



How to change front  
strut mount on **BMW**  
**E90** – replacement guide

## VIDEO TUTORIAL



### Important!

This replacement procedure can be used for:

BMW 3 Touring (E91) 318d 2.0, BMW 5 Saloon (E39) 520i 2.0, BMW 5 Saloon (E39) 525tds 2.5, BMW 5 Saloon (E39) 523i 2.5, BMW 5 Saloon (E39) 528i 2.8, BMW 3 Saloon (E90) 318d 2.0, BMW 5 Touring (E39) 520i 2.0, BMW 5 Touring (E39) 523i 2.5, BMW 5 Saloon (E39) 525td 2.5, BMW 3 Saloon (E46) 318i 1.9, BMW 3 Saloon (E46) 328i 2.8, BMW 3 Saloon (E46) 320d 2.0, BMW 5 Touring (E39) 528i 2.8, BMW 3 Saloon (E46) 323i 2.5, BMW 3 Saloon (E46) 320i 2.0, (+ 227)

The steps may slightly vary depending on the car design.

REPLACEMENT: STRUT MOUNT – BMW E90. LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #13
- Combination spanner #15
- Combination spanner #18
- Combination spanner #22
- Drive socket # 13
- Drive socket # 17
- Drive socket # 18
- Drive socket # 21
- Torx bit T45
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Flat chisel
- Hammer
- Flat Screwdriver
- Hydraulic strut spring compressor
- Hydraulic transmission jack
- Wheel chock
- Fender cover

**BUY TOOLS**

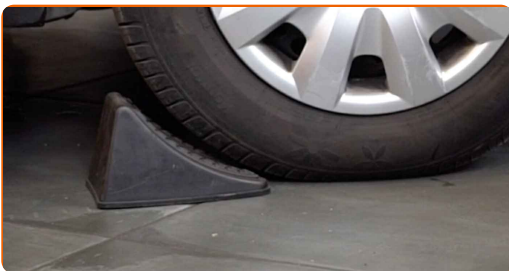
Replacement: strut mount – BMW E90. AUTODOC experts recommend:

- The replacement procedure is identical for the mounts of the left and right shock struts of the front suspension.
- All mounts of the front shock struts should be replaced simultaneously.
- Be sure to replace all self-locking nuts and bolts during installation.
- Please note: all work on the car – BMW E90 – should be done with the engine switched off.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

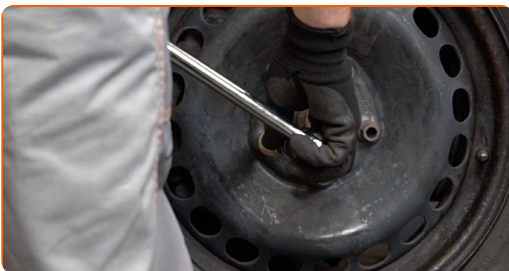
1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

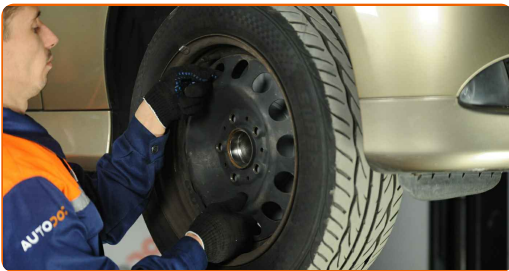
**4** Unscrew the wheel bolts.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.  
BMW E90

**5** Remove the wheel.



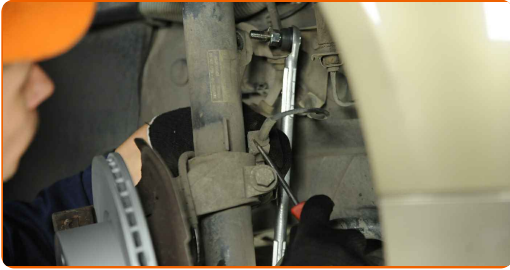
**6** Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

**7** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #15. Use a drive socket #17. Use a ratchet wrench.



**8** Remove the stabilizer rod.

**9** Disconnect the ABS sensor wiring. Use a flat screwdriver.

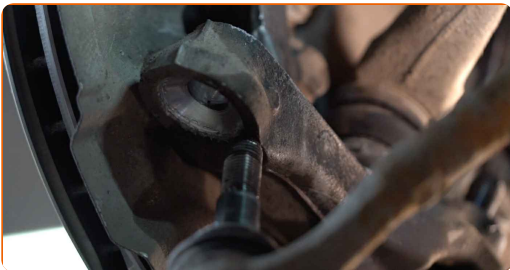


**10** Clean the fastener connecting the tie rod end to the steering knuckle. Use a wire brush. Use WD-40 spray.

**11** Unscrew the end fastening nut to the steering knuckle. Use a combination spanner #22. Use Torx T45. Use a ratchet wrench.



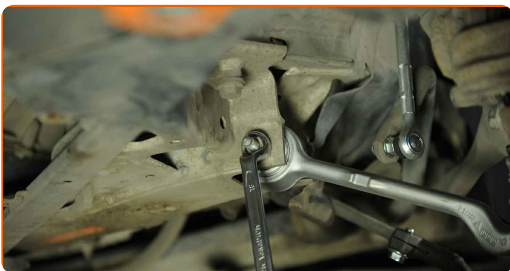
**12** Disconnect the tie rod end from the steering knuckle.



**13** Clean the fasteners connecting the control arm to the subframe. Use a wire brush. Use WD-40 spray.

**14** Loosen the front fastener of the control arm. Use a combination spanner #18.

**15** Unscrew the rear fastener connecting the control arm to the subframe. Use a combination spanner #18 (2 pieces).



**16**

Remove the rear fastener of the control arm.

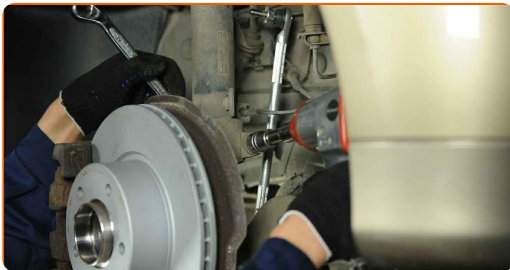


**17**

Clean the fasteners connecting the shock strut to the steering knuckle. Use a wire brush. Use WD-40 spray.

**18**

Unscrew the lower fastener connecting the shock strut to the steering knuckle. Use a combination spanner #18. Use a drive socket #18. Use a ratchet wrench.



**19**

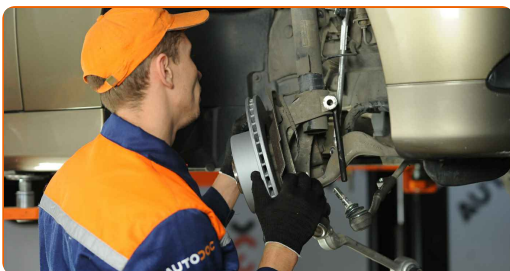
Remove the fastening bolt.

**20**

Release the lower fastener connecting the shock strut to the steering knuckle. Use a flat metal-working chisel. Use a hammer.

**21**

Disconnect the steering knuckle from the shock absorber strut.



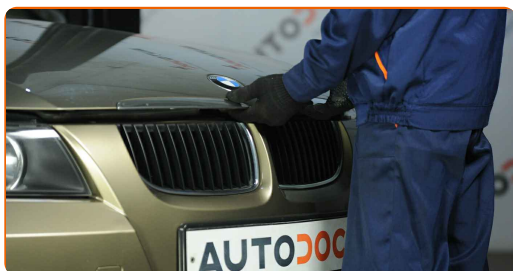
**Replacement: strut mount – BMW E90. AUTODOC recommends:**

- Make sure that the steering knuckle is supported.

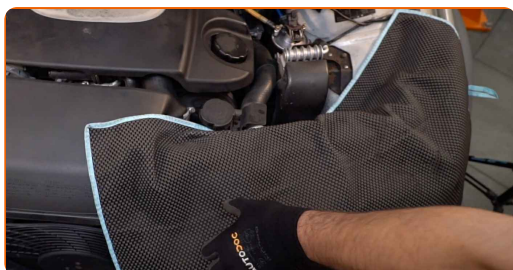
**22** Lower the car.



**23** Open the bonnet.



**24** Use a fender protection cover to prevent damaging paintwork and plastic parts of the car.



**25** Clean the fasteners of the shock strut upper mount. Use a wire brush. Use WD-40 spray.

**26** Unscrew the top fastening of the shock strut mount. Use a combination spanner #13. Use a drive socket #13. Use a ratchet wrench.





**AUTODOC recommends:**

- BMW E90 – To avoid injury, hold the suspension strut while unscrewing the fastening bolts.

**27**

Remove the suspension strut.



**28**

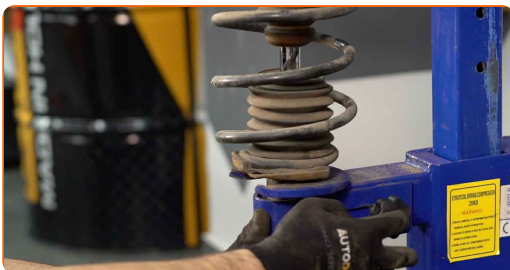
Set the shock absorber strut on the spring compressor tool.

**Replacement: strut mount – BMW E90. Tip from AUTODOC:**

- Note that when using a spring compressor, spring coils need to be securely gripped, compressing the spring on the opposite sides.
- Ensure the correct position of the spring in the retainer.
- Make sure that the spring coils tightly entered the lock handles.

**29**

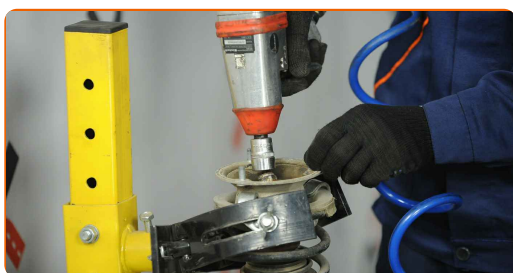
Compress the spring.



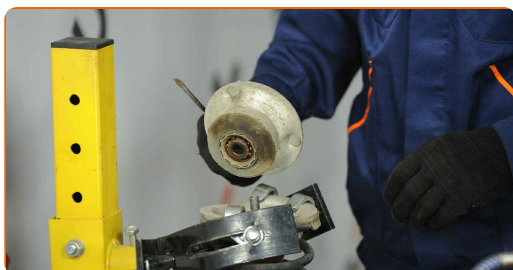
**30** Treat the shock strut rod. Use a wire brush. Use WD-40 spray.



**31** Remove the strut piston rod nut. Use a drive socket #21. Use a ratchet wrench.



**32** Remove the top strut mount. Use a flat screwdriver.



**Replacement: strut mount – BMW E90. Tip from AUTODOC experts:**

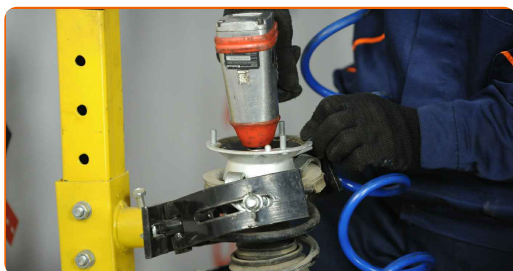
- Examine the shock absorber dust cap and the bump stop. Replace them if necessary.

**33** Clean the mounting seat of the shock strut mount. Use a wire brush. Use WD-40 spray.

**34** Install a new top shock strut mount.



**35** Tighten the shock strut piston rod nut. Use a drive socket #21. Use a torque wrench. Tighten it to 64 Nm torque.



**Replacement: strut mount – BMW E90. Tip:**

- Check to make sure the spring is positioned correctly. Avoid its misalignment.

**36** Decompress the spring.

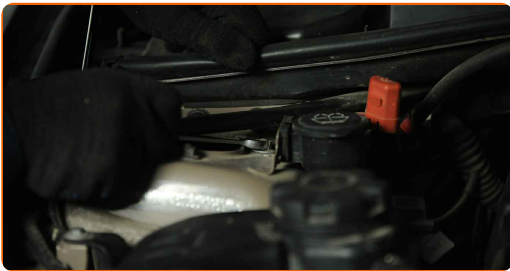


**37** Remove the assembled shock strut.

**38** Install the shock strut into the wheel arch.



**39** Screw the top fastening of the shock strut mount.



**AUTODOC recommends:**

- BMW E90 – To avoid injury, hold the suspension strut while screwing in the fastening bolts.

**40** Tighten the upper fastener of the shock absorber strut mount. Use a combination spanner #13. Use a drive socket #13. Use a torque wrench. Tighten it to 34 Nm torque.

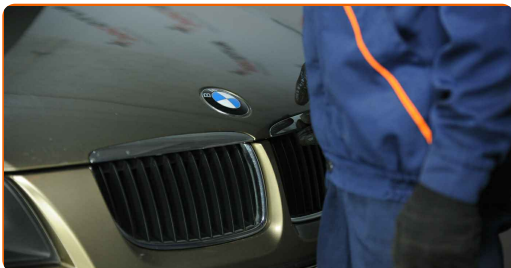


**Replacement: strut mount – BMW E90. Tip from AUTODOC experts:**

- To avoid injuries, hold the shock strut when screwing the fastening bolts in.

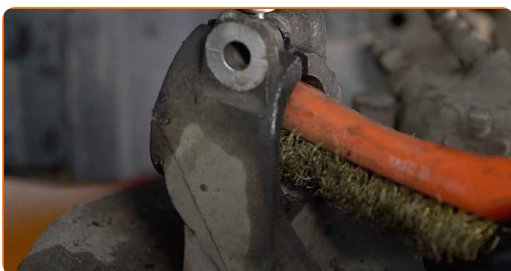
**41** Remove the fender protection cover.

**42** Close the hood.

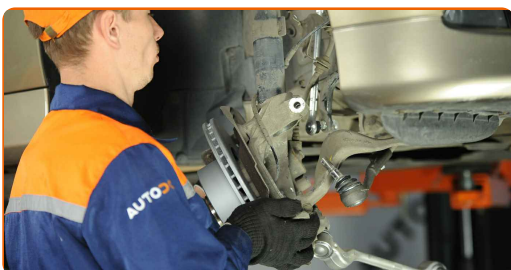


**43** Raise the front of the car and secure on supports.

**44** Treat the shock strut mounting seat on the steering knuckle. Use a wire brush. Use WD-40 spray.

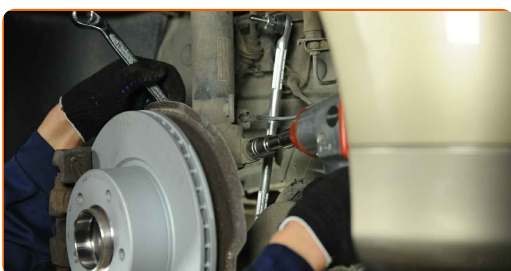


**45** Fix the shock absorber strut on the steering knuckle. Use a flat metal-working chisel. Use a hammer.



**46** Install the fastening bolt.

**47** Tighten the lower fasteners connecting the shock strut to the steering knuckle. Use a combination spanner #18. Use a drive socket #18. Use a torque wrench. Tighten it to 81 Nm torque.

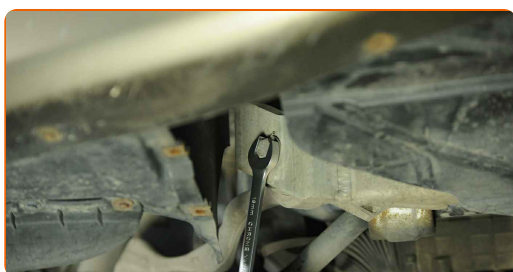


**48** Connect the ABS sensor wiring.



**49** Install the rear fastener of the control arm.

**50** Screw the rear fastener connecting the control arm to the subframe. Use a combination spanner #18 (2 pieces).

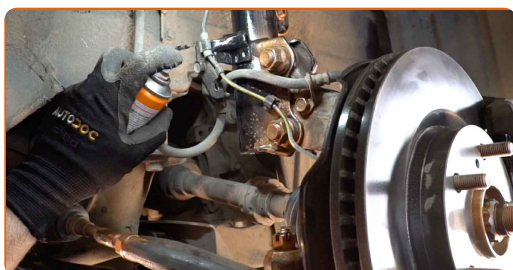


**51** Install the transverse stabilizer link.

**52** Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #15. Use a drive socket #17. Use a torque wrench. Tighten it to 58 Nm torque.

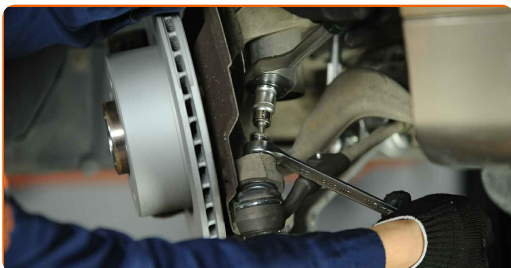


**53** Treat the shock strut fasteners. Use copper grease.



**54** Connect the tie rod end to the steering knuckle.

**55** Tighten the fastening nut connecting the tie rod end to the steering knuckle. Use a combination spanner #22. Use Torx T45. Use a torque wrench. Tighten it to 165 Nm torque.



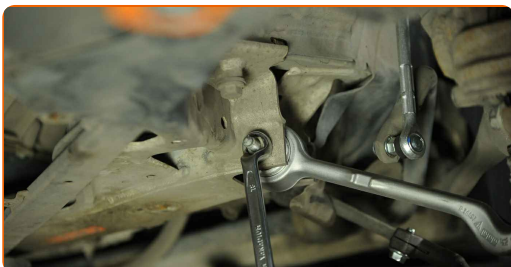
**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

**56** Prop up the steering knuckle. Use a hydraulic transmission jack.



**57** Tighten the front fastener connecting the control arm to the subframe. Use a combination spanner #18. Use a torque wrench. Tighten it to 68 Nm torque.+90°



**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

**58** Tighten the rear fastener of the control arm. Use a combination spanner #18 (2 pieces). Use a torque wrench. Tighten it to 68 Nm torque.+90°

**AUTODOC recommends:**

- Important! Be sure to use new fasteners.

**59** Treat all joints of the arm. Use copper grease.

**60** Remove the support from under the steering knuckle.



**AUTODOC recommends:**

- Replacement: strut mount – BMW E90. Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.



**61** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



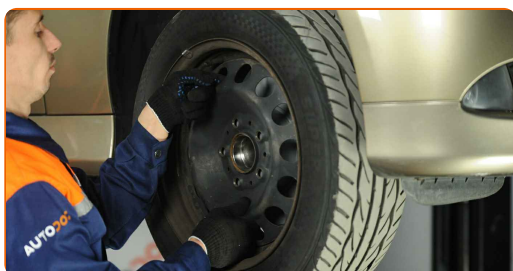
**62** Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: strut mount – BMW E90. After applying the spray, wait a few minutes.

**63** Install the wheel.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. BMW E90

**64** Screw in the wheel bolts. Use wheel impact socket #17.



**65** Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



**66** Remove the jacks and chocks.

**WELL DONE!** 

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