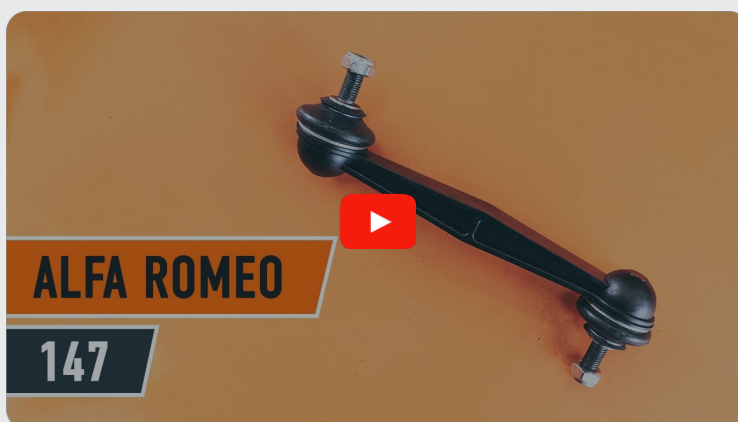




How to change rear anti  
roll bar links on **ALFA**  
**ROMEO 156 Sportwagon**  
**(932)** – replacement  
guide

### SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

### Important!

This replacement procedure can be used for:

ALFA ROMEO 156 Sportwagon (932) 1.6 16V T.SPARK., ALFA ROMEO 156 Sportwagon (932) 1.8 16V T.SPARK, ALFA ROMEO 156 Sportwagon (932) 2.0 16V T.SPARK, ALFA ROMEO 156 Sportwagon (932) 2.5 V6 24V, ALFA ROMEO 156 Sportwagon (932) 1.9 JTD, ALFA ROMEO 156 Sportwagon (932) 2.4 JTD, ALFA ROMEO 156 Sportwagon (932) 3.2 GTA, ALFA ROMEO 156 Sportwagon (932) 2.0 JTS, ALFA ROMEO 156 Sportwagon (932) 1.9 JTD 16V, ALFA ROMEO 156 Sportwagon (932) 1.9 JTD 16V Q4

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: ALFA ROMEO 147 (937) 1.6 16V T.SPARK

REPLACEMENT: ANTI ROLL BAR LINKS – ALFA ROMEO 156 SPORTWAGON (932). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #17
- Drive socket # 17
- HEX bit No.H5
- Wheel impact socket #17
- Ratchet wrench
- Wheel chock

**Buy tools**

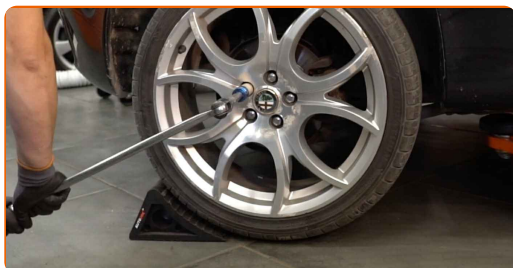
**AUTODOC recommends:**

- Replace the stabiliser links on ALFA ROMEO 156 Sportwagon (932) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – ALFA ROMEO 156 Sportwagon (932) – should be done with the engine switched off.

**CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:**

**1** Secure the wheels with chocks.

**2** Loosen the wheel mounting bolts. Use wheel impact socket #17.



**3** Raise the rear of the car and secure on supports.

**4** Unscrew the wheel bolts.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.  
ALFA ROMEO 156 Sportwagon (932)

**5**

Remove the wheel.



**6**

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



**7**

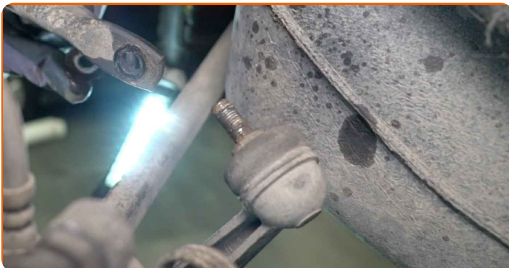
Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use HEX No.H5. Use a ratchet wrench.



- 8** Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17. Use HEX No.H5. Use a ratchet wrench.



- 9** Remove the stabiliser link.



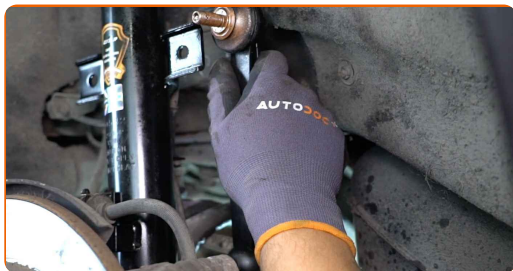
Replacement: anti roll bar links – ALFA ROMEO 156 Sportwagon (932). Tip from AUTODOC:

- Examine stabiliser bushes. Replace them if needed.

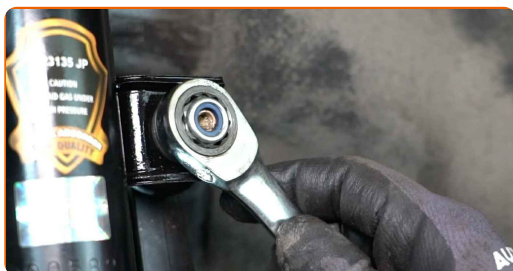
- 10** Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



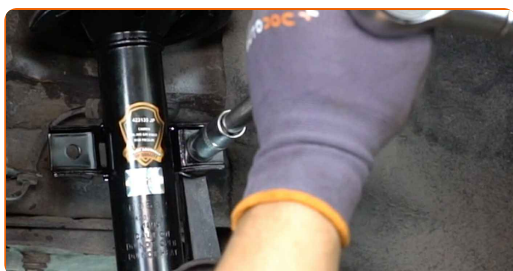
**11** Install the transverse stabilizer link.



**12** Tighten the stabiliser link fastener. Use a combination spanner #17. Use HEX No.H5. Use a ratchet wrench.



**13** Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 55 Nm torque.

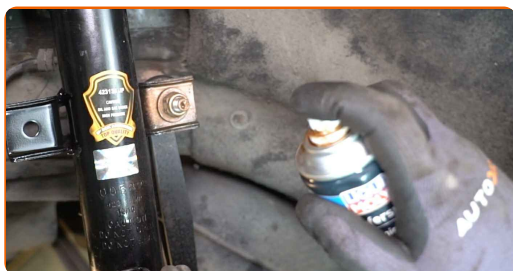


**14** Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 55 Nm torque.





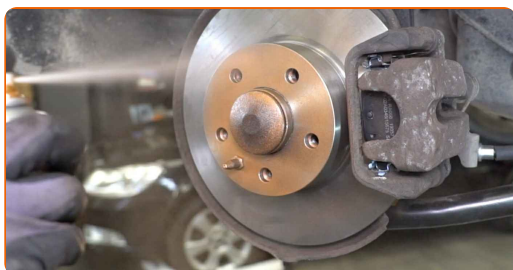
**15** Treat all joints of the stabiliser link. Use copper grease.



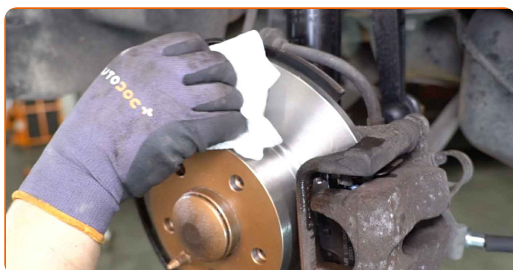
**16** Clean the wheel rim mounting seat. Use a wire brush.



**17** Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



**18** Clean the brake disk surface. Use a brake cleaner.



**AUTODOC recommends:**

- Replacement: anti roll bar links – ALFA ROMEO 156 Sportwagon (932). After applying the spray, wait a few minutes.



19

Install the wheel.



**AUTODOC recommends:**

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. ALFA ROMEO 156 Sportwagon (932)

20

Screw in the wheel bolts. Use wheel impact socket #17.



21

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 108 Nm torque.



22

Remove the jacks and chocks.



**WELL DONE!** 

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**ANTI ROLL BAR LINKS: A WIDE SELECTION**

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