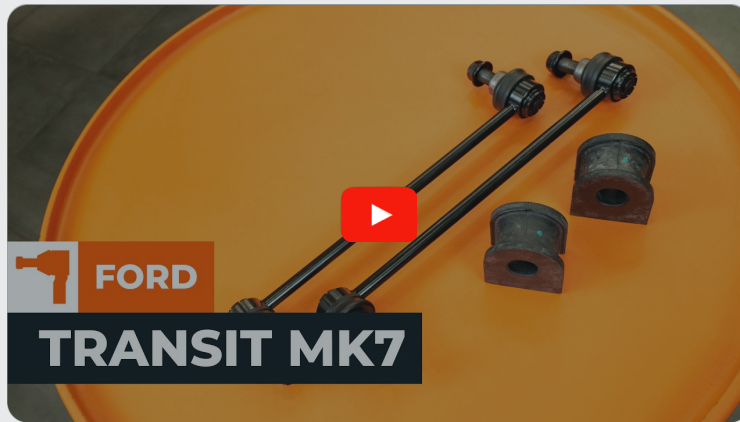




How to change the front
anti-roll bar links on the
Ford Transit Mk7 van –
replacement guide

VIDEO TUTORIAL



Important!

This replacement procedure can be used for:

FORD TRANSIT Bus 2.2 TDCi, FORD TRANSIT Bus 2.2 TDCi RWD, FORD TRANSIT MK-7 Box 2.2 TDCi, FORD TRANSIT MK-7 Box 2.2 TDCi RWD, FORD TRANSIT MK-7 Box 2.2 TDCi 4x4, FORD TRANSIT MK-7 Platform/Chassis 2.2 TDCi, FORD TRANSIT MK-7 Platform/Chassis 2.2 TDCi RWD, FORD TRANSIT MK-7 Platform/Chassis 2.2 TDCi 4x4, FORD TRANSIT Bus (FD_ , FB_ , FS_ , FZ_ , FC_) 2.4 DI RWD (F_B_ , F_C_ , F_A_), FORD TRANSIT Bus (FD_ , FB_ , FS_ , FZ_ , FC_) 2.4 DI, FORD TRANSIT Box (FA_) 2.4 DI, FORD TRANSIT Box (FA_) 2.4 DI RWD (FAA_ , FAB_ , FAC_ , FAD_), FORD TRANSIT Platform/Chassis (FM_ , FN_) 2.4 DI, FORD TRANSIT Bus (FD_ , FB_ , FS_ , FZ_ , FC_) 2.4 DI RWD (F_B_ , F_C_), FORD TRANSIT Box (FA_) 2.0 DI, (+ 86)

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK7 VAN. TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- All-purpose cleaning spray
- Ceramic grease
- Torque wrench
- 20 mm combination spanner
- 10 mm socket
- 17 mm socket
- 19 mm socket
- H5 Allen key
- 21 mm wheel impact socket
- Ratchet wrench or power tool for removal/installation of threaded fasteners
- Tommy bar
- Car lift or jack with jack stands, and wheel chocks

BUY TOOLS

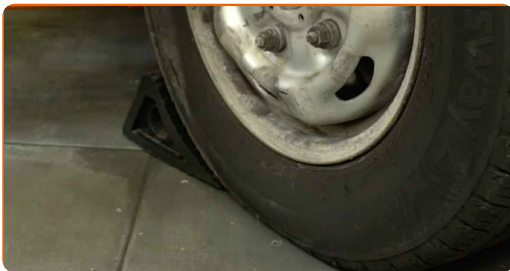
Replacement: anti roll bar links – Ford Transit Mk7 van. AUTODOC recommends:

- Replace the anti-roll bar links and bushes in pairs.
- The replacement procedure is identical for the anti-roll bar links and bushes on both sides of the same axle.
- All the work should be carried out with the ignition switched off.

REPLACEMENT: ANTI ROLL BAR LINKS – FORD TRANSIT MK7 VAN. RECOMMENDED SEQUENCE OF STEPS:

1

Secure the wheels with chocks.



2

Loosen the wheel nuts on the front wheels. Use a 21 mm wheel impact socket. Use a tommy bar.



3

Raise the vehicle.



Warning!

- If you are using a jack, make sure the car is parked on a hard, flat surface.
- Make sure to additionally secure the car with jack stands.

4

Unscrew the nuts on one of the wheels and remove it.



Replacement: anti roll bar links – Ford Transit Mk7 van. Tip:

- To avoid injury, hold up the wheel when unscrewing the nuts.

5

Remove the other wheel in the same way.



6

Clean the fasteners of one of the anti-roll bar links. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 19 mm combination spanner. Use an H5 Allen key to secure the ball stud. Use a ratchet wrench.



8

Unscrew the fastener connecting the anti-roll bar link to the suspension strut. Use a 19 mm socket. Use a ratchet wrench.



9

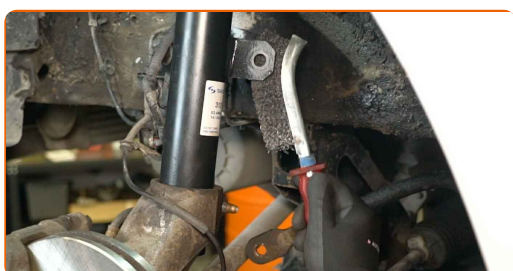
Remove the anti-roll bar link.



10 Follow the same steps to remove the other anti-roll bar link.



11 Clean the mounting seats of the anti-roll bar link on one side of the axle. Use a wire brush. Use an all-purpose cleaning spray.



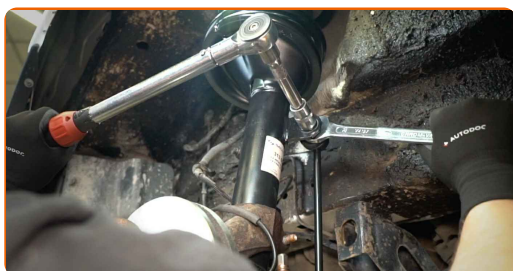
12 Install a new anti-roll bar link and its fasteners.



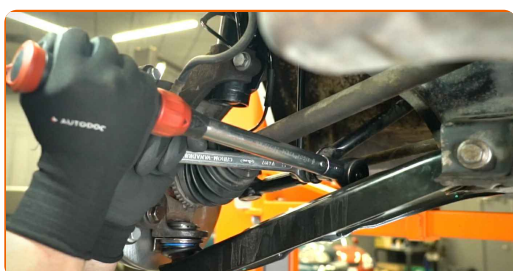
13 Tighten the fastener connecting the anti-roll bar link to the anti-roll bar. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



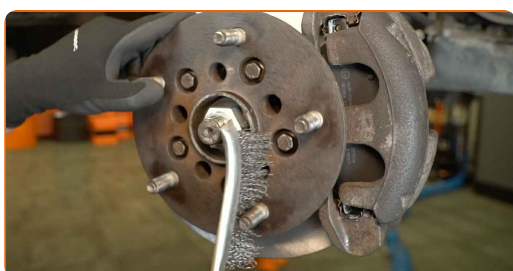
- 14** Tighten the fastener connecting the anti-roll bar link to the suspension strut. Use a 20 mm combination spanner. Use a 17 mm socket. Use a torque wrench. Tightening torque: 55 N·m.



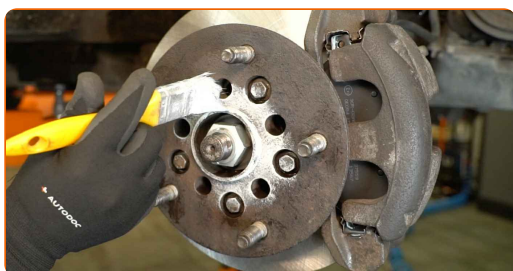
- 15** Follow the same steps to install a new anti-roll bar link on the other side.



- 16** Clean the mounting seat of one of the wheels. Use a wire brush. Use an all-purpose cleaning spray.



- 17** Treat the wheel hub surface that contacts the wheel rim. Use ceramic grease.



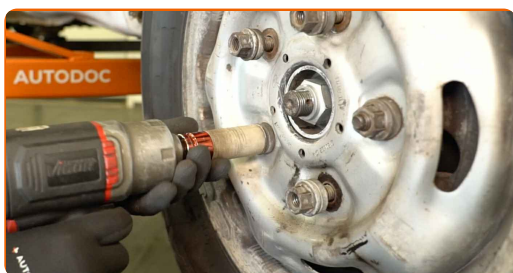
18 Install the wheel.



Replacement: anti roll bar links – Ford Transit Mk7 van. Tip from AUTODOC:

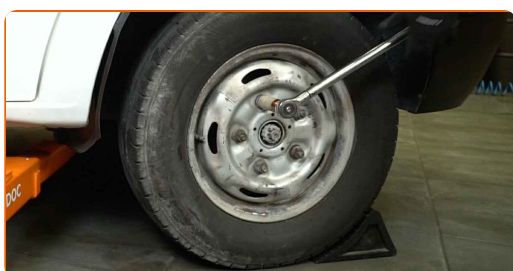
- To avoid injury, hold up the wheel when screwing on the fastening nuts.

19 Screw on the wheel nuts. Use a 21 mm wheel impact socket. Use a ratchet wrench.



20 Reinstall the other wheel in the same way.

21 Lower the car and tighten the wheel nuts in a criss-cross order. Use a 21 mm wheel impact socket. Use a torque wrench. Tightening torque: 200 N·m.



22

Remove the jack, jack stands, and wheel chocks.



WELL DONE! 

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