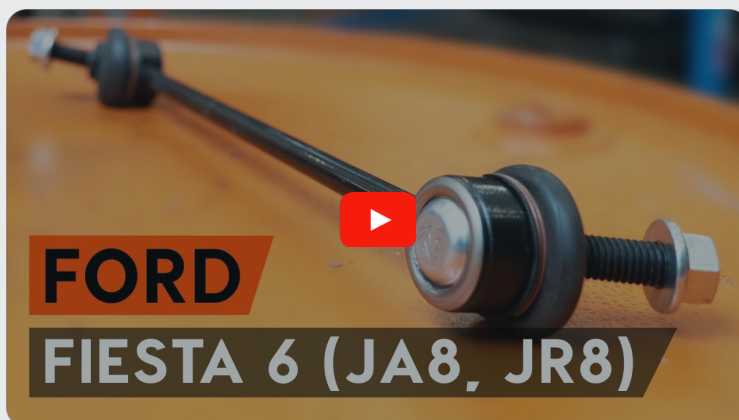




How to change front anti  
roll bar links on **FORD**  
**Fiesta Mk7 Van** –  
replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

FORD Fiesta Mk7 Van 1.0 EcoBoost, FORD Fiesta Mk7 Van 1.5 TDCi, FORD Fiesta Mk7 Van 1.1 Ti-VCT

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD Fiesta Mk6 Hatchback (JA8, JR8) 1.6 TDCi

REPLACEMENT: ANTI ROLL BAR LINKS – FORD FIESTA MK7 VAN. LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #15
- HEX bit no.H5.
- Drive socket # 15
- Wheel impact socket #19
- Ratchet wrench
- Torque wrench
- Wheel chock

**Buy tools**

Replacement: anti roll bar links – FORD Fiesta Mk7 Van. AUTODOC experts recommend:

- Replace the stabiliser links on FORD Fiesta Mk7 Van in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Warning! Shut down the engine before starting any work – FORD Fiesta Mk7 Van.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

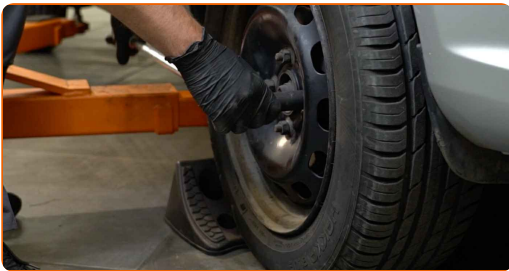
1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #19.

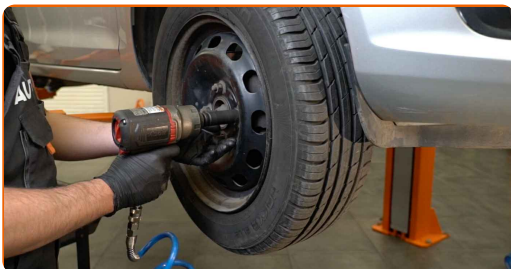


3

Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.

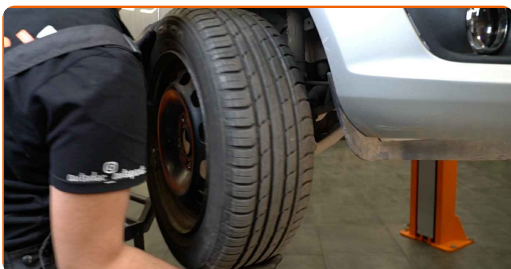


**AUTODOC recommends:**

- Important! Hold the wheel while unscrewing the fastening bolts. FORD Fiesta Mk7 Van

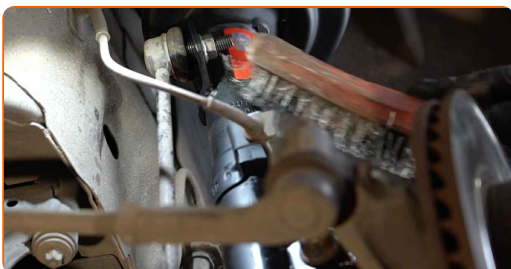
5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #15. Use HEX No.H5. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a ratchet wrench.



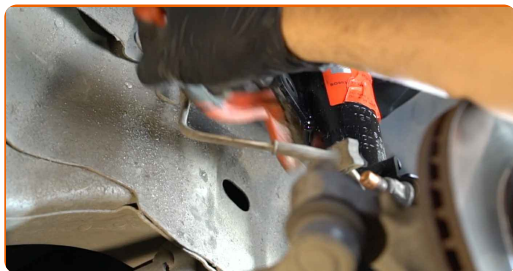
- 9** Remove the stabilizer rod.



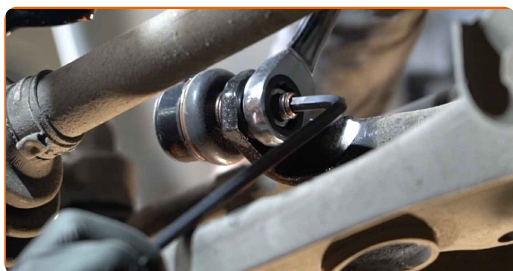
Replacement: anti roll bar links – FORD Fiesta Mk7 Van. AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

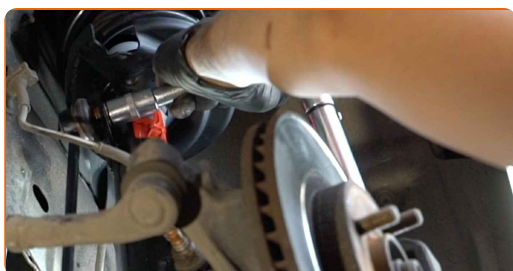
**10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



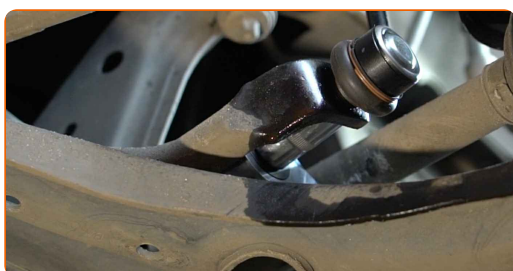
**11** Install a new rod, tighten the fasteners. Use a combination spanner #15. Use HEX No.H5. Use a ratchet wrench.



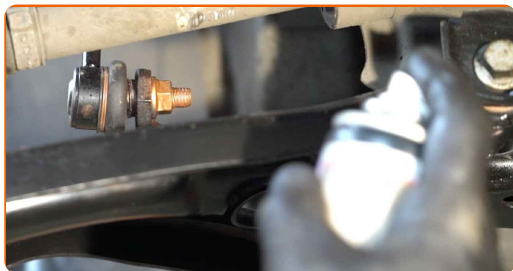
**12** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a torque wrench. Tighten it to 48 Nm torque.



**13** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #15. Use a torque wrench. Tighten it to 48 Nm torque.



**14** Treat all joints of the stabiliser link. Use copper grease.



**15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



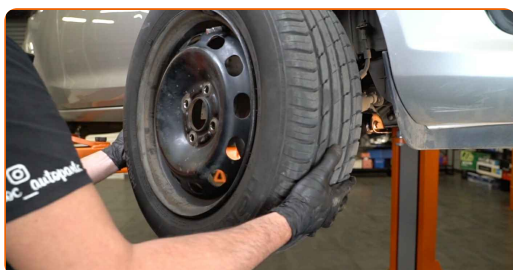
**16** Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – FORD Fiesta Mk7 Van. After applying the spray, wait a few minutes.

**17** Install the wheel.



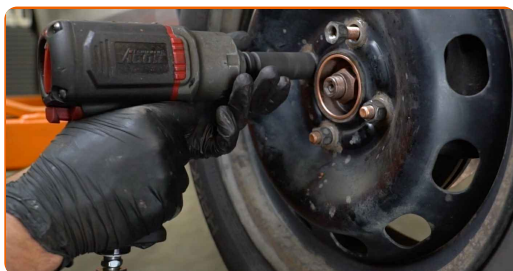


Replacement: anti roll bar links – FORD Fiesta Mk7 Van. Tip:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

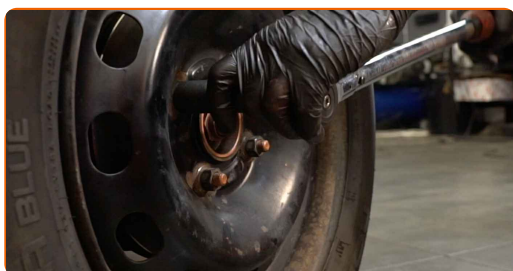
18

Screw in the wheel bolts. Use wheel impact socket #19.



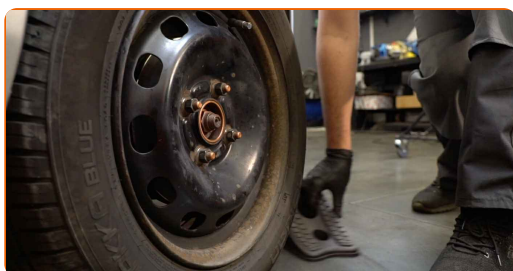
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #19. Use a torque wrench. Tighten it to 110 nm torque.



20

Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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