



How to change front anti
roll bar links on **FORD**
Fiesta Mk5 Saloon (JAS,
JBS) – replacement
guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

FORD Fiesta Mk5 Saloon (JAS, JBS) 1.4 TDCi, FORD Fiesta Mk5 Saloon (JAS, JBS) 1.6, FORD Fiesta Mk5 Saloon (JAS, JBS) 1.0 Flex, FORD Fiesta Mk5 Saloon (JAS, JBS) 1.6 Flex

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD Fiesta Mk6 Hatchback (JA8, JR8) 1.6 TDCi

REPLACEMENT: ANTI ROLL BAR LINKS – FORD FIESTA MK5 SALOON (JAS, JBS). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #15
- HEX bit no.H5.
- Drive socket # 15
- Wheel impact socket #19
- Ratchet wrench
- Torque wrench
- Wheel chock

Buy tools

Replacement: anti roll bar links – FORD Fiesta Mk5 Saloon (JAS, JBS).
AUTODOC experts recommend:

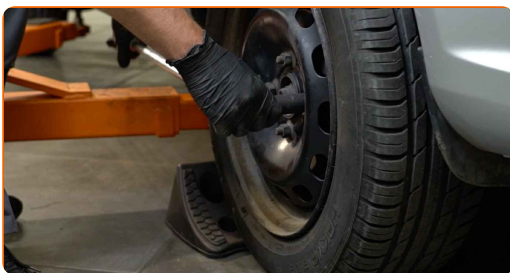
- Replace the stabiliser links on FORD Fiesta Mk5 Saloon (JAS, JBS) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Warning! Shut down the engine before starting any work – FORD Fiesta Mk5 Saloon (JAS, JBS).

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.



2 Loosen the wheel mounting bolts. Use wheel impact socket #19.



3 Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



AUTODOC recommends:

- Important! Hold the wheel while unscrewing the fastening bolts. FORD Fiesta Mk5 Saloon (JAS, JBS)

5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #15. Use HEX No.H5. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a ratchet wrench.



- 9** Remove the stabilizer rod.

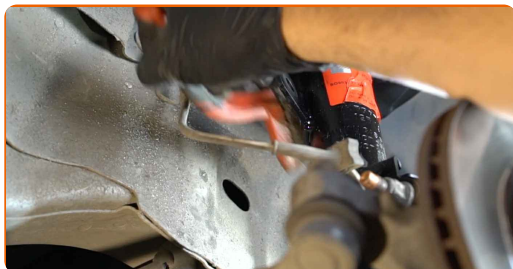


Replacement: anti roll bar links – FORD Fiesta Mk5 Saloon (JAS, JBS).
AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

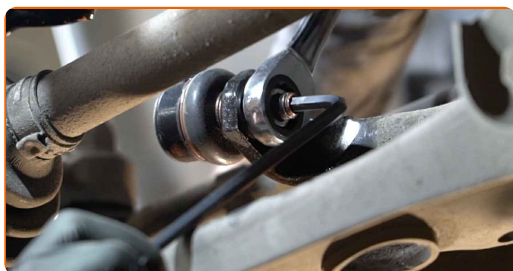
10

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



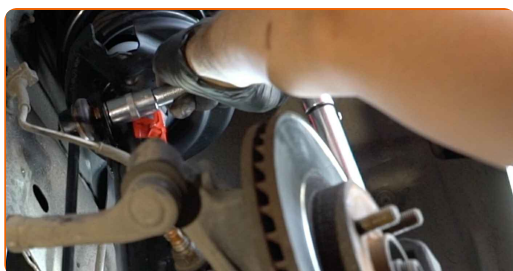
11

Install a new rod, tighten the fasteners. Use a combination spanner #15. Use HEX No.H5. Use a ratchet wrench.



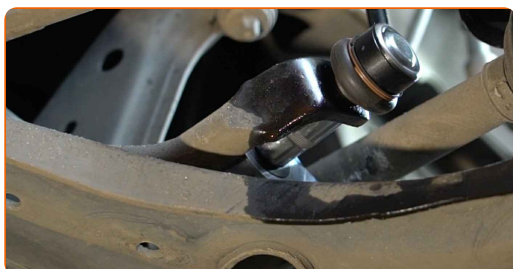
12

Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a torque wrench. Tighten it to 48 Nm torque.



13

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #15. Use a torque wrench. Tighten it to 48 Nm torque.



14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



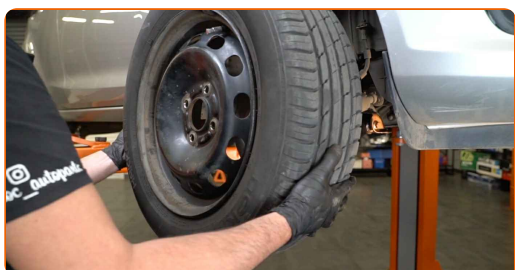
16 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – FORD Fiesta Mk5 Saloon (JAS, JBS). After applying the spray, wait a few minutes.

17 Install the wheel.



Replacement: anti roll bar links – FORD Fiesta Mk5 Saloon (JAS, JBS). Tip:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

18

Screw in the wheel bolts. Use wheel impact socket #19.



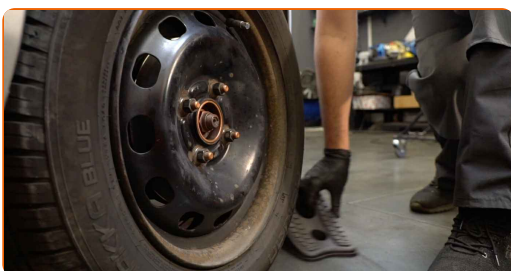
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #19. Use a torque wrench. Tighten it to 110 nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

VIEW MORE TUTORIALS

AUTODOC – TOP QUALITY AND AFFORDABLE CAR PARTS ONLINE

AUTODOC MOBILE APP: GREAT DEALS AND CONVENIENT SHOPPING



+ AUTODOC

GET IT ON
 **Google Play**

 **Download on the App Store**

Download

A GREAT SELECTION OF SPARE PARTS FOR YOUR CAR

ANTI ROLL BAR LINKS: A WIDE SELECTION

DISCLAIMER:

The document contains only general recommendations that may be useful for you when you perform repair or replacement work. AUTODOC shall not be liable for any loss, injury, damage of property occurring in the repair or replacement process due to incorrect use or misinterpretation of the provided information.

AUTODOC shall not be liable for any possible mistakes and uncertainties in this guide. The information provided is for information purposes only and cannot replace advice from specialists.

AUTODOC shall not be liable for incorrect or hazardous usage of equipment, tools and car parts. AUTODOC strongly recommends to be careful and observe the safety rules when performing repair or replacement works. Remember: usage of low quality auto parts does not guarantee you the appropriate level of road safety.

© Copyright 2023 – All the contents of this website, in particular texts, photographs and graphics, are protected by copyright. All rights, including reproduction, publication, editing and translation rights, are reserved by AUTODOC SE.