



How to change rear
shock absorbers on **BMW**
3 Coupe (E46) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

Important!

This replacement procedure can be used for:

BMW 3 Coupe (E46) 323Ci 2.5, BMW 3 Coupe (E46) 328Ci 2.8, BMW 3 Coupe (E46) 320Ci 2.0, BMW 3 Coupe (E46) 318Ci 1.9, BMW 3 Coupe (E46) 320Ci 2.2, BMW 3 Coupe (E46) 325Ci 2.5, BMW 3 Coupe (E46) 316Ci 1.6, BMW 3 Coupe (E46) 318Ci 2.0, BMW 3 Coupe (E46) 330Cd 3.0, BMW 3 Coupe (E46) 320Cd 2.0, BMW 3 Coupe (E46) 330Ci 3.0

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: BMW 3 Convertible (E46) 318Ci 2.0

REPLACEMENT: SHOCK ABSORBERS – BMW 3 COUPE (E46). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Combination spanner #17
- Drive socket # 13
- Drive socket # 18
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Adjustable wrench
- Tap wrench
- Crow bar
- Vice
- Hydraulic transmission jack
- Wheel chock

Buy tools

Replacement: shock absorbers – BMW 3 Coupe (E46). AUTODOC recommends:

- Both shock absorbers of the rear suspension should be replaced simultaneously.
- The replacement procedure is identical for the left and right shock absorbers of the rear suspension.
- Please note: all work on the car – BMW 3 Coupe (E46) – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Press and hold the folding roof control switch. Hold the button pressed until you get access to the upper fasteners of the shock absorber.

2 Remove the shock strut mount caps. Use a crowbar.



3 Clean the fasteners of the shock absorber upper mount. Use WD-40 spray.



4

Loosen the upper fastener of the shock absorber. Use a drive socket #13. Use a ratchet wrench.



5

Secure the wheels with chocks.



6

Loosen the wheel mounting bolts. Use wheel impact socket #17.

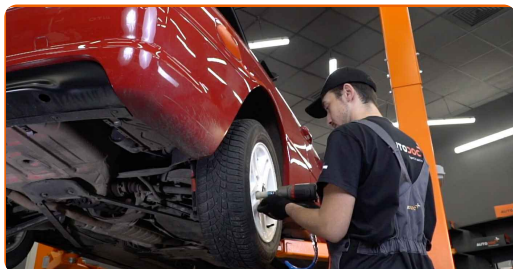


7

Raise the rear of the car and secure on supports.

8

Unscrew the wheel bolts.



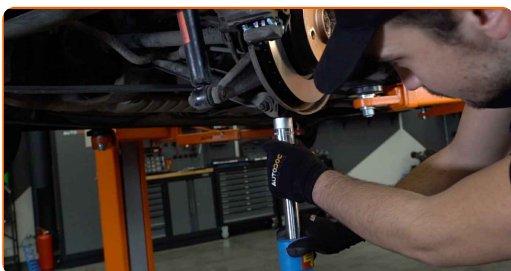
Replacement: shock absorbers – BMW 3 Coupe (E46). Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

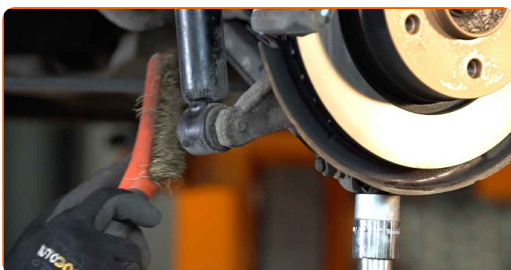
9 Remove the wheel.



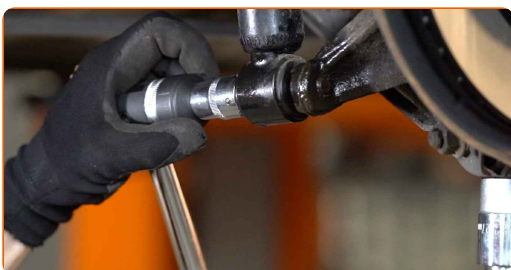
10 Support the arm. Use a hydraulic transmission jack.



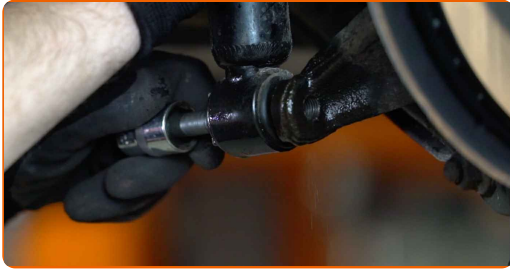
11 Clean the shock absorber fasteners. Use a wire brush. Use WD-40 spray.



12 Unscrew the lower fastener of the shock absorber. Use a drive socket #18. Use a tap wrench.



13 Remove the fastening bolt.



14 Unscrew the upper fastener of the shock absorber. Use a drive socket #13. Use a ratchet wrench.



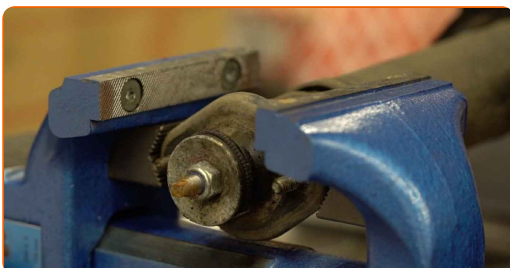
AUTODOC recommends:

- Important! Hold the shock absorber while unscrewing the fastening bolts. BMW 3 Coupe (E46)

15 Remove the shock absorber.



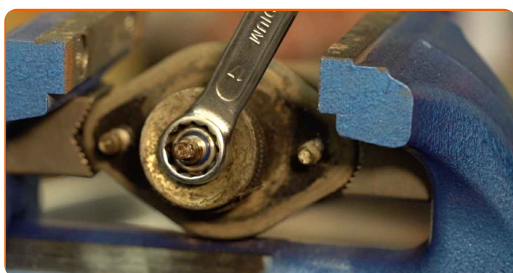
16 Grip the shock absorber in a vice.



17 Clean the shock absorber rod fastener. Use a wire brush.



18 Remove the shock absorber piston rod fastening. Use a combination spanner #17.



19 Release the vice and take out the shock absorber.



20 Remove the shock absorber mount, boot and bump stop.



Replacement: shock absorbers – BMW 3 Coupe (E46). AUTODOC recommends:

- Thoroughly examine the shock absorber mount, dust boot, bump stop. Replace them if necessary.
- Before installing a new shock absorber you should pump it manually 3-5 times.

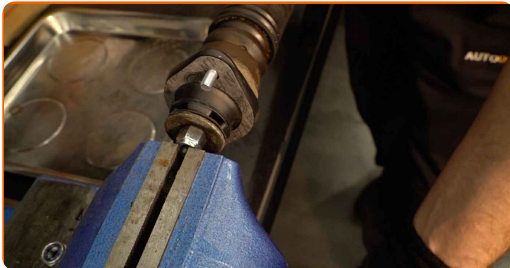
21

Install the mount, boot and bump stop onto a new shock absorber.



22

Grip the shock absorber in a vice.

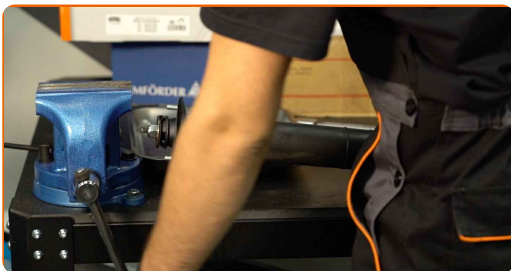


23

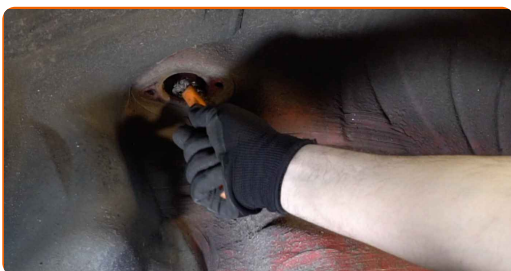
Screw the shock strut piston rod upper fastening. Use a combination spanner #17. Use an adjustable wrench. Use a torque wrench. Tighten it to 20 Nm torque.



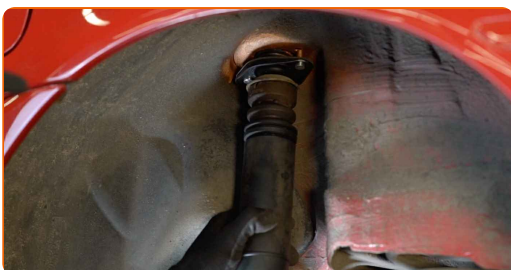
24 Release the vice and take out the shock absorber.



25 Clean the shock absorber mounting seats. Use a wire brush. Use WD-40 spray.



26 Place the shock absorber in the wheel arch and secure it.



Replacement: shock absorbers – BMW 3 Coupe (E46). AUTODOC experts recommend:

- To avoid injury, hold the shock absorber cautiously tight when screwing in the fastening bolts.

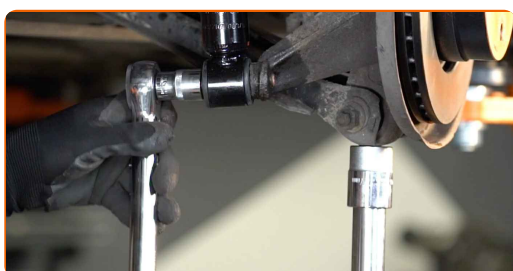
27

Screw the upper fastener of the shock absorber. Use a drive socket #13. Do not tighten it.



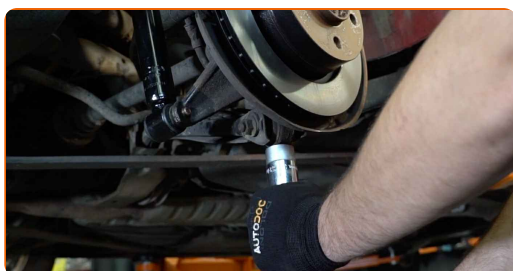
28

Tighten the lower fastener of the shock absorber. Use a drive socket #18. Use a torque wrench. Tighten it to 100 Nm torque.



29

Remove the support from under the arm.

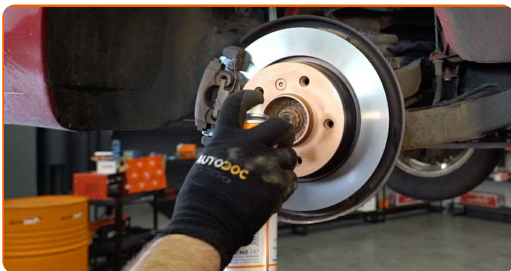


AUTODOC recommends:

- Replacement: shock absorbers – BMW 3 Coupe (E46). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

30

Clean the wheel rim mounting seat. Use a wire brush. Treat the contacting surface. Use copper grease.



31

Install the wheel.

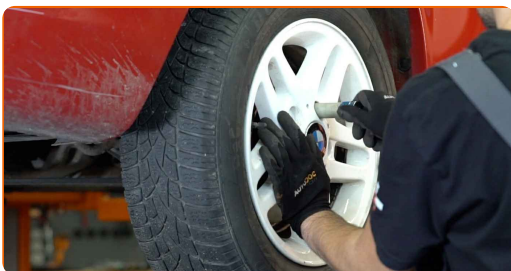


AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. BMW 3 Coupe (E46)

32

Screw in the wheel bolts. Use wheel impact socket #17.



33 Tighten the top shock absorber fastening. Use a drive socket #13. Use a torque wrench. Tighten it to 28 Nm torque.



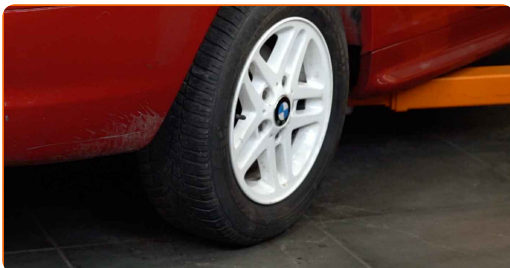
34 Install the shock strut mount caps.



35 Lower the car and working in a cross order, tighten the wheel bolts. Use a torque wrench. Tighten it to 120 Nm torque.



36 Remove the jacks and chocks.



WELL DONE! 

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