



How to change front anti
roll bar links on **CITROËN**
Berlingo / Berlingo First
I (MF, GJK, GFK) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

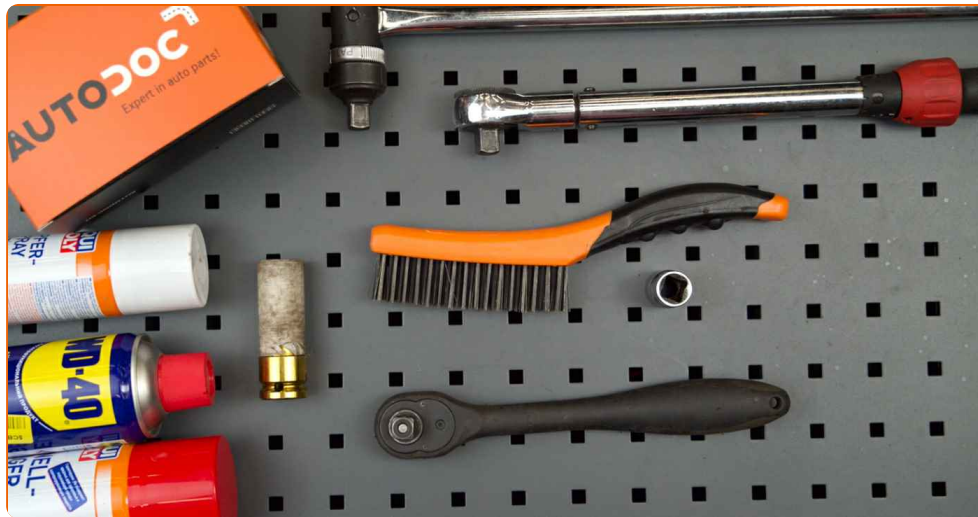
CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.4 i, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.9 D, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.1 i, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.8 i, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 2.0 HDI 90, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.8 D, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.8 i 4WD, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.9 D 4WD, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) électrique, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.6 16V, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.4 i bivalent, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.4 bivalent, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 1.6 HDI 75, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) 2.0 HDi 4x4, CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) Electric

The steps may slightly vary depending on the car design.

Please note that this tutorial was created based on the replacement procedure for this car part on a car with a similar design.

This tutorial was created based on the replacement procedure for a similar car part on: CITROËN Xsara Picasso (N68) 2.0 HDi

REPLACEMENT: ANTI ROLL BAR LINKS – CITROËN BERLINGO / BERLINGO FIRST I (MF, GJK, GFK). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Drive socket # 17
- Wheel impact socket #19
- Torque wrench
- Wheel chock

[Buy tools](#)

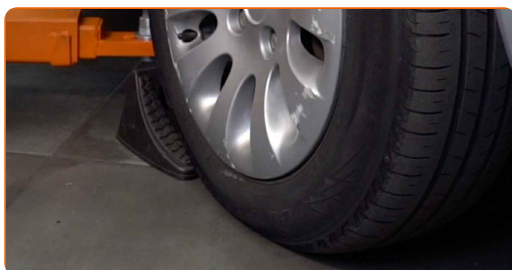
AUTODOC recommends:

- Replace the stabiliser links on CITROËN Berlingo / Berlingo First I (MF, GJK, GFK) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – CITROËN BERLINGO / BERLINGO FIRST I (MF, GJK, GFK). TAKE THE FOLLOWING STEPS:

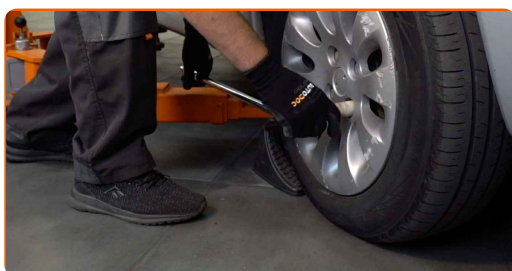
1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #19.



3

Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.

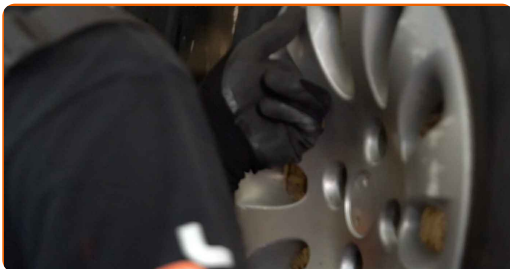


AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
CITROËN Berlingo / Berlingo First I (MF, GJK, GFK)

5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



7

Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17.



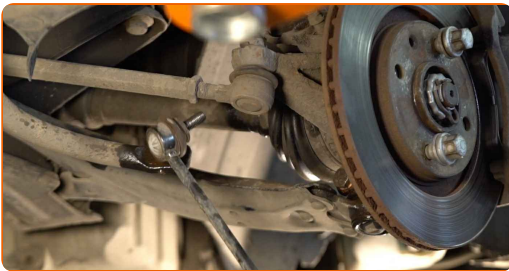
8

Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17.



9

Remove the stabilizer rod.

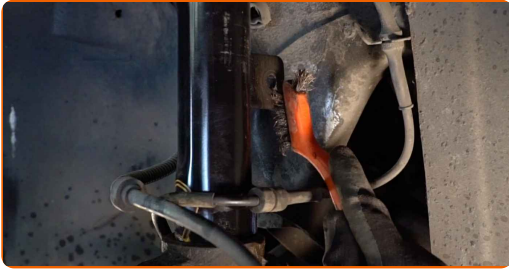


Replacement: anti roll bar links – CITROËN Berlingo / Berlingo First I (MF, GJK, GFK). Tip from AUTODOC:

- Examine stabiliser bushes. Replace them if needed.

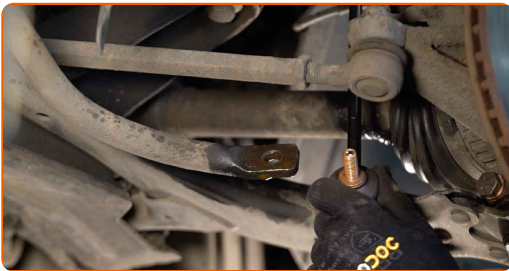
10

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



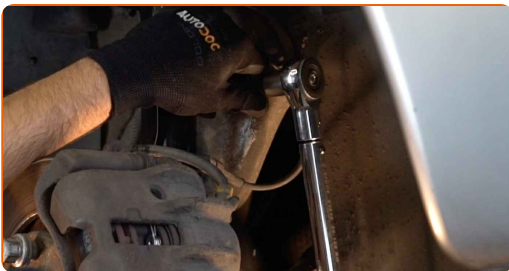
11

Install a new rod, tighten the fasteners.



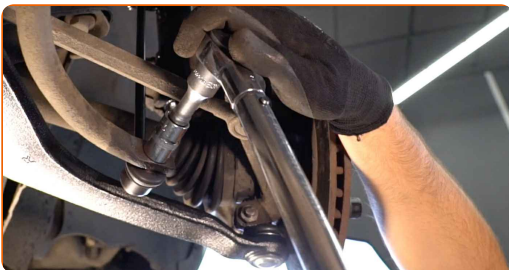
12

Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.

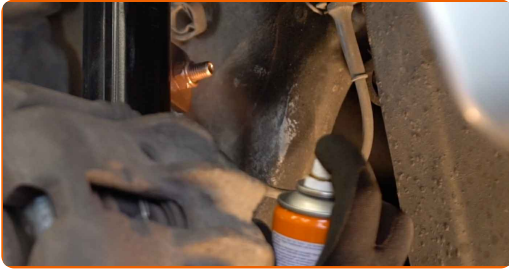


13

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 40 Nm torque.



14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



16 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – CITROËN Berlingo / Berlingo First I (MF, GJK, GFK). After applying the spray, wait a few minutes.

17 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. CITROËN Berlingo / Berlingo First I (MF, GJK, GFK)

18

Screw in the wheel bolts. Use wheel impact socket #17.



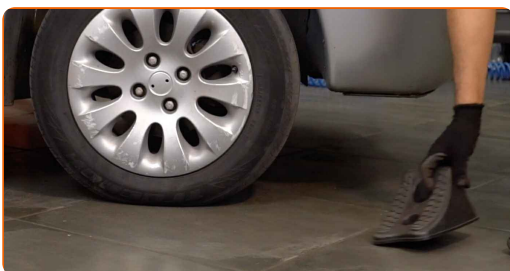
19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 100 nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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