



How to change front anti  
roll bar links on **FORD**  
**Fiesta Mk5 Van** –  
replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

FORD Fiesta Mk5 Van 1.3, FORD Fiesta Mk5 Van 1.4 TDCi, FORD Fiesta Mk5 Van 1.6 TDCi, FORD Fiesta Mk5 Van 1.4

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD Fiesta Mk5 Hatchback (JH1, JD1, JH3, JD3) 1.4 16V

REPLACEMENT: ANTI ROLL BAR LINKS – FORD FIESTA  
MK5 VAN TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #17
- Drive socket # 17
- Wheel impact socket #19
- Ratchet wrench
- Torque wrench
- Wheel chock

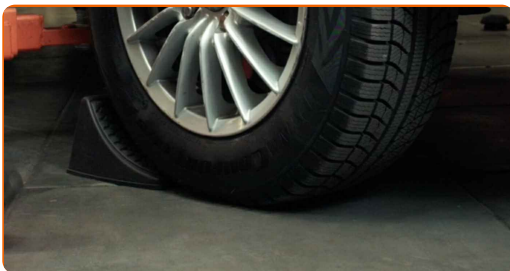
**Buy tools**

Replacement: anti roll bar links – FORD Fiesta Mk5 Van Professionals recommend:

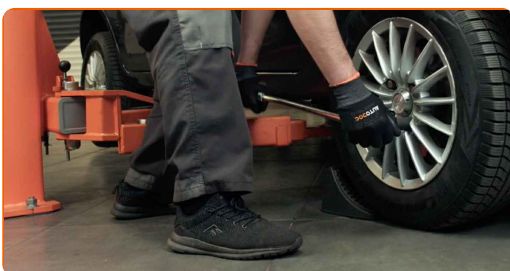
- Replace the stabiliser links on FORD Fiesta Mk5 Van in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

**REPLACEMENT: ANTI ROLL BAR LINKS – FORD FIESTA MK5 VAN TAKE THE FOLLOWING STEPS:**

**1** Secure the wheels with chocks.



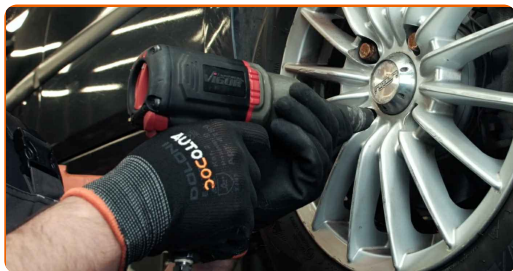
**2** Loosen the wheel mounting bolts. Use wheel impact socket #19.



**3** Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



Replacement: anti roll bar links – FORD Fiesta Mk5 Van AUTODOC recommends:

- To avoid injury, hold up the wheel when unscrewing the bolts.

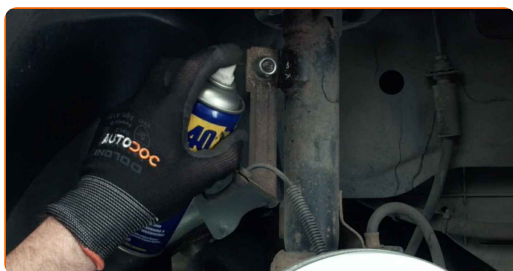
5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



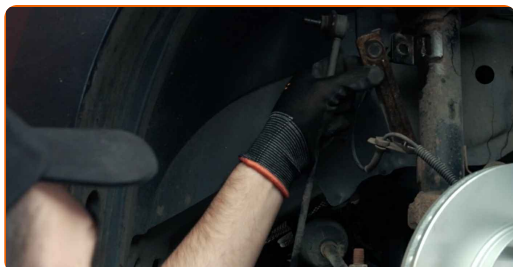
- 7 Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17 (2 pieces).



- 8 Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a ratchet wrench.



- 9 Remove the stabilizer rod.



Replacement: anti roll bar links – FORD Fiesta Mk5 Van AUTODOC experts recommend:

- Examine stabiliser bushes. Replace them if needed.

10

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



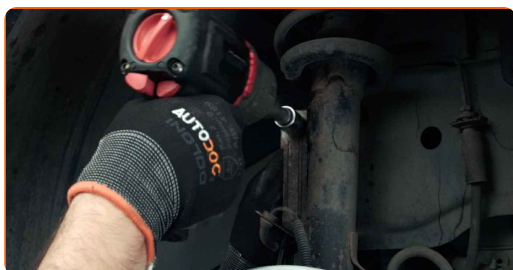
11

Install the transverse stabilizer link.



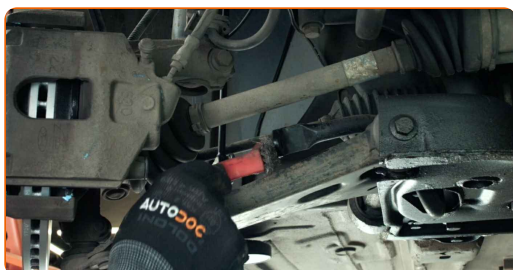
12

Tighten the stabiliser link fastener. Use a drive socket #17. Use a ratchet wrench.



13

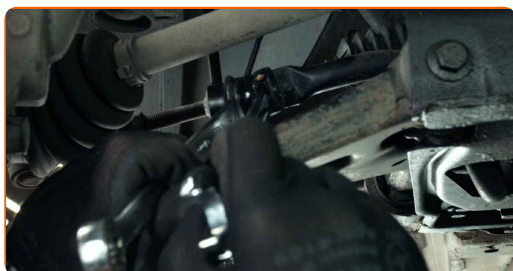
Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



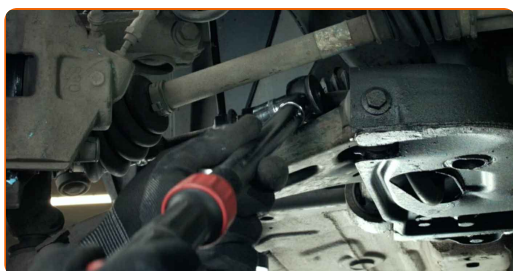
**14** Install the transverse stabilizer link.



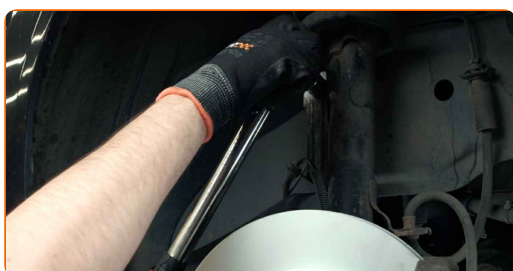
**15** Tighten the stabiliser link fastener. Use a combination spanner #17 (2 pieces).



**16** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 55 Nm torque.



**17** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 48 Nm torque.





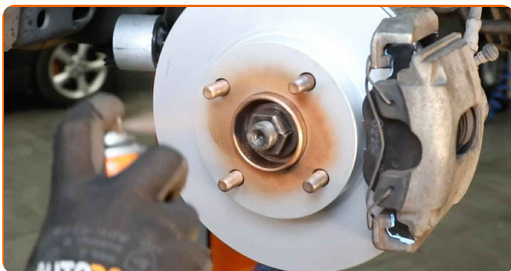
**18**

Treat all joints of the stabiliser link. Use copper grease.



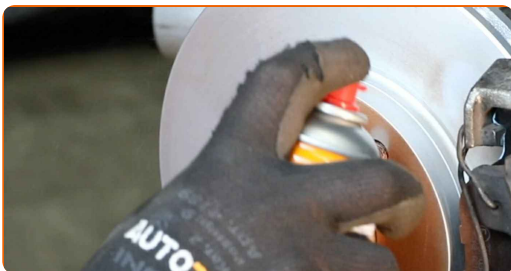
**19**

Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**20**

Clean the brake disc surface. Use a brake cleaner.

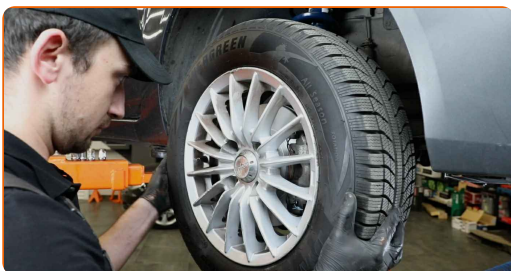


**AUTODOC recommends:**

- Replacement: anti roll bar links – FORD Fiesta Mk5 Van After applying the spray, wait a few minutes.

**21**

Install the wheel.



Replacement: anti roll bar links – FORD Fiesta Mk5 Van Tip:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

22

Screw in the wheel bolts. Use wheel impact socket #19.



23

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #19. Use a torque wrench. Tighten it to 95 nm torque.



24

Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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