



How to change front anti
roll bar links on **FORD**
PUMA (EC_) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

FORD PUMA (EC_) 1.7 16V, FORD PUMA (EC_) 1.4 16V, FORD PUMA (EC_) 1.7 ST 160,
FORD PUMA (EC_) 1.6 16V

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD FOCUS (DAW, DBW) 1.8 TDCi

REPLACEMENT: ANTI ROLL BAR LINKS – FORD PUMA (EC_). TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #15
- Combination spanner #17
- Drive socket # 15
- Drive socket # 17
- Wheel impact socket #19
- Ratchet wrench
- Wheel chock

Buy tools

Replacement: anti roll bar links – FORD PUMA (EC_). AUTODOC recommends:

- Replace the stabiliser links on FORD PUMA (EC_) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – FORD PUMA (EC_) – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #19.



3 Raise the front of the car and secure on supports.

4 Unscrew the wheel bolts.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
FORD PUMA (EC_)

5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



- 9** Remove the stabilizer rod.



- 10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11** Install a new rod, tighten the fasteners. Use a combination spanner #15. Use a drive socket #15. Use a ratchet wrench.



- 12** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #15. Use a torque wrench. Tighten it to 50 Nm torque.



- 13** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a torque wrench. Tighten it to 50 Nm torque.



- 14** Treat all joints of the stabiliser link. Use copper grease.



- 15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



16

Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – FORD PUMA (EC_). After applying the spray, wait a few minutes.

17

Install the wheel.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. FORD PUMA (EC_)

18

Screw in the wheel bolts. Use wheel impact socket #19.



- 19** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #19. Use a torque wrench. Tighten it to 110 Nm torque.



- 20** Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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