



How to change front anti  
roll bar links on **FORD**  
**Escort '91 Express (AVF)**  
– replacement guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

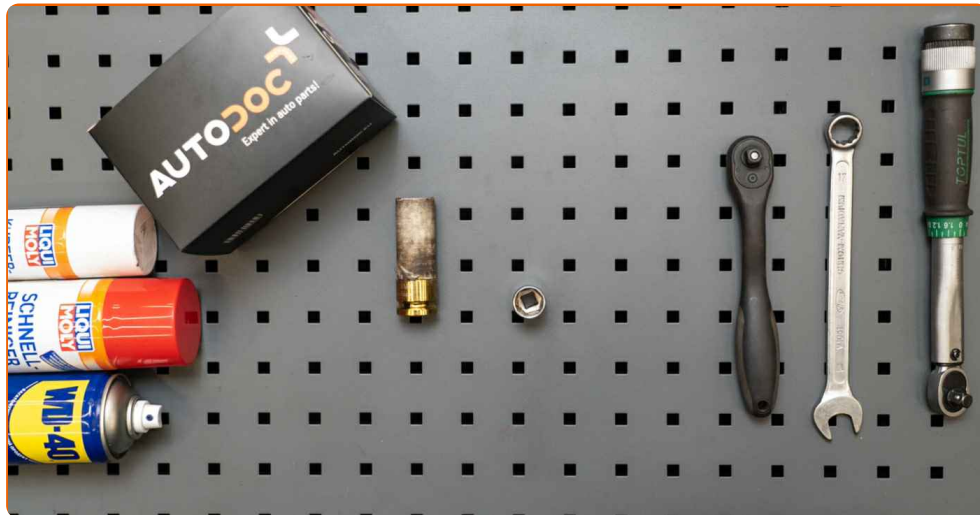
This replacement procedure can be used for:

FORD Escort '91 Express (AVF) 1.3, FORD Escort '91 Express (AVF) 1.4, FORD Escort '91 Express (AVF) 1.8 D

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FORD FOCUS (DAW, DBW) 1.8 TDCi

REPLACEMENT: ANTI ROLL BAR LINKS – FORD ESCORT '91 EXPRESS (AVF). TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #15
- Combination spanner #17
- Drive socket # 15
- Drive socket # 17
- Wheel impact socket #19
- Ratchet wrench
- Wheel chock

**Buy tools**

Replacement: anti roll bar links – FORD Escort '91 Express (AVF). AUTODOC recommends:

- Replace the stabiliser links on FORD Escort '91 Express (AVF) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – FORD Escort '91 Express (AVF) – should be done with the engine switched off.

## CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

**1** Secure the wheels with chocks.

**2** Loosen the wheel mounting bolts. Use wheel impact socket #19.



**3** Raise the front of the car and secure on supports.

**4** Unscrew the wheel bolts.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.  
FORD Escort '91 Express (AVF)

**5**

Remove the wheel.



**6**

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



**7**

Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



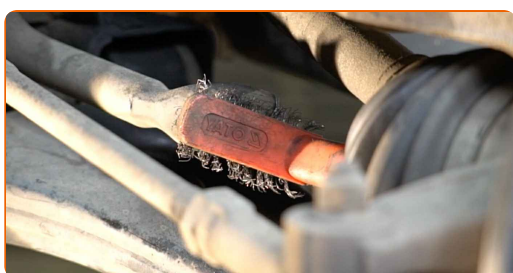
- 8 Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



- 9 Remove the stabilizer rod.



- 10 Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



- 11 Install a new rod, tighten the fasteners. Use a combination spanner #15. Use a drive socket #15. Use a ratchet wrench.



- 12** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #15. Use a torque wrench. Tighten it to 50 Nm torque.



- 13** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #15. Use a torque wrench. Tighten it to 50 Nm torque.



- 14** Treat all joints of the stabiliser link. Use copper grease.



- 15** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**16**

Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – FORD Escort '91 Express (AVF). After applying the spray, wait a few minutes.

**17**

Install the wheel.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. FORD Escort '91 Express (AVF)

**18**

Screw in the wheel bolts. Use wheel impact socket #19.





- 19** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #19. Use a torque wrench. Tighten it to 110 Nm torque.



- 20** Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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