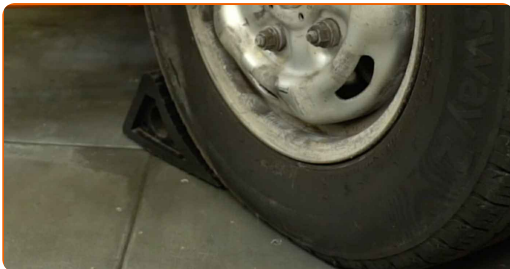
**Buy tools**

Replacement: anti roll bar bushes – FORD Transit Mk5 Minibus (V184, V185).  
 AUTODOC experts recommend:

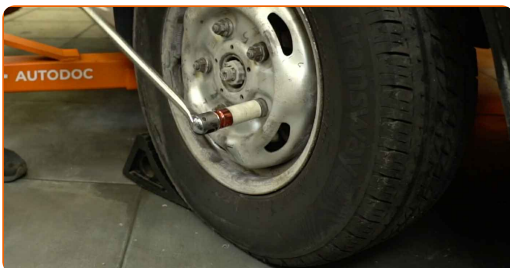
- Replace the anti-roll bar links and bushes in pairs.
- The replacement procedure is identical for the anti-roll bar links and bushes on both sides of the same axle.
- Please note: all work on the car – FORD Transit Mk5 Minibus (V184, V185) – should be done with the engine switched off.

**CARRY OUT THE REPLACEMENT STEPS AS FOLLOWS:**

**1** Secure the wheels with chocks.



**2** Loosen the wheel nuts on the front wheels. Use a 21 mm wheel impact socket. Use a tommy bar.



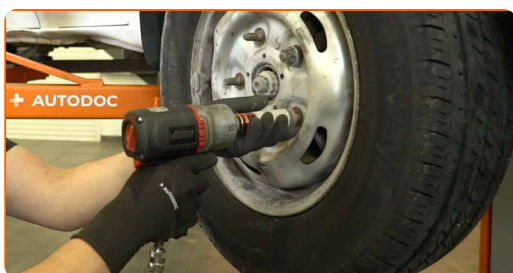
**3** Raise the vehicle.

Replacement: anti roll bar bushes – FORD Transit Mk5 Minibus (V184, V185).  
AUTODOC recommends:

- If you are using a jack, make sure the car is parked on a hard, flat surface.
- Make sure to additionally secure the car with jack stands.

4

Unscrew the nuts on one of the wheels and remove it.

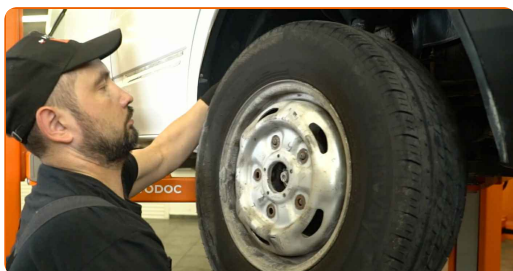


Caution!

- To avoid injury, hold up the wheel when unscrewing the nuts.

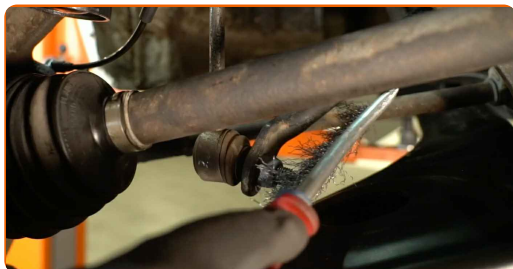
5

Remove the other wheel in the same way.



6

Clean the fasteners of one of the anti-roll bar links. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 19 mm combination spanner. Use an H5 Allen key to secure the ball stud. Use a ratchet wrench.



8

Unscrew the fastener connecting the anti-roll bar link to the suspension strut. Use a 19 mm socket. Use a ratchet wrench.



9

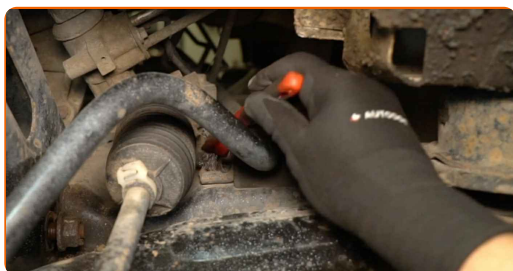
Remove the anti-roll bar link.



**10** Follow the same steps to remove the other anti-roll bar link.



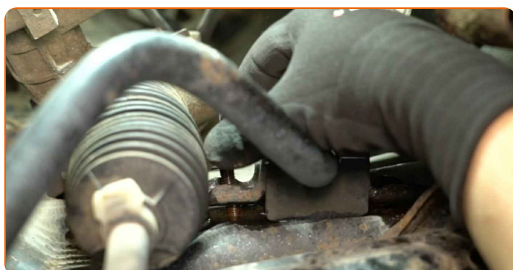
**11** Clean the bracket fasteners of one of the anti-roll bar bushes. Use a wire brush. Use WD-40 spray.



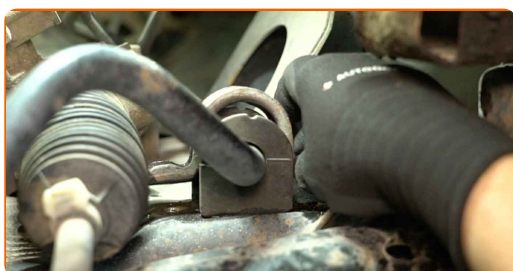
**12** Unscrew the fasteners of the anti-roll bar bush bracket. Use a 10 mm socket. Use a ratchet wrench.



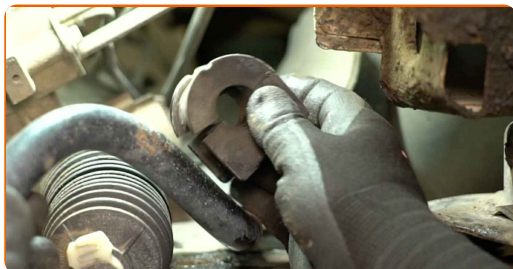
**13** Remove the fastening bolts.



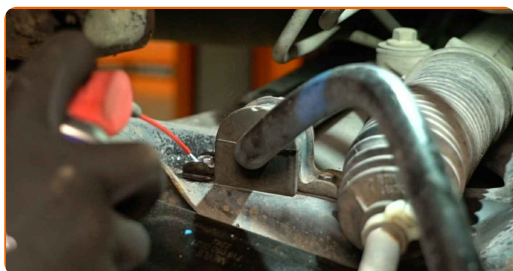
**14** Remove the anti-roll bar bush bracket.



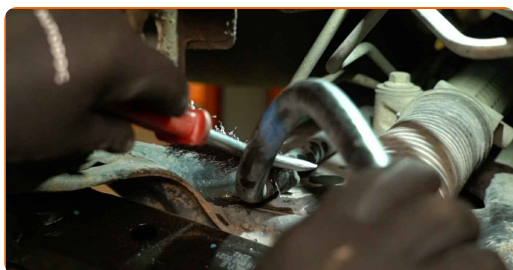
**15** Remove the anti-roll bar bush.



**16** Follow the same steps to remove the other anti-roll bar bush bracket and the bush.



**17** Clean the mounting seats of the anti-roll bar bushes. Use a wire brush. Use an all-purpose cleaning spray.



**18** Install a new anti-roll bar bush on one side of the axle.

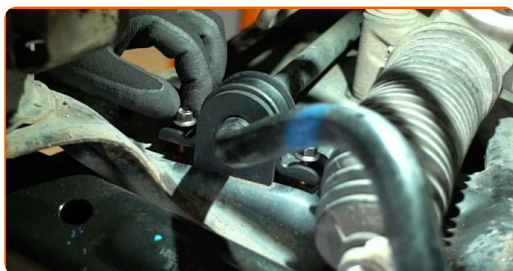


**19** Install the anti-roll bar bush bracket.

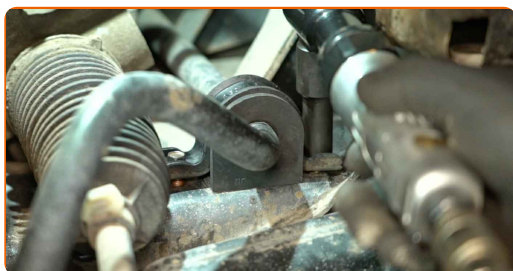




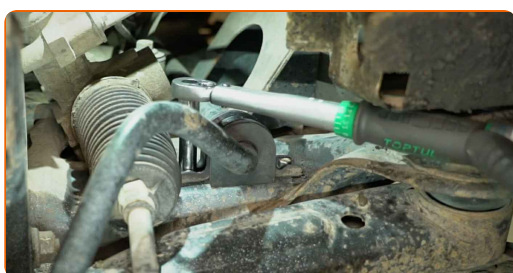
**20** Install and screw in the fastening bolts.



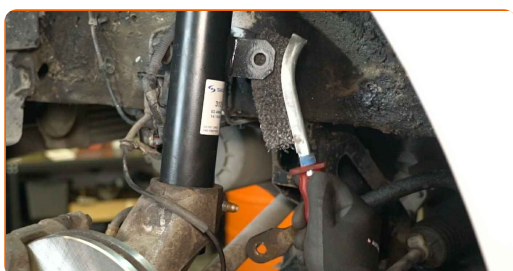
**21** Follow the same steps to install a new anti-roll bar bush and the bracket on the other side.



**22** Tighten the fasteners on both anti-roll bar bush brackets. Use a 10 mm socket. Use a torque wrench. Tightening torque: 25 N·m.



**23** Clean the mounting seats of the anti-roll bar link on one side of the axle. Use a wire brush. Use an all-purpose cleaning spray.



24

Install a new anti-roll bar link and its fasteners.



25

Tighten the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



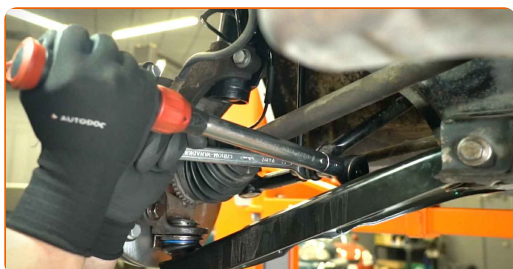
26

Tighten the fastener connecting the anti-roll bar link to the suspension strut. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



27

Follow the same steps to install a new anti-roll bar link on the other side.



28

Clean the mounting seat of one of the wheels. Use a wire brush. Use an all-purpose cleaning spray.



29

Treat the wheel hub surface that contacts the wheel rim. Use ceramic grease.



30

Install the wheel.



Replacement: anti roll bar bushes – FORD Transit Mk5 Minibus (V184, V185).  
Professionals recommend:

- To avoid injury, hold up the wheel when screwing on the fastening nuts.

31

Screw on the wheel nuts. Use a 21 mm wheel impact socket. Use a ratchet wrench.

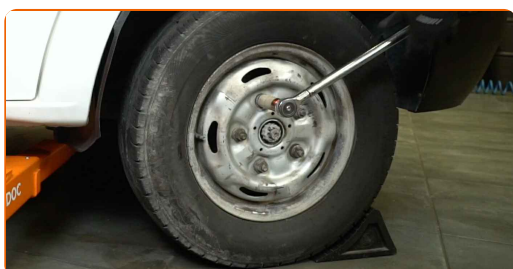


32

Reinstall the other wheel in the same way.

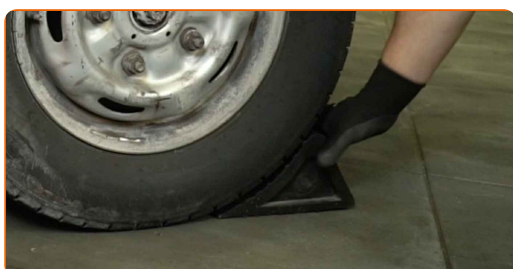
33

Lower the car and tighten the wheel nuts in a criss-cross order. Use a 21 mm wheel impact socket. Use a torque wrench. Tightening torque: 200 N·m.



34

Remove the jack, jack stands, and wheel chocks.



**WELL DONE!** 

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