



How to change rear  
suspension lower control  
arm on **BMW Z4 Coupe**  
**(E86)** – replacement  
guide

## SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### **Important!**

This replacement procedure can be used for:

BMW Z4 Coupe (E86) 3.0 si, BMW Z4 Coupe (E86) M

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: BMW X3 (E83) 2.5 i

**REPLACEMENT: REAR SUSPENSION LOWER CONTROL ARM – BMW Z4 COUPE (E86). TOOLS YOU NEED:**



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #18
- Drive socket # 18
- Wheel impact socket #17
- Ratchet wrench
- Pin punch
- Hammer
- Crow bar
- Hydraulic transmission jack
- Wheel chock

**Buy tools**

Replacement: rear suspension lower control arm – BMW Z4 Coupe (E86).  
AUTODOC experts recommend:

- The replacement procedure is identical for the left and right lower control arms.
- All work should be done with the engine stopped.

## REPLACEMENT: REAR SUSPENSION LOWER CONTROL ARM – BMW Z4 COUPE (E86). USE THE FOLLOWING PROCEDURE:

**1** Secure the wheels with chocks.

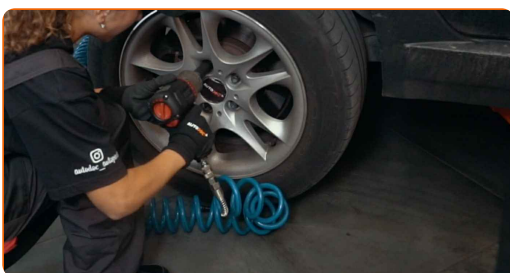
**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the rear of the car and secure on supports.



**4** Unscrew the wheel bolts.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.  
BMW Z4 Coupe (E86)

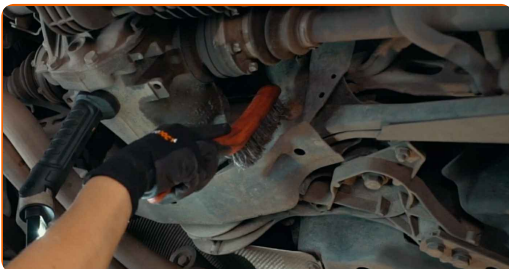
5

Remove the wheel.



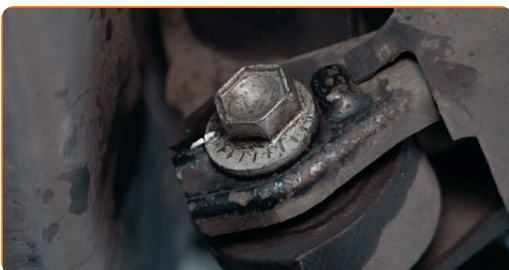
6

Clean all joints of the arm. Use a wire brush. Use WD-40 spray.



7

Make a mark on the camber adjustment bolt.



8

Unscrew the fastener connecting the control arm to the rear knuckle. Use a combination spanner #18. Use a drive socket #18. Use a ratchet wrench.



**9** Clean all joints of the arm. Use a wire brush.



**10** Remove the fastening bolt. Use a drive socket #18. Use a crowbar.



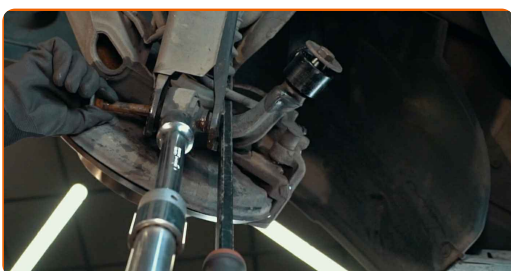
**11** Unscrew the fastener connecting the control arm to the subframe. Use a drive socket #18. Use a crowbar.



**12** Support the rear knuckle. Use a hydraulic transmission jack.



**13** Remove the fastening bolts. Use a pin punch. Use a hammer. Use a crowbar. Use a combination spanner #18.



**14** Remove the arm.



**15** Clean the mounting seats and the thread of the suspension arm. Use a wire brush. Use WD-40 spray.



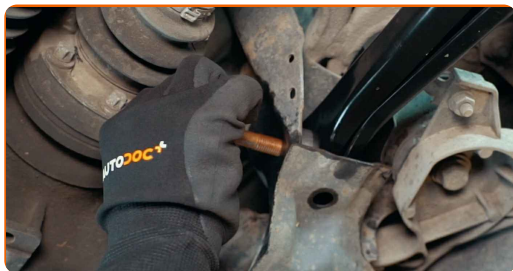
**16** Install a new arm.



**AUTODOC recommends:**

- Replacement: rear suspension lower control arm – BMW Z4 Coupe (E86). Use only new bolts and nuts for installation.
- Do not damage the ball joint cover.

**17** Install the control arm fasteners. Use a combination spanner #18. Use a crowbar.



**18** Adjust the position of the alignment bolt according to the mark.



**19** Screw in the fasteners connecting the control arm to the rear knuckle. Use a combination spanner #18. Use a drive socket #18. Use a ratchet wrench.



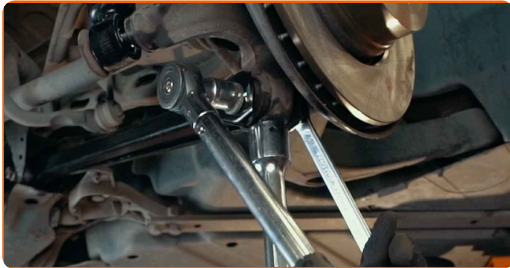
**20** Raise the hydraulic transmission jack by 10-15 cm.





**21**

Tighten the fastener connecting the control arm to the rear knuckle. Use a combination spanner #18. Use a drive socket #18. Use a torque wrench. Tighten it to 100 Nm torque.



**22**

Tighten the fastener connecting the control arm to the subframe. Use a drive socket #18. Use a torque wrench. Tighten it to 77 Nm torque.



**23**

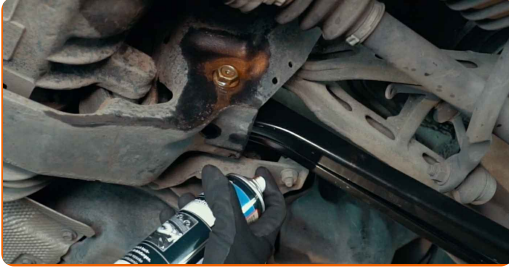
Remove the support from under the rear knuckle.



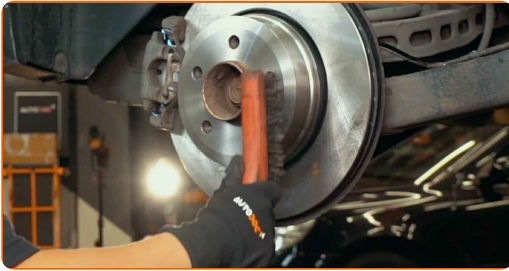
**AUTODOC recommends:**

- Replacement: rear suspension lower control arm – BMW Z4 Coupe (E86). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

**24** Treat all joints of the arm. Use copper grease.



**25** Clean the wheel rim mounting seat. Use a wire brush.



**26** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**27** Clean the brake disk surface. Use a brake cleaner.

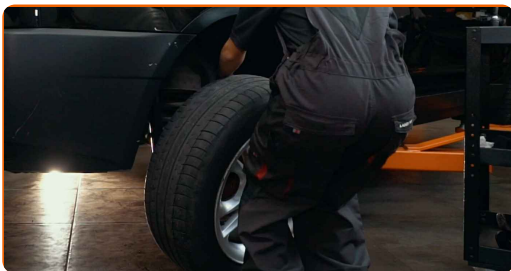


**AUTODOC recommends:**

- Replacement: rear suspension lower control arm – BMW Z4 Coupe (E86). After applying the spray, wait a few minutes.

28

Install the wheel.



**AUTODOC recommends:**

- Important! Hold the wheel while screwing in the fastening bolts. BMW Z4 Coupe (E86)

29

Screw in the wheel bolts. Use wheel impact socket #17.



30

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 140 Nm torque.



31

Remove the jacks and chocks.



**WELL DONE!** 

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