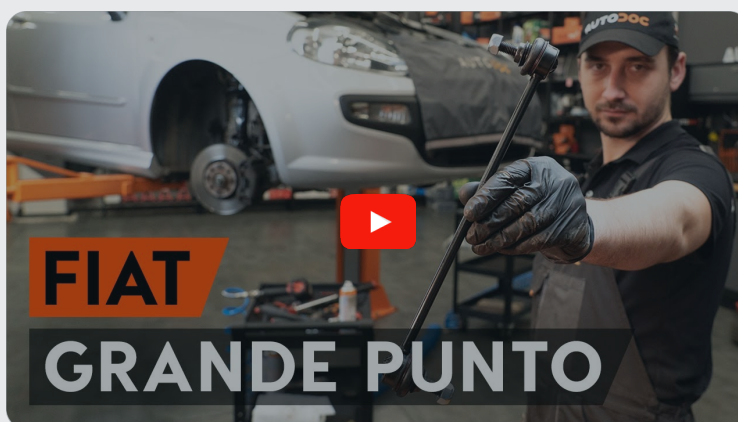




How to change front anti
roll bar links on **ABARTH**
PUNTO (199_) –
replacement guide

SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

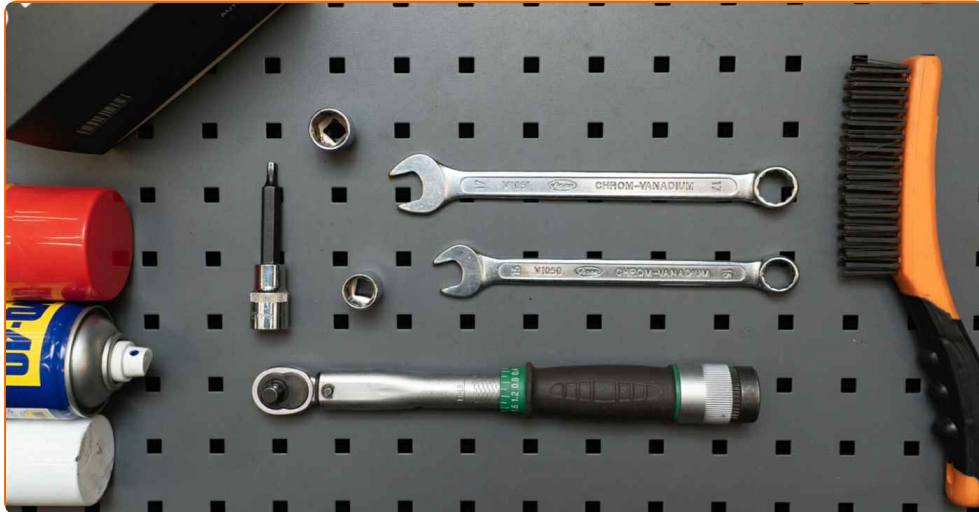
Important!

This replacement procedure can be used for:
 ABARTH PUNTO (199_) 1.4 (199.AXX1B)

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: FIAT GRANDE PUNTO (199) 1.3 D Multijet

REPLACEMENT: ANTI ROLL BAR LINKS – ABARTH PUNTO (199_). TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #15
- Combination spanner #17
- Drive socket # 15
- Drive socket # 17
- HEX bit no.H5.
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

Buy tools

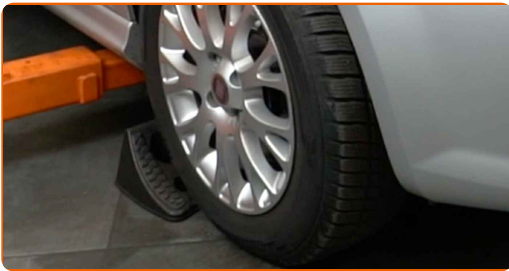
Replacement: anti roll bar links – ABARTH PUNTO (199_). Professionals recommend:

- Replace the stabiliser links on ABARTH PUNTO (199_) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – ABARTH PUNTO (199_). TAKE THE FOLLOWING STEPS:

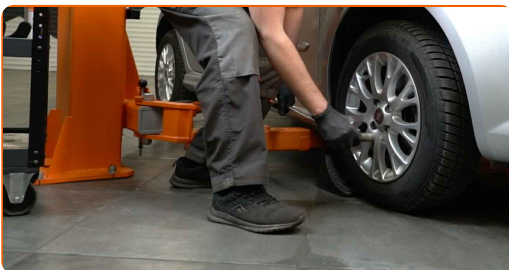
1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

4

Unscrew the wheel bolts.



Replacement: anti roll bar links – ABARTH PUNTO (199_). Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

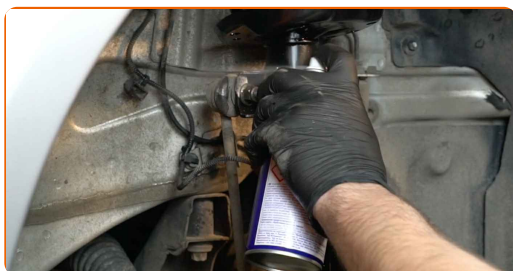
5

Remove the wheel.



6

Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.



- 7** Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #15. Use HEX No.H5. Use a ratchet wrench.



- 8** Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a drive socket #15. Use a ratchet wrench.



- 9** Remove the stabilizer rod.



Replacement: anti roll bar links – ABARTH PUNTO (199_). AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

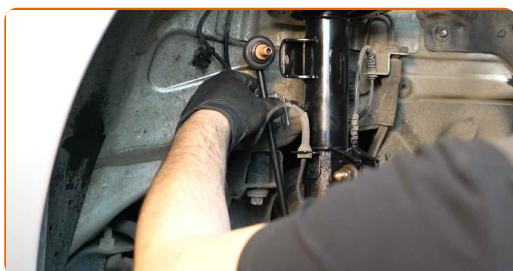
10

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



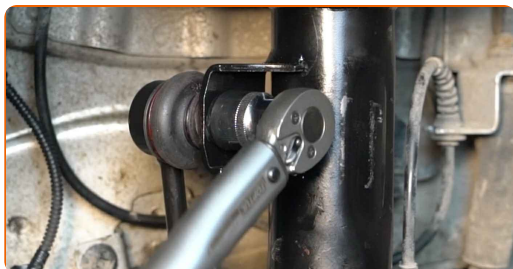
11

Install a new rod, tighten the fasteners. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



12

Tighten the fastener connecting the stabilizer link to the shock strut. Use a drive socket #17. Use a torque wrench. Tighten it to 50 Nm torque.

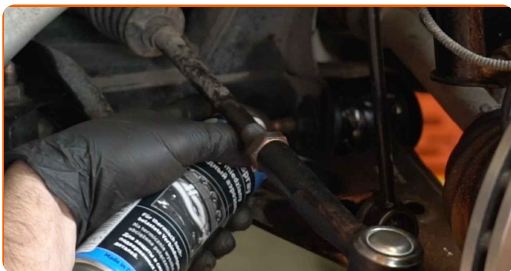


13

Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a drive socket #17. Use a torque wrench. Tighten it to 50 Nm torque.



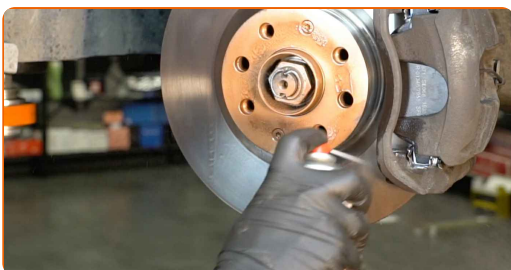
14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



16 Clean the brake disk surface. Use a brake cleaner.



Replacement: anti roll bar links – ABARTH PUNTO (199_). AUTODOC experts recommend:

- After applying the spray, wait a few minutes.

17 Install the wheel.



AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. ABARTH PUNTO (199_)

18

Screw in the wheel bolts. Use wheel impact socket #17.



19

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



20

Remove the jacks and chocks.



WELL DONE! 

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ANTI ROLL BAR LINKS: A WIDE SELECTION

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